

VI Świąteczny Bieg z TERMAMI Mszczonów



Wyniki OPEN Nordic Walking

17.12.2017, Mszczonów

| M-ce | Nr | Imię i nazwisko | Rok ur. | Miasto | Klub | min/km | Lap1 | Lap2 | Wynik | K/M | |
|----------------------------|-----|------------------------|---------|--------|--------------|---------------------|------|-----------|-----------|------------------|-------|
| Nordic Walking 5 km | | | | | | | | | | | |
| 1. | 117 | Radomski Marcin | POL | 1976 | Płock | Biegam w Sfetsze | 6:09 | 0:15:40,6 | 0:15:04,9 | 0:30:45,5 | M 1. |
| 2. | 6 | Baranowski Romuald | POL | 1968 | Płock | Dynamic | 6:23 | 0:15:48,3 | 0:16:07,0 | 0:31:55,3 | M 2. |
| 3. | 13 | Brzezina Józef Maciej | POL | 1959 | Sochaczew | chodzezkijami.pl | 6:37 | 0:16:35,9 | 0:16:30,2 | 0:33:06,1 | M 3. |
| 4. | 160 | Troniarz Stanisław | POL | 1955 | Raszyn | | 6:58 | 0:17:25,6 | 0:17:26,7 | 0:34:52,4 | M 4. |
| 5. | 12 | Brzezina Ewa | POL | 1961 | Sochaczew | chodzezkijami.pl | 7:29 | 0:19:06,1 | 0:18:21,7 | 0:37:27,8 | K 1. |
| 6. | 139 | Stanecki Marcin | POL | 1976 | Skierniewice | parkrunskierniewice | 7:41 | 0:19:29,0 | 0:18:56,4 | 0:38:25,5 | M 5. |
| 7. | 28 | Dziakiewicz Iwona | POL | 1966 | Żyrardów | | 7:50 | 0:19:53,1 | 0:19:20,7 | 0:39:13,8 | K 2. |
| 8. | 63 | Kornicki Robert | POL | 1970 | Pruszków | | 7:52 | 0:20:01,2 | 0:19:18,8 | 0:39:20,1 | M 6. |
| 9. | 79 | Lipiec Dariusz | POL | 1940 | Warszawa | Byledobiec Anin | 7:57 | 0:20:07,3 | 0:19:38,9 | 0:39:46,2 | M 7. |
| 10. | 106 | Piguła Krzysztof | POL | 1962 | Łódź | | 8:17 | 0:21:17,9 | 0:20:07,4 | 0:41:25,3 | M 8. |
| 11. | 62 | Kornicka Aneta | POL | 1974 | Pruszków | | 8:36 | 0:21:36,7 | 0:21:23,9 | 0:43:00,6 | K 3. |
| 12. | 129 | Rybka Paweł | POL | 1970 | Kampinos | | 9:07 | 0:23:28,2 | 0:22:07,0 | 0:45:35,3 | M 9. |
| 13. | 128 | Rybka Mariola | POL | 1972 | Kampinos | | 9:07 | 0:23:28,4 | 0:22:07,2 | 0:45:35,6 | K 4. |
| 14. | 33 | Gałązka-Ignaczuk Aneta | POL | 1973 | Sochaczew | | 9:47 | 0:25:17,6 | 0:23:40,1 | 0:48:57,7 | K 5. |
| 15. | 125 | Rybarczyk Małgorzata | POL | 1976 | Leszno | | 9:47 | 0:25:18,1 | 0:23:39,8 | 0:48:58,0 | K 6. |
| 16. | 124 | Rybarczyk Arkadiusz | POL | 1973 | Leszno | | 9:47 | 0:25:18,3 | 0:23:39,9 | 0:48:58,3 | M 10. |
| 17. | 217 | Vysochanska Vlasta | POL | 2007 | Czarny Las | Vysochanski | 4:27 | 0:22:17,3 | | 0:22:17,3 | K 7. |
| 18. | 216 | Vysochanska Tetyana | POL | 1981 | Czarny Las | Vysochanski | 4:59 | 0:24:57,4 | | 0:24:57,4 | K 8. |
| 19. | 78 | Lichucka Katarzyna | POL | 1982 | Pruszków | | 5:24 | 0:27:02,6 | | 0:27:02,6 | K 9. |
| 20. | 10 | Boniecki Jacek | POL | 1966 | Pruszków | | 5:24 | 0:27:02,6 | | 0:27:02,6 | M 11. |

Liczba uczestników: 20

