

**IX KOSZALIŃSKI BIEG SYLWESTROWY - 5 KM**

Organizator: Koszalińskie Towarzystwo Krzewienia Kultury Fizycznej  
 Data: 2017-12-30  
 Miejsce: Koszalin  
 Dystans: 5 km


**IX KOSZALIŃSKI BIEG SYLWESTROWY - 5 KM, OPEN**

| M-ce | Nazwisko i imię        | Nr  | Klub                                        | M-scowość         | Kraj   | Kat.   | M. kat | K/M  | 1.71km   | 3.42km   | Netto       | min/km | km/h |
|------|------------------------|-----|---------------------------------------------|-------------------|--------|--------|--------|------|----------|----------|-------------|--------|------|
| 1    | SIÓDZIAK IGOR          | 209 | MKP SZCZECINEK / TRIATHLON                  | SZCZECINEK        | POLSKA | M18-29 | 1      | M 1  | 00:05:53 | 00:11:42 | 00:17:13.85 | 3:26   | 17.4 |
| 2    | WENT JAKUB             | 246 |                                             | ŁĘBA              | POLSKA | M30-39 | 1      | M 2  | 00:06:05 | 00:12:04 | 00:17:16.55 | 3:27   | 17.4 |
| 3    | BORYCHOWSKI MARIUSZ    | 285 |                                             | KOBYLNICA         |        | M40-49 | 1      | M 3  | 00:05:53 | 00:11:45 | 00:17:21.50 | 3:28   | 17.3 |
| 4    | KĘPKA ADRIAN           | 95  |                                             | DARŁOWO / WIEKOWO | POLSKA | M18-29 | 2      | M 4  | 00:06:01 | 00:11:57 | 00:17:25.65 | 3:29   | 17.2 |
| 5    | ORZECHOWSKI KAMIL      | 173 | TKKF KOSZALIN                               | KOSZALIN          | POLSKA | M18-29 | 3      | M 5  | 00:06:01 | 00:12:04 | 00:17:54.45 | 3:34   | 16.8 |
| 6    | ZABORSKI RYSZARD       | 258 | TKKF KOSZALIN - ORKIESTRA WOJSKOWA          | KOSZALIN          | POLSKA | M40-49 | 2      | M 6  | 00:06:05 | 00:12:16 | 00:18:13.55 | 3:38   | 16.5 |
| 7    | RUDNIKOWSKI MACIEJ     | 202 | BIEGUZDROWISKOWY.PL                         | DARŁOWO           | POLSKA | M40-49 | 3      | M 7  | 00:06:11 | 00:12:38 | 00:18:39.05 | 3:43   | 16.1 |
| 8    | WOJTALIK ŁUKASZ        | 254 | POŁCZYN BIEGA                               | POŁCZYN ZDRÓJ     | POLSKA | M30-39 | 2      | M 8  | 00:06:10 | 00:12:38 | 00:18:50.10 | 3:46   | 15.9 |
| 9    | GOSTKOWSKI ŁUKASZ      | 58  | KB GOCH BYTÓW                               | BYTÓW             | POLSKA | M30-39 | 3      | M 9  | 00:06:33 | 00:13:11 | 00:19:10.90 | 3:50   | 15.6 |
| 10   | MUSIAŁ KRZYSZTOF       | 279 | TKK KOSZALIN                                | KOSZALIN          |        | M30-39 | 4      | M 10 | 00:06:35 | 00:13:13 | 00:19:13.30 | 3:50   | 15.6 |
| 11   | CZAPLIŃSKI JACEK       | 28  | TAGER KOSZALIN                              | KOSZALIN          | POLSKA | M30-39 | 5      | M 11 | 00:06:20 | 00:13:02 | 00:19:23.35 | 3:52   | 15.5 |
| 12   | ŻMUDA TOMASZ           | 266 | CW FANZA KOŁOBRZEG                          | SARBIA KOŁOBRZEG  | POLSKA | M40-49 | 4      | M 12 | 00:06:31 | 00:13:12 | 00:19:28.40 | 3:53   | 15.4 |
| 13   | WICHER KRZYSZTOF       | 248 | GABINET REHABILITACJI AKTYWNEJ / ADWOKATURA | KOSZALIN          | POLSKA | M30-39 | 6      | M 13 | 00:06:33 | 00:13:28 | 00:19:47.40 | 3:57   | 15.2 |
| 14   | HRYCYK ANNA            | 274 |                                             | KOŁOBRZEG         | POLSKA | K14-17 | 1      | K 1  | 00:06:33 | 00:13:26 | 00:19:53.70 | 3:58   | 15.1 |
| 15   | WOJCIECHOWICZ JACEK    | 253 | WWW.STUDIOTANCAPASJA.PL                     | KOSZALIN          | POLSKA | M30-39 | 7      | M 14 | 00:06:33 | 00:13:26 | 00:20:01.50 | 4:00   | 15   |
| 16   | STEBELSKI JASIEK       | 217 |                                             | KOSZALIN          | POLSKA | M18-29 | 4      | M 15 | 00:06:55 | 00:13:50 | 00:20:10.20 | 4:02   | 14.9 |
| 17   | SZYMAŃSKI PAWEŁ        | 228 |                                             | SZCZECIN          | POLSKA | M30-39 | 8      | M 16 | 00:06:05 | 00:13:19 | 00:20:13.05 | 4:02   | 14.8 |
| 18   | SEKRECKI MICHAŁ        | 208 | UAM TRIATHLON POZNAŃ                        | POZNAŃ            | POLSKA | M18-29 | 5      | M 17 | 00:06:50 | 00:13:57 | 00:20:25.60 | 4:05   | 14.7 |
| 19   | SABISZ KRZYSZTOF       | 272 |                                             | BYTÓW             |        | M30-39 | 9      | M 18 | 00:07:11 | 00:14:11 | 00:20:26.35 | 4:05   | 14.7 |
| 20   | ZWOLIŃSKI JAN          | 265 | TKKF KOSZALIN                               | WIERCISZEWO       | POLSKA | M40-49 | 5      | M 19 | 00:06:57 | 00:14:02 | 00:20:28.10 | 4:05   | 14.7 |
| 21   | JANKOWSKI GRZEGORZ     | 73  | ŚWIAT PŁYTEK U KRYPINA                      | BYTÓW             | POLSKA | M40-49 | 6      | M 20 | 00:06:31 | 00:13:49 | 00:20:35.20 | 4:07   | 14.6 |
| 22   | KOSIŃSKI MATEUSZ       | 114 | DRUŻYNA SZPIKU                              | SZCZECIN          | POLSKA | M18-29 | 6      | M 21 | 00:06:57 | 00:14:06 | 00:20:49.00 | 4:09   | 14.4 |
| 23   | BORYCHOWSKA MARLENA    | 284 |                                             | KOBYLNICA         |        | K18-29 | 1      | K 2  | 00:06:58 | 00:14:07 | 00:20:54.70 | 4:11   | 14.3 |
| 24   | ŁUKAWSKI MARIUSZ       | 143 | JW 1223                                     | CHAŁUPY           | POLSKA | M18-29 | 7      | M 22 | 00:06:57 | 00:14:18 | 00:21:04.30 | 4:13   | 14.2 |
| 25   | KROCZYŃSKI SŁAWOMIR    | 125 | KB WYGAN                                    | KOŁOBRZEG         | POLSKA | M50-59 | 1      | M 23 | 00:06:59 | 00:14:20 | 00:21:06.25 | 4:13   | 14.2 |
| 26   | GAWRON PIOTR           | 50  | KB GOCH BYTÓW                               | BYTÓW             | POLSKA | M40-49 | 7      | M 24 | 00:07:18 | 00:14:32 | 00:21:14.30 | 4:14   | 14.1 |
| 27   | DESZCZ TOMASZ          | 70  |                                             | KOSZALIN          | POLSKA | M18-29 | 8      | M 25 | 00:07:08 | 00:14:38 | 00:21:18.05 | 4:15   | 14.1 |
| 28   | KISIELEWICZ KRZYSZTOF  | 99  | KORZYBSKIE REKINY                           | KORZYBIE          | POLSKA | M18-29 | 9      | M 26 | 00:06:57 | 00:14:18 | 00:21:18.65 | 4:15   | 14.1 |
| 29   | KOCZOROWSKI PAWEŁ      | 109 | POLNI WOJOWNICY USTKA                       | USTKA             | POLAND | M40-49 | 8      | M 27 | 00:06:50 | 00:14:16 | 00:21:20.90 | 4:16   | 14.1 |
| 30   | SZULC AREK             | 280 |                                             | KOSZALIN          |        | M40-49 | 9      | M 28 | 00:07:27 | 00:14:41 | 00:21:21.40 | 4:16   | 14   |
| 31   | CHROSTEK ADAM          | 24  |                                             | POZNAŃ            | POLSKA | M40-49 | 10     | M 29 | 00:07:12 | 00:14:35 | 00:21:25.30 | 4:17   | 14   |
| 32   | MUCHA KRZYSZTOF        | 166 |                                             | KOSZALIN          | POLSKA | M30-39 | 10     | M 30 | 00:07:14 | 00:14:46 | 00:21:36.40 | 4:19   | 13.9 |
| 33   | PIĄTKOWSKI GRZEGORZ    | 184 | WICHER RAŚBINO                              | RAŚBINO           | POLSKA | M18-29 | 10     | M 31 | 00:07:11 | 00:14:41 | 00:21:36.70 | 4:19   | 13.9 |
| 34   | WINKEL ŁUKASZ          | 252 |                                             | KOSZALIN          | POLSKA | M40-49 | 11     | M 32 | 00:07:12 | 00:14:32 | 00:21:37.00 | 4:19   | 13.9 |
| 35   | WÓJCIK DAMIAN          | 256 | RUNNERSWALDE DARŁOWO                        | DARŁOWO           | POLSKA | M40-49 | 12     | M 33 | 00:07:18 | 00:14:46 | 00:21:43.10 | 4:20   | 13.8 |
| 36   | PRYGIEL JAROSŁAW       | 190 | 21 BLT ŚWIDWIN                              | ŚWIDWIN           | POLSKA | M40-49 | 13     | M 34 | 00:07:11 | 00:14:41 | 00:21:47.75 | 4:21   | 13.8 |
| 37   | IWANIEC DARIUSZ        | 71  | TKKF KOSZALIN                               | SIERAKOWO         | POLSKA | M40-49 | 14     | M 35 | 00:07:16 | 00:14:50 | 00:21:49.85 | 4:22   | 13.7 |
| 38   | SZYMCZAK MICHAŁ        | 230 |                                             | SZCZECIN          | POLSKA | M30-39 | 11     | M 36 | 00:07:26 | 00:14:58 | 00:21:49.85 | 4:22   | 13.7 |
| 39   | RUSINEK ARTUR          | 204 | GABINET REHABILITACJI AKTYWNEJ              | KOSZALIN          | POLSKA | M30-39 | 12     | M 37 | 00:07:05 | 00:14:42 | 00:21:55.55 | 4:23   | 13.7 |
| 40   | HAMAŁA MARCIN          | 63  | FREE BIRDS                                  | KOSZALIN          | POLSKA | M30-39 | 13     | M 38 | 00:07:04 | 00:14:38 | 00:21:55.80 | 4:23   | 13.7 |
| 41   | KRACZKOWSKI PRZEMYSŁAW | 122 |                                             | KOSZALIN          | POLSKA | M30-39 | 14     | M 39 | 00:07:16 | 00:14:50 | 00:21:58.35 | 4:23   | 13.7 |
| 42   | SULL KACPER            | 218 | NIGHT RUNNERS SŁUPSK                        | WODNICA           | POLSKA | M18-29 | 11     | M 40 | 00:07:07 | 00:14:36 | 00:21:58.60 | 4:23   | 13.7 |
| 43   | SZYMAŃSKI PIOTR        | 227 | NAJLEPSZY                                   | POŁCZYN DRÓJ      | POLSKA | M30-39 | 15     | M 41 | 00:07:20 | 00:14:54 | 00:22:10.95 | 4:26   | 13.5 |
| 44   | ŻMUDA JAROSŁAW         | 268 | CW FANZA KOŁOBRZEG                          | KOŁOBRZEG         | POLSKA | M40-49 | 15     | M 42 | 00:07:16 | 00:15:00 | 00:22:11.15 | 4:26   | 13.5 |
| 45   | KAJKOWSKI RAFAŁ        | 87  | CENTRUM SZKOLENIA SIŁ POWIETRZNYCH KOSZALIN | KOSZALIN          | POLSKA | M40-49 | 16     | M 43 | 00:07:12 | 00:14:46 | 00:22:15.75 | 4:27   | 13.5 |
| 46   | MAJCHER PRZEMEK        | 145 |                                             | TYCHOWO           | POLSKA | M18-29 | 12     | M 44 | 00:07:47 | 00:15:21 | 00:22:16.45 | 4:27   | 13.5 |
| 47   | JĘDRASZCZYK MAREK      | 78  | WŁ SŁUPSK                                   | SŁUPSK            | POLSKA | M40-49 | 17     | M 45 | 00:07:31 | 00:15:13 | 00:22:19.30 | 4:28   | 13.4 |

## IX KOSZALIŃSKI BIEG SYLWESTROWY - 5 KM, OPEN c.d.

| M-ce | Nazwisko i imię             | Nr  | Klub                                                  | M-scowość               | Kraj   | Kat.   | M. kat | K/M  | 1.71km   | 3.42km   | Netto       | min/km | km/h |
|------|-----------------------------|-----|-------------------------------------------------------|-------------------------|--------|--------|--------|------|----------|----------|-------------|--------|------|
| 48   | OSTAFI ROBERT               | 175 | ATF TEAM                                              | REDŁO                   | POLSKA | M30-39 | 16     | M 46 | 00:07:35 | 00:15:16 | 00:22:19.40 | 4:27   | 13.4 |
| 49   | DOMASZK ZBIGNIEW            | 40  | ŚWIAT PLYTEK U KRYSPIŃ                                | BYTÓW                   | POLSKA | M40-49 | 18     | M 47 | 00:07:21 | 00:15:09 | 00:22:22.05 | 4:28   | 13.4 |
| 50   | JĘDRASZKO MAGDA             | 79  | MTS HAMER                                             | MIASTKO                 | POLSKA | K30-39 | 1      | K 3  | 00:07:33 | 00:15:13 | 00:22:22.65 | 4:28   | 13.4 |
| 51   | KULAKOWSKI DAWID            | 129 | TKKF KOSZALIN                                         | KOSZALIN                | POLSKA | M40-49 | 19     | M 48 | 00:07:37 | 00:15:27 | 00:22:23.75 | 4:28   | 13.4 |
| 52   | POMORYŃKO KRZYSZTOF         | 189 |                                                       | KOŁOBRZEG               | POLSKA | M30-39 | 17     | M 49 | 00:07:32 | 00:15:20 | 00:22:24.30 | 4:29   | 13.4 |
| 53   | HOC DARIUSZ                 | 68  |                                                       | KOŁOBRZEG               | POLSKA | M40-49 | 20     | M 50 | 00:07:37 | 00:15:21 | 00:22:27.60 | 4:29   | 13.4 |
| 54   | DROZDOWSKI MARCIN           | 41  | MORPOL                                                | KOSZALIN OSIEDLE ŁABUSZ | POLSKA | M18-29 | 13     | M 51 | 00:07:36 | 00:15:30 | 00:22:36.70 | 4:31   | 13.3 |
| 55   | SZABLA EWELINA              | 220 | TKKF KOSZALIN                                         | KOSZALIN                | POLSKA | K30-39 | 2      | K 4  | 00:07:30 | 00:15:17 | 00:22:38.05 | 4:31   | 13.3 |
| 56   | RYCHŁOWSKI PIOTR            | 206 |                                                       | MIERZYN                 | POLSKA | M30-39 | 18     | M 52 | 00:07:30 | 00:15:23 | 00:22:39.50 | 4:31   | 13.2 |
| 57   | KŁOS TOMASZ                 | 106 |                                                       | KALISZ POMORSKI         | POLSKA | M30-39 | 19     | M 53 | 00:07:33 | 00:15:22 | 00:22:45.80 | 4:33   | 13.2 |
| 58   | DOLNA EWELINA               | 36  | SKS KOŁCZYGLÓWY                                       | KOŁCZYGLÓWY             | POLSKA | K30-39 | 3      | K 5  | 00:07:46 | 00:15:42 | 00:22:51.80 | 4:34   | 13.1 |
| 59   | LICHACY MARCELI             | 138 | DARŁOWO                                               | DARŁOWO                 | POLSKA | M30-39 | 20     | M 54 | 00:07:49 | 00:15:44 | 00:22:54.00 | 4:34   | 13.1 |
| 60   | KOZIEŁ PAWEŁ                | 119 | WICHER RĄBINO                                         | RĄBINO                  | POLSKA | M30-39 | 21     | M 55 | 00:07:30 | 00:15:37 | 00:22:56.25 | 4:35   | 13.1 |
| 61   | SZYMAŃSKI PIOTR             | 229 |                                                       | ROSNOWO                 | POLSKA | M40-49 | 21     | M 56 | 00:07:59 | 00:15:45 | 00:23:00.45 | 4:36   | 13   |
| 62   | POLAŃSKI NORBERT            | 188 | 21BLT                                                 | ŚWIDWIN                 | POLSKA | M40-49 | 22     | M 57 | 00:07:38 | 00:15:37 | 00:23:01.10 | 4:36   | 13   |
| 63   | CHOŁUJ JAROSŁAW             | 22  | ROZBIEGANY KOSZALIN                                   | KOSZALIN                | POLSKA | M40-49 | 23     | M 58 | 00:07:42 | 00:15:35 | 00:23:03.40 | 4:36   | 13   |
| 64   | KĘSIK AGNIESZKA             | 96  | ŚWIAT PLYTEK U KRYSPIŃ                                | SŁUPSK                  | POLSKA | K30-39 | 4      | K 6  | 00:07:24 | 00:15:25 | 00:23:06.10 | 4:37   | 13   |
| 65   | NOWODWORSKA JUSTYNA         | 171 | ŚCIGAŁ TEAM                                           | BYTÓW                   | POLSKA | K30-39 | 5      | K 7  | 00:07:55 | 00:15:56 | 00:23:08.05 | 4:37   | 13   |
| 66   | GAŁECKI JACEK               | 47  | KARLINO BIEGAJ                                        | KARLINO                 | POLAND | M40-49 | 24     | M 59 | 00:07:40 | 00:15:44 | 00:23:11.20 | 4:38   | 12.9 |
| 67   | PĘKAŁA PIOTR                | 182 | ROZBIEGANY/WILKI KOSZALIN                             | KOSZALIN                | POLSKA | M40-49 | 25     | M 60 | 00:08:19 | 00:16:11 | 00:23:12.65 | 4:38   | 12.9 |
| 68   | MAJCHRZAK PAWEŁ             | 146 | KARLINO BIEGAJ                                        | KARLINO                 | POLSKA | M40-49 | 26     | M 61 | 00:07:38 | 00:15:42 | 00:23:13.50 | 4:38   | 12.9 |
| 69   | MIGALSKA STANKIEWICZ LUCYNA | 163 |                                                       | GRYFICE                 | POLSKA | K30-39 | 6      | K 8  | 00:07:34 | 00:15:44 | 00:23:15.55 | 4:39   | 12.9 |
| 70   | LAS MATEUSZ                 | 132 |                                                       | KOSZALIN                | POLSKA | M18-29 | 14     | M 62 | 00:07:43 | 00:15:49 | 00:23:18.10 | 4:39   | 12.9 |
| 71   | MICERSKI TOMASZ             | 159 | TKKF KOSZALIN                                         | KOSZALIN                | POLSKA | M40-49 | 27     | M 63 | 00:07:37 | 00:15:42 | 00:23:18.65 | 4:39   | 12.9 |
| 72   | KWIETNIEWSKI DANIEL         | 131 |                                                       | KOSZALIN                | POLSKA | M30-39 | 22     | M 64 | 00:07:44 | 00:15:49 | 00:23:19.55 | 4:39   | 12.9 |
| 73   | STAŃCZYK SŁAWOMIR           | 215 | STARGARD. JA SIĘ NIE ŚCIGAM                           | STARGARD                | POLSKA | M18-29 | 15     | M 65 | 00:07:51 | 00:16:02 | 00:23:24.60 | 4:41   | 12.8 |
| 74   | WILKOWSKI KRZYSZTOF         | 251 |                                                       | KOSZALIN                | POLSKA | M30-39 | 23     | M 66 | 00:08:19 | 00:16:10 | 00:23:24.90 | 4:40   | 12.8 |
| 75   | KAMYK PIOTR                 | 88  | MH OPROGRAMOWANIE ERP<br>WWW.MH-INFORMATYKA.PL        | KOSZALIN                | POLSKA | M30-39 | 24     | M 67 | 00:07:30 | 00:15:52 | 00:23:27.05 | 4:41   | 12.8 |
| 76   | KRUPIŃSKI KRZYSZTOF         | 126 |                                                       | KOSZALIN                | POLSKA | M50-59 | 2      | M 68 | 00:07:55 | 00:15:59 | 00:23:27.15 | 4:41   | 12.8 |
| 77   | KRZEWIŃSKA MAŁGORZATA       | 127 | TKKF KOSZALIN                                         | KOSZALIN                | POLSKA | K50-59 | 1      | K 9  | 00:07:55 | 00:16:02 | 00:23:29.05 | 4:41   | 12.8 |
| 78   | PICK TOMASZ                 | 185 | MK KOSZALIN                                           | KOSZALIN                | POLSKA | M40-49 | 28     | M 69 | 00:08:07 | 00:16:16 | 00:23:34.15 | 4:42   | 12.7 |
| 79   | SKOWYRSKI JANUSZ            | 212 | TKKF KOSZALIN/ ALUPROFIL                              | BIESIEKIERZ             | POLSKA | M50-59 | 3      | M 70 | 00:07:55 | 00:15:58 | 00:23:34.45 | 4:42   | 12.7 |
| 80   | MARZEC ŁUKASZ               | 154 |                                                       | KOSZALIN                | POLSKA | M30-39 | 25     | M 71 | 00:07:48 | 00:15:49 | 00:23:35.15 | 4:43   | 12.7 |
| 81   | WOŹNIAK MONIKA              | 255 |                                                       | SIEMIANICE              | POLSKA | K30-39 | 7      | K 10 | 00:07:34 | 00:15:51 | 00:23:35.30 | 4:43   | 12.7 |
| 82   | RETERSKI DAMIAN             | 198 |                                                       | KOSZALIN                | POLSKA | M14-17 | 1      | M 72 | 00:07:53 | 00:16:01 | 00:23:36.75 | 4:43   | 12.7 |
| 83   | SZULC SZYMON                | 225 | SZULC RUNNERS TEAM                                    | BIAŁOGARD               | POLSKA | M30-39 | 26     | M 73 | 00:07:44 | 00:16:10 | 00:23:38.85 | 4:43   | 12.7 |
| 84   | MAKOWIECKI MARCIN           | 149 |                                                       | PŁOTY                   | POLSKA | M30-39 | 27     | M 74 | 00:07:54 | 00:16:10 | 00:23:46.05 | 4:45   | 12.6 |
| 85   | NACHYŁA PAWEŁ               | 168 | DZIKI KOSZALIN                                        | KOSZALIN                | POLSKA | M30-39 | 28     | M 75 | 00:07:52 | 00:16:13 | 00:23:50.55 | 4:46   | 12.6 |
| 86   | URBANIAK SZYMON             | 237 |                                                       | WRZEŚNICA               | POLSKA | M18-29 | 16     | M 76 | 00:07:58 | 00:16:17 | 00:23:58.70 | 4:47   | 12.5 |
| 87   | KŁOCZKO ARKADIUSZ           | 103 |                                                       | ŚWIDWIN                 | POLSKA | M40-49 | 29     | M 77 | 00:08:09 | 00:16:21 | 00:23:58.85 | 4:47   | 12.5 |
| 88   | KISIELIŃSKI IGOR            | 100 | TKKF KOSZALIN                                         | KOSZALIN                | POLSKA | M50-59 | 4      | M 78 | 00:08:06 | 00:16:16 | 00:23:59.95 | 4:48   | 12.5 |
| 89   | REMPLAKOWSKI KRZYSZTOF      | 197 | WE RUN                                                | ROSNOWO                 | POLSKA | M40-49 | 30     | M 79 | 00:08:21 | 00:16:28 | 00:24:00.05 | 4:48   | 12.5 |
| 90   | WOJCIECHOWSKA-HRYCYK AGATA  | 273 |                                                       | KOŁOBRZEG               | POLSKA | K40-49 | 1      | K 11 | 00:07:54 | 00:16:17 | 00:24:00.95 | 4:48   | 12.5 |
| 91   | KANIOWSKI JACEK             | 89  | W.P.K. SŁOŃ TEAM                                      | SŁAWNO                  | POLSKA | M40-49 | 31     | M 80 | 00:07:45 | 00:16:04 | 00:24:04.00 | 4:48   | 12.5 |
| 92   | ANTKOWIAK SEBASTIAN         | 2   | DB ACTIVE                                             | KOSZALIN                | POLSKA | M40-49 | 32     | M 81 | 00:07:42 | 00:16:05 | 00:24:04.45 | 4:48   | 12.5 |
| 93   | OTTO MICHAŁ                 | 177 |                                                       | BONIN                   | POLSKA | M30-39 | 29     | M 82 | 00:08:10 | 00:16:29 | 00:24:06.75 | 4:49   | 12.4 |
| 94   | ŻUKOWSKI CEZARY             | 269 | MIGAWKOWE.PL                                          | KOSZALIN                | POLSKA | M30-39 | 30     | M 83 | 00:08:08 | 00:16:33 | 00:24:12.55 | 4:50   | 12.4 |
| 95   | KRASIŃSKI WITOLD            | 123 | JW 1223                                               | KOSZALIN                | POLSKA | M40-49 | 33     | M 84 | 00:08:10 | 00:16:31 | 00:24:14.05 | 4:50   | 12.4 |
| 96   | DĄBROWSKA ALICJA            | 33  | TKKF KOSZALIN                                         | SIAŃÓW                  | POLSKA | K50-59 | 2      | K 12 | 00:08:19 | 00:16:42 | 00:24:16.25 | 4:51   | 12.4 |
| 97   | KAZMIERCZAK AGNIESZKA       | 93  |                                                       | ŚWIDWIN                 | POLSKA | K40-49 | 2      | K 13 | 00:07:56 | 00:16:27 | 00:24:16.55 | 4:51   | 12.4 |
| 98   | ZIELIŃSKI GRZEGORZ          | 260 |                                                       | STARE BIELICE           | POLSKA | M60-69 | 1      | M 85 | 00:07:49 | 00:16:16 | 00:24:18.10 | 4:51   | 12.3 |
| 99   | SKIBA ARTUR                 | 210 | ŚWIDWIŃSKIE STOWARZYSZENIE LOTNICTWA<br>REKREACYJNEGO | ŚWIDWIN                 | POLSKA | M40-49 | 34     | M 86 | 00:07:58 | 00:16:29 | 00:24:18.70 | 4:51   | 12.3 |
| 100  | ROGAŁA TOMASZ               | 200 |                                                       | MALECHOWO               | POLSKA | M30-39 | 31     | M 87 | 00:07:52 | 00:16:22 | 00:24:19.50 | 4:51   | 12.3 |
| 101  | PIECHOTA ROBERT             | 186 | ROZBIEGANY KOSZALIN                                   | KOSZALIN                | POLSKA | M40-49 | 35     | M 88 | 00:07:47 | 00:16:39 | 00:24:20.70 | 4:52   | 12.3 |
| 102  | SZULC MAREK                 | 226 |                                                       | BIAŁOGARD               | POLSKA | M50-59 | 5      | M 89 | 00:07:56 | 00:16:27 | 00:24:28.85 | 4:53   | 12.3 |

## IX KOSZALIŃSKI BIEG SYLWESTROWY - 5 KM, OPEN c.d.

| M-ce | Nazwisko i imię             | Nr  | Klub                           | M-scowość        | Kraj   | Kat.   | M. kat | K/M   | 1.71km   | 3.42km   | Netto       | min/km | km/h |
|------|-----------------------------|-----|--------------------------------|------------------|--------|--------|--------|-------|----------|----------|-------------|--------|------|
| 103  | MEJER ALEKSANDRA            | 158 |                                | ROSNOWO          | POLSKA | K14-17 | 2      | K 14  | 00:07:54 | 00:16:37 | 00:24:34.40 | 4:55   | 12.2 |
| 104  | ADRYAN ADAM                 | 1   | CKB SŁUPSK                     | SŁUPSK           | POLSKA | M40-49 | 36     | M 90  | 00:08:11 | 00:16:41 | 00:24:38.95 | 4:55   | 12.2 |
| 105  | BIELEWICZ ANNA              | 9   | STOPA SŁUPSK                   | LUBUŃ            | POLSKA | K40-49 | 3      | K 15  | 00:08:12 | 00:16:42 | 00:24:39.80 | 4:56   | 12.2 |
| 106  | KURŁOWICZ ROBERT            | 277 |                                | BIAŁOGARD        |        | M18-29 | 17     | M 91  | 00:08:25 | 00:16:59 | 00:24:40.70 | 4:56   | 12.2 |
| 107  | GLISZCZYŃSKI ŁUKASZ         | 53  | UKSN SPRINT SŁAWNÓ             | BYTÓW            | POLSKA | M18-29 | 18     | M 92  | 00:07:51 | 00:16:38 | 00:24:46.35 | 4:57   | 12.1 |
| 108  | KAZIMIEROWICZ RADOŚLAW      | 92  | VTT KOSZALIN                   | KOSZALIN         | POLSKA | M30-39 | 32     | M 93  | 00:08:07 | 00:16:44 | 00:24:48.15 | 4:57   | 12.1 |
| 109  | RADZIMSKI MARCEL            | 194 |                                | ŚWIEMINO         | POLSKA | M14-17 | 2      | M 94  | 00:07:20 | 00:16:05 | 00:24:50.25 | 4:58   | 12.1 |
| 110  | CAŁA MAŁGORZATA             | 20  | ŚWIAT PŁYTEK U KRYSPIŃ         | BYTÓW            | POLSKA | K30-39 | 8      | K 16  | 00:08:24 | 00:16:58 | 00:24:57.50 | 4:59   | 12   |
| 111  | CAŁA BARTOSZ                | 19  | ŚWIAT PŁYTEK U KRYSPIŃ         | BYTÓW            | POLSKA | M30-39 | 33     | M 95  | 00:08:24 | 00:16:58 | 00:24:57.60 | 4:59   | 12   |
| 112  | GAWRYŚIAK PRZEMYSŁAW        | 51  |                                | WŁODARKA         | POLSKA | M40-49 | 37     | M 96  | 00:07:58 | 00:16:20 | 00:25:01.65 | 5:00   | 12   |
| 113  | KOBUS PIOTR                 | 107 |                                | KOSZALIN         | POLSKA | M30-39 | 34     | M 97  | 00:08:12 | 00:16:48 | 00:25:03.10 | 5:00   | 12   |
| 114  | OSOBŃIAK RYSZARD            | 174 | ROZBIEGANI KOSZALIN            | KOSZALIN         | POLSKA | M60-69 | 2      | M 98  | 00:08:19 | 00:17:02 | 00:25:04.85 | 5:01   | 12   |
| 115  | LEWANDOWSKI RAFAŁ           | 137 |                                | SZCZECINEK       | POLSKA | M40-49 | 38     | M 99  | 00:08:21 | 00:17:13 | 00:25:15.75 | 5:03   | 11.9 |
| 116  | DUDZIAK PIOTR               | 43  | FOR-REST-RUN KOSZALIN          | KOSZALIN         | POLSKA | M40-49 | 39     | M 100 | 00:08:04 | 00:16:53 | 00:25:19.85 | 5:04   | 11.8 |
| 117  | KOWALCZYK PIOTR             | 117 |                                | KOSZALIN         | POLSKA | M30-39 | 35     | M 101 | 00:08:20 | 00:17:07 | 00:25:21.40 | 5:04   | 11.8 |
| 118  | ŚNIADECKI WOJCIECH          | 234 |                                | DARŁÓWO          | POLSKA | M18-29 | 19     | M 102 | 00:07:49 | 00:16:45 | 00:25:22.40 | 5:04   | 11.8 |
| 119  | KUBICKA KAROLINA            | 128 |                                | SZCZECIN         | POLSKA | K30-39 | 9      | K 17  | 00:08:21 | 00:17:10 | 00:25:22.90 | 5:04   | 11.8 |
| 120  | CHUDZIK ZBIGNIEW            | 25  | TKKF KOSZALIN                  | STARE BIELICE    | POLSKA | M50-59 | 6      | M 103 | 00:08:38 | 00:17:17 | 00:25:23.85 | 5:04   | 11.8 |
| 121  | RUDZIŃSKI BRONISŁAW         | 203 |                                | KOSZALIN         | POLSKA | M60-69 | 3      | M 104 | 00:08:06 | 00:17:07 | 00:25:25.95 | 5:05   | 11.8 |
| 122  | BRESZKA MICHAŁ              | 15  | DARŁÓWSKIE CHARTY              | DARŁÓWO          | POLSKA | M14-17 | 3      | M 105 | 00:08:42 | 00:17:43 | 00:25:25.95 | 5:05   | 11.8 |
| 123  | HANASZ SEBASTIAN            | 64  |                                | ROSNOWO          | POLSKA | M40-49 | 40     | M 106 | 00:08:38 | 00:17:28 | 00:25:26.65 | 5:05   | 11.8 |
| 124  | JANUSZEWSKI JACEK           | 74  | 17 WOG KOSZALIN                | KOSZALIN         | POLSKA | M50-59 | 7      | M 107 | 00:08:12 | 00:17:04 | 00:25:29.30 | 5:06   | 11.8 |
| 125  | ŻMUDA MONIKA                | 267 | CW FANZA KOŁOBRZEG             | SARBIA KOŁOBRZEG | POLSKA | K40-49 | 4      | K 18  | 00:08:43 | 00:17:32 | 00:25:31.75 | 5:06   | 11.7 |
| 126  | SZNYTER SABINA              | 224 | DECATHLON KOSZALIN             | POLANÓW          | POLSKA | K18-29 | 2      | K 19  | 00:08:31 | 00:17:25 | 00:25:32.05 | 5:06   | 11.7 |
| 127  | WYGANOWSKI ANDRZEJ          | 257 | WYGAN PO                       | KOŁOBRZEG        | POLSKA | M70+   | 1      | M 108 | 00:08:43 | 00:17:32 | 00:25:32.05 | 5:06   | 11.7 |
| 128  | SZKOŁUDA MIŁOSZ             | 223 | DECATHLON KOSZALIN             | POLANÓW          | POLSKA | M18-29 | 20     | M 109 | 00:08:31 | 00:17:25 | 00:25:32.40 | 5:06   | 11.7 |
| 129  | KOZŁOWIECKI WALDEMAR        | 121 | TKKF KOSZALIN                  | KOSZALIN         | POLSKA | M60-69 | 4      | M 110 | 00:08:26 | 00:17:19 | 00:25:32.65 | 5:06   | 11.7 |
| 130  | ZIÓŁKOWSKA GOSIA            | 262 |                                | KOSZALIN         | POLSKA | K30-39 | 10     | K 20  | 00:08:28 | 00:17:19 | 00:25:32.80 | 5:06   | 11.7 |
| 131  | DUBACKI KAZIMIERZ STANISŁAW | 42  | NIGHT RUNNERS SŁUPSK           | BORZĘCINO        | POLSKA | M40-49 | 41     | M 111 | 00:08:06 | 00:17:08 | 00:25:34.25 | 5:06   | 11.7 |
| 132  | MICHIEJEW JAKUB             | 161 |                                | ROSNOWO          | POLSKA | M14-17 | 4      | M 112 | 00:08:55 | 00:17:33 | 00:25:35.00 | 5:07   | 11.7 |
| 133  | GAWĘDA EMIL                 | 48  | GMINA DARŁÓWO                  | STARY JAROSŁAW   | POLSKA | M30-39 | 36     | M 113 | 00:08:59 | 00:17:50 | 00:25:37.50 | 5:07   | 11.7 |
| 134  | JASIEŃSKI PIOTR             | 77  | SPARK                          | KOSZALIN         | POLSKA | M40-49 | 42     | M 114 | 00:08:59 | 00:17:50 | 00:25:38.85 | 5:07   | 11.7 |
| 135  | WAŃSKI MICHAŁ               | 243 |                                | KOSZALIN         | POLSKA | M18-29 | 21     | M 115 | 00:08:10 | 00:17:21 | 00:25:40.45 | 5:08   | 11.7 |
| 136  | DOMAŃSKI ADAM               | 38  |                                | KOŁOBRZEG        | POLSKA | M40-49 | 43     | M 116 | 00:08:57 | 00:17:51 | 00:25:42.50 | 5:08   | 11.7 |
| 137  | ROGAŁA ŁUKASZ               | 201 | NIGHT RUNNERS SŁUPSK           | SŁUPSK           | POLSKA | M30-39 | 37     | M 117 | 00:08:36 | 00:17:29 | 00:25:46.60 | 5:09   | 11.6 |
| 138  | PODSIADŁO MARCIN            | 271 |                                | KOSZALIN         |        | M30-39 | 38     | M 118 | 00:08:10 | 00:17:08 | 00:25:48.65 | 5:09   | 11.6 |
| 139  | RYCHLIŃSKI DAMIAN           | 205 |                                | SŁUPSK           | POLSKA | M30-39 | 39     | M 119 | 00:08:46 | 00:17:44 | 00:25:52.25 | 5:10   | 11.6 |
| 140  | GALICKI ROBERT              | 46  |                                | BOBOLICE         | POLSKA | M40-49 | 44     | M 120 | 00:09:13 | 00:18:15 | 00:26:07.65 | 5:13   | 11.5 |
| 141  | ROBAKOWSKA ŻANETA           | 199 | GABINET REHABILITACJI AKTYWNEJ | KOSZALIN         | POLSKA | K30-39 | 11     | K 21  | 00:08:55 | 00:17:46 | 00:26:09.05 | 5:13   | 11.5 |
| 142  | JUSIŃSKA ANNA               | 81  |                                | SŁAWOBORZE       | POLSKA | K40-49 | 5      | K 22  | 00:08:28 | 00:17:36 | 00:26:09.40 | 5:13   | 11.5 |
| 143  | JUSIŃSKI SEBASTIAN          | 82  |                                | SŁAWOBORZE       | POLSKA | M40-49 | 45     | M 121 | 00:08:27 | 00:17:36 | 00:26:09.55 | 5:13   | 11.5 |
| 144  | KLENIEWSKI PIOTR            | 102 | ZACHODNIOPOMORSKIE             | KOSZALIN         | POLSKA | M50-59 | 8      | M 122 | 00:08:08 | 00:17:15 | 00:26:11.05 | 5:14   | 11.5 |
| 145  | DANOWSKI MACIEJ             | 32  | FITNESS CLUB FORMA             | BIAŁOGARD        | POLSKA | M40-49 | 46     | M 123 | 00:08:31 | 00:17:59 | 00:26:14.40 | 5:14   | 11.4 |
| 146  | OLEJNIK KRZYSZTOF           | 172 | KOSZALIN ŻYTŃNIA TEAM          | KOSZALIN         | POLSKA | M14-17 | 5      | M 124 | 00:09:20 | 00:17:58 | 00:26:14.70 | 5:14   | 11.4 |
| 147  | BIELAŃSKI KRZYSZTOF         | 8   | 1958                           | STARGARD         | POLSKA | M50-59 | 9      | M 125 | 00:08:42 | 00:17:46 | 00:26:17.60 | 5:15   | 11.4 |
| 148  | MOYS TOMASZ                 | 164 |                                | KOLINCZ          | POLSKA | M50-59 | 10     | M 126 | 00:08:32 | 00:17:48 | 00:26:18.60 | 5:15   | 11.4 |
| 149  | DEJNAK MARIOLA              | 34  |                                | GRYFICE          | POLSKA | K50-59 | 3      | K 23  | 00:08:34 | 00:17:34 | 00:26:21.65 | 5:16   | 11.4 |
| 150  | GAWLIK ARTUR                | 49  | BIEGNIJMY.PL                   | KOSZALIN         | POLSKA | M30-39 | 40     | M 127 | 00:08:37 | 00:17:44 | 00:26:21.90 | 5:16   | 11.4 |
| 151  | DOMAŃSKI DOMINIK            | 283 |                                |                  |        | M30-39 | 41     | M 128 | 00:08:57 | 00:18:02 | 00:26:25.95 | 5:17   | 11.3 |
| 152  | ŁOZIŃSKA KAROLINA           | 140 |                                | KOSZALIN         | POLSKA | K18-29 | 3      | K 24  | 00:08:52 | 00:18:00 | 00:26:26.20 | 5:17   | 11.3 |
| 153  | KOŁAKOWSKI DARIUSZ          | 110 | K.B.SPRINT ŚWIDWIN             | ŚWIDWIN          | POLSKA | M40-49 | 47     | M 129 | 00:09:02 | 00:18:09 | 00:26:27.50 | 5:17   | 11.3 |
| 154  | MALINOWSKA MAŁGORZATA       | 150 | KB SPRINT ŚWIDWIN              | ŚWIDWIN          | POLSKA | K50-59 | 4      | K 25  | 00:08:57 | 00:18:10 | 00:26:27.75 | 5:17   | 11.3 |
| 155  | WILIŃSKI MAREK              | 250 | K.B.SPRINT ŚWIDWIN             | ŚWIDWIN          | POLSKA | M50-59 | 11     | M 130 | 00:09:03 | 00:18:10 | 00:26:28.35 | 5:17   | 11.3 |
| 156  | WĘCŁAWIAK MAREK             | 247 |                                | KOSZALIN         | POLSKA | M40-49 | 48     | M 131 | 00:08:26 | 00:17:42 | 00:26:28.45 | 5:17   | 11.3 |
| 157  | CHROSTEK DOROTA             | 23  |                                | POZNAŃ           | POLSKA | K40-49 | 6      | K 26  | 00:08:57 | 00:18:10 | 00:26:30.40 | 5:18   | 11.3 |
| 158  | BOGACKA LUCYNA              | 11  | TKKF KOSZALIN                  | KOSZALIN         | POLSKA | K50-59 | 5      | K 27  | 00:08:51 | 00:17:57 | 00:26:33.85 | 5:18   | 11.3 |
| 159  | BOGACKI TOMASZ              | 12  | TKKF KOSZALIN                  | KOSZALIN         | POLSKA | M50-59 | 12     | M 132 | 00:08:50 | 00:17:56 | 00:26:34.15 | 5:18   | 11.3 |

## IX KOSZALIŃSKI BIEG SYLWESTROWY - 5 KM, OPEN c.d.

| M-ce | Nazwisko i imię             | Nr  | Klub                    | M-scowość            | Kraj   | Kat.   | M. kat | K/M   | 1.71km   | 3.42km   | Netto       | min/km | km/h |
|------|-----------------------------|-----|-------------------------|----------------------|--------|--------|--------|-------|----------|----------|-------------|--------|------|
| 160  | MEGIER WOJCIECH             | 157 | ELEKTRONIK              | KOSZALIN             | POLSKA | M50-59 | 13     | M 133 | 00:09:06 | 00:18:35 | 00:26:39.15 | 5:19   | 11.3 |
| 161  | KĘPKA MIROSLAW              | 94  | KB SPRINT ŚWIDWIN       | ŚWIDWIN              | POLSKA | M40-49 | 49     | M 134 | 00:09:02 | 00:18:11 | 00:26:41.70 | 5:20   | 11.2 |
| 162  | DEREŃ GRZEGORZ              | 35  | K.B.SPRINT ŚWIDWIN      | ŚWIDWIN              | POLSKA | M40-49 | 50     | M 135 | 00:08:57 | 00:18:12 | 00:26:42.20 | 5:20   | 11.2 |
| 163  | CZERNIAK GRACJAN            | 29  |                         | KOSZALIN             | POLSKA | M30-39 | 42     | M 136 | 00:08:53 | 00:18:08 | 00:26:45.05 | 5:21   | 11.2 |
| 164  | JUSZCZAK KRZYSZTOF          | 83  |                         | KOSZALIN             | POLSKA | M60-69 | 5      | M 137 | 00:08:41 | 00:17:55 | 00:26:47.30 | 5:21   | 11.2 |
| 165  | KAZIMIERCZAK LESZEK         | 282 |                         |                      |        | M30-39 | 43     | M 138 | 00:08:59 | 00:18:13 | 00:26:52.00 | 5:22   | 11.2 |
| 166  | MICHALSKA AGATA             | 160 | UAM TRIATHLON POZNAŃ    | POZNAŃ               | POLSKA | K30-39 | 12     | K 28  | 00:08:53 | 00:18:15 | 00:26:52.30 | 5:22   | 11.2 |
| 167  | JUSZCZYK AGNIESZKA          | 84  | ANOX TEAM               | KOSZALIN             | POLSKA | K30-39 | 13     | K 29  | 00:09:03 | 00:18:15 | 00:26:52.35 | 5:22   | 11.2 |
| 168  | GUTOWSKI SEBASTIAN          | 62  | GUCIOR-RUN              | ŚWIDWIN              | POLSKA | M40-49 | 51     | M 139 | 00:08:55 | 00:18:18 | 00:26:52.80 | 5:22   | 11.2 |
| 169  | GŁUCH KATARZYNA             | 55  | ELEKTRONIK              | KOSZALIN             | POLSKA | K30-39 | 14     | K 30  | 00:09:06 | 00:18:36 | 00:26:54.45 | 5:23   | 11.1 |
| 170  | KACZMAREK ŁUKASZ            | 85  | WOJOWNICY WÓDY          | KOSZALIN             | POLSKA | M30-39 | 44     | M 140 | 00:08:58 | 00:18:12 | 00:26:56.40 | 5:23   | 11.1 |
| 171  | PACAN BARTOSZ               | 179 | ŚWIAT PŁYTEK U KRYSPINA | BYTÓW                | POLSKA | M30-39 | 45     | M 141 | 00:09:22 | 00:18:41 | 00:26:58.65 | 5:23   | 11.1 |
| 172  | TURCZYN GRZEGORZ            | 236 | NIGHT RUNNERS SŁUPSK    | SŁUPSKA              | POLSKA | M40-49 | 52     | M 142 | 00:09:07 | 00:18:22 | 00:26:59.55 | 5:23   | 11.1 |
| 173  | PIASECKA DAGMARA            | 183 |                         | TYCHOWO              | POLSKA | K14-17 | 3      | K 31  | 00:09:07 | 00:18:22 | 00:27:01.40 | 5:24   | 11.1 |
| 174  | KUPREWICZ GRZEGORZ          | 281 |                         | KOSZALIN             |        | M30-39 | 46     | M 143 | 00:08:52 | 00:18:20 | 00:27:02.20 | 5:24   | 11.1 |
| 175  | KINOWSKI KAROL              | 98  | DON'T TREAD ON ME!      | KOSZALIN             | POLSKA | M40-49 | 53     | M 144 | 00:09:23 | 00:18:45 | 00:27:02.70 | 5:24   | 11.1 |
| 176  | BODO RAFAŁ                  | 10  |                         | KOSZALIN             | POLSKA | M30-39 | 47     | M 145 | 00:08:46 | 00:18:16 | 00:27:21.10 | 5:28   | 11   |
| 177  | KACZYŃSKI HENRYK            | 86  |                         | GRYFICE              | POLSKA | M60-69 | 6      | M 146 | 00:08:52 | 00:18:26 | 00:27:22.95 | 5:28   | 11   |
| 178  | ŚLEDŹ ANDRZEJ               | 233 | WŁ SŁUPSK               | SŁUPSK               | POLSKA | M40-49 | 54     | M 147 | 00:08:44 | 00:18:29 | 00:27:24.30 | 5:28   | 10.9 |
| 179  | GOERIG MICHAŁ               | 56  |                         | KOSZALIN             | POLSKA | M30-39 | 48     | M 148 | 00:09:08 | 00:18:38 | 00:27:25.45 | 5:29   | 10.9 |
| 180  | CULKOWSKA BEATA             | 27  |                         | KOSZALIN             | POLSKA | K30-39 | 15     | K 32  | 00:09:17 | 00:18:46 | 00:27:30.00 | 5:30   | 10.9 |
| 181  | SOŁTYSIAK MATEUSZ           | 213 | KARLINO BIEGAJ          | KARLINO              | POLSKA | M14-17 | 6      | M 149 | 00:08:38 | 00:18:22 | 00:27:34.15 | 5:30   | 10.9 |
| 182  | LATOPOLSKA-OLEJNIK KALINA   | 135 | ŻYTANIA TEAM            | KOSZALIN             | POLSKA | K30-39 | 16     | K 33  | 00:09:22 | 00:18:53 | 00:27:36.60 | 5:31   | 10.9 |
| 183  | OSTAFI JOANNA               | 176 | ATF TEAM                | REDŁO                | POLSKA | K30-39 | 17     | K 34  | 00:09:16 | 00:18:44 | 00:27:41.00 | 5:32   | 10.8 |
| 184  | GRĄBCZEWSKI RAFAŁ           | 59  | JW 1223                 | KŁOS                 | POLSKA | M30-39 | 49     | M 150 | 00:09:06 | 00:18:37 | 00:27:41.20 | 5:32   | 10.8 |
| 185  | SKOWROŃSKI PAWEŁ            | 211 | WARSZAWA                | WARSZAWA             | POLSKA | M30-39 | 50     | M 151 | 00:09:06 | 00:18:37 | 00:27:41.65 | 5:32   | 10.8 |
| 186  | GŁOWACKI WŁODZIMIERZ        | 54  |                         | KOSZALIN             | POLSKA | M70+   | 2      | M 152 | 00:09:02 | 00:18:46 | 00:27:42.40 | 5:32   | 10.8 |
| 187  | MALINOWSKA-BURDA ALEKSANDRA | 151 |                         | KOSZALIN             | POLSKA | K18-29 | 4      | K 35  | 00:09:21 | 00:19:03 | 00:27:49.65 | 5:34   | 10.8 |
| 188  | DOMAŃSKI KRZYSZTOF          | 39  |                         | KOŁOBRZEG            | POLSKA | M14-17 | 7      | M 153 | 00:09:29 | 00:18:58 | 00:27:50.85 | 5:34   | 10.8 |
| 189  | KOPCZYŃSKI MICHAŁ           | 111 | JW1224                  | KOSZALIN             | POLSKA | M30-39 | 51     | M 154 | 00:09:02 | 00:18:49 | 00:27:53.25 | 5:34   | 10.8 |
| 190  | GIERSEWSKA MAGDALENA        | 52  | KSK KOŁCZYGŁOWY         | KOŁCZYGŁOWY          | POLSKA | K40-49 | 7      | K 36  | 00:09:33 | 00:19:14 | 00:27:54.10 | 5:34   | 10.8 |
| 191  | PACAN MIRA                  | 178 | ŚWIAT PŁYTEK U KRYSPINA | BYTÓW                | POLSKA | K30-39 | 18     | K 37  | 00:09:43 | 00:19:27 | 00:27:54.60 | 5:34   | 10.8 |
| 192  | DZIESZUK DAREK              | 270 | TKKF KOSZALIN           | KOSZALINTKK KOSZALIN |        | M40-49 | 55     | M 155 | 00:09:45 | 00:19:28 | 00:27:54.65 | 5:34   | 10.8 |
| 193  | BURSZTA MARTA               | 18  | KARLINO BIEGAJ          | KARLINO              | POLSKA | K18-29 | 5      | K 38  | 00:09:20 | 00:19:04 | 00:27:55.10 | 5:35   | 10.7 |
| 194  | WIĘCKOWSKI MACIEJ           | 276 |                         | KARLINO              |        | M30-39 | 52     | M 156 | 00:09:20 | 00:19:04 | 00:27:55.70 | 5:35   | 10.7 |
| 195  | WALCZAK AGNIESZKA           | 241 | TKKF KOSZALIN           | KOSZALIN             | POLSKA | K40-49 | 8      | K 39  | 00:09:29 | 00:19:06 | 00:27:59.90 | 5:36   | 10.7 |
| 196  | BRZOZOWSKA BARBARA          | 17  |                         | TYCHOWO              | POLSKA | K30-39 | 19     | K 40  | 00:09:42 | 00:19:26 | 00:28:00.90 | 5:36   | 10.7 |
| 197  | ZIELIŃSKI TOMASZ            | 261 |                         | KOŁOBRZEG            | POLSKA | M40-49 | 56     | M 157 | 00:08:57 | 00:18:57 | 00:28:01.85 | 5:36   | 10.7 |
| 198  | SZEWCZYK PAULINA            | 221 |                         | WOJNOWO              | POLSKA | K18-29 | 6      | K 41  | 00:09:26 | 00:19:16 | 00:28:07.50 | 5:37   | 10.7 |
| 199  | KARNICKI ZYGMUNT            | 91  | TKKF KOSZALIN           | KOSZALIN             | POLSKA | M60-69 | 7      | M 158 | 00:09:45 | 00:19:28 | 00:28:10.00 | 5:38   | 10.7 |
| 200  | KROCZYŃSKA KINGA            | 124 | BWM KOŁOBRZEG           | KOŁOBRZEG            | POLSKA | K30-39 | 20     | K 42  | 00:09:40 | 00:19:26 | 00:28:14.70 | 5:39   | 10.6 |
| 201  | STACHURSKA AGNIESZKA        | 275 |                         | KOŁOBRZEG            |        | K30-39 | 21     | K 43  | 00:09:48 | 00:19:32 | 00:28:16.65 | 5:39   | 10.6 |
| 202  | KOCHMAN IWONA               | 108 | VEGE RUNNER             | WARSZAWA             | POLSKA | K50-59 | 6      | K 44  | 00:09:25 | 00:19:17 | 00:28:26.50 | 5:41   | 10.6 |
| 203  | ZIELIŃSKI JAROSŁAW          | 259 | AMATOR                  | BIAŁOGARD            | POLSKA | M40-49 | 57     | M 159 | 00:08:51 | 00:18:49 | 00:28:30.15 | 5:42   | 10.5 |
| 204  | SZYSZKOWSKI TOMASZ          | 232 | ROZBIEGANY KOSZALIN     | KOSZALIN             | POLSKA | M30-39 | 53     | M 160 | 00:08:42 | 00:18:52 | 00:28:30.25 | 5:42   | 10.5 |
| 205  | WAŚOWICZ ANNA               | 244 |                         | KOŁOBRZEG/STRAMNICA  | POLSKA | K30-39 | 22     | K 45  | 00:09:29 | 00:19:21 | 00:28:35.65 | 5:43   | 10.5 |
| 206  | BRYŁA KATARZYNA             | 16  | DB-ACTIVE               | KOSZALIN             | POLSKA | K40-49 | 9      | K 46  | 00:09:07 | 00:19:13 | 00:28:43.10 | 5:44   | 10.4 |
| 207  | REPLAKOWSKA MAŁGORZATA      | 196 | WE RUN                  | ROSNOWO              | POLSKA | K30-39 | 23     | K 47  | 00:09:27 | 00:19:20 | 00:28:44.50 | 5:45   | 10.4 |
| 208  | CHODNICZAK JOANNA           | 21  |                         | PILCHOWICE           | POLSKA | K30-39 | 24     | K 48  | 00:09:44 | 00:19:29 | 00:28:45.25 | 5:45   | 10.4 |
| 209  | JAROSZ JAKUB                | 75  | TKKF KOSZALIN           | SUCHA KOSZALIŃSKA    | POLSKA | M18-29 | 22     | M 161 | 00:09:44 | 00:19:29 | 00:28:45.40 | 5:45   | 10.4 |
| 210  | CZUB MACIEJ                 | 30  |                         | KOSZALIN             | POLSKA | M18-29 | 23     | M 162 | 00:09:26 | 00:19:17 | 00:28:47.95 | 5:45   | 10.4 |
| 211  | JĘDRZEJEWSKI KRZYSZTOF      | 80  |                         | KOSZALIN             | POLSKA | M30-39 | 54     | M 163 | 00:09:00 | 00:19:32 | 00:28:54.70 | 5:46   | 10.4 |
| 212  | TRZEŚNIEWSKI ZBIGNIEW       | 235 |                         | KOSZALIN             | POLSKA | M50-59 | 14     | M 164 | 00:09:43 | 00:19:30 | 00:28:59.75 | 5:48   | 10.3 |
| 213  | HNATOWSKI ARTUR             | 67  | SZYBKIE STOPY           | KOSZALIN             | POLSKA | M40-49 | 58     | M 165 | 00:09:18 | 00:19:13 | 00:29:08.95 | 5:49   | 10.3 |
| 214  | WIERZBICKI KACPER           | 249 |                         | KOSZALIN             | POLSKA | M18-29 | 24     | M 166 | 00:09:44 | 00:19:46 | 00:29:09.70 | 5:50   | 10.3 |
| 215  | DOMAŃSKA KATARZYNA          | 37  |                         | KOŁOBRZEG            | POLSKA | K40-49 | 10     | K 49  | 00:09:42 | 00:19:35 | 00:29:12.15 | 5:50   | 10.3 |
| 216  | JARZYNA JAROSŁAW            | 76  | PADRE TEAM              | ROSNOWO              | POLSKA | M50-59 | 15     | M 167 | 00:09:29 | 00:19:47 | 00:29:21.00 | 5:52   | 10.2 |

## IX KOSZALIŃSKI BIEG SYLWESTROWY - 5 KM, OPEN c.d.

| M-ce | Nazwisko i imię         | Nr  | Klub                          | M-scowość            | Kraj   | Kat.   | M. kat | K/M   | 1.71km   | 3.42km   | Netto       | min/km | km/h |
|------|-------------------------|-----|-------------------------------|----------------------|--------|--------|--------|-------|----------|----------|-------------|--------|------|
| 217  | HELLER ZDZISŁAW         | 66  | NIEZRZESZONY                  | KOSZALIN             | POLSKA | M60-69 | 8      | M 168 | 00:09:41 | 00:19:44 | 00:29:30.30 | 5:54   | 10.2 |
| 218  | SULL AGNIESZKA          | 219 | NIGHT RUNNERS SŁUPSK          | WODNICA              | POLSKA | K40-49 | 11     | K 50  | 00:09:46 | 00:20:10 | 00:29:38.15 | 5:55   | 10.1 |
| 219  | BASIAK KRYSZTIAN        | 4   | JW 1223                       | KOSZALIN             | POLSKA | M30-39 | 55     | M 169 | 00:09:44 | 00:19:47 | 00:29:38.75 | 5:55   | 10.1 |
| 220  | HRZYCIÓW PAWEŁ          | 69  | JW 1223                       | BIAŁOGARD            | POLSKA | M30-39 | 56     | M 170 | 00:09:46 | 00:19:48 | 00:29:38.90 | 5:55   | 10.1 |
| 221  | KIJKO ANNA              | 97  |                               | KOSZALIN             | POLSKA | K30-39 | 25     | K 51  | 00:09:47 | 00:19:58 | 00:29:39.65 | 5:56   | 10.1 |
| 222  | SAMOŁ-KOWALSKA IRENA    | 207 | TKKF KOSZALIN                 | BOBOLICE             | POLSKA | K40-49 | 12     | K 52  | 00:09:35 | 00:19:55 | 00:29:43.10 | 5:56   | 10.1 |
| 223  | KOWALSKI MAREK          | 118 |                               | BOBOLICE             | POLSKA | M40-49 | 59     | M 171 | 00:09:36 | 00:19:57 | 00:29:43.70 | 5:56   | 10.1 |
| 224  | PTASZYŃSKA KATARZYNA    | 192 | KOŁOBRZEG MARATON TEAM        | KOŁOBRZEG            | POLSKA | K60+   | 1      | K 53  | 00:10:11 | 00:20:21 | 00:29:44.80 | 5:57   | 10.1 |
| 225  | FRASZKIEWICZ JAROSŁAW   | 45  |                               | KOSZALIN             | POLSKA | M40-49 | 60     | M 172 | 00:09:47 | 00:20:13 | 00:29:52.80 | 5:58   | 10   |
| 226  | CICHOSZ JERZY           | 26  |                               | KOSZALIN             | POLSKA | M70+   | 3      | M 173 | 00:09:52 | 00:20:03 | 00:29:53.60 | 5:58   | 10   |
| 227  | BEDNARZ KATARZYNA       | 5   |                               | KOŁOBRZEG            | POLSKA | K40-49 | 13     | K 54  | 00:09:47 | 00:20:14 | 00:29:58.65 | 5:59   | 10   |
| 228  | ŁAPKO ANNA              | 139 |                               | ŚWIDWIN              | POLSKA | K30-39 | 26     | K 55  | 00:09:53 | 00:20:21 | 00:30:00.40 | 6:00   | 10   |
| 229  | PŁOTKA GRZEGORZ         | 187 |                               | KOSZALIN             | POLSKA | M30-39 | 57     | M 174 | 00:09:39 | 00:20:10 | 00:30:13.30 | 6:02   | 9.9  |
| 230  | PRYGIEL EWA             | 191 | PARKRUN ŚWIDWIN               | ŚWIDWIN              | POLSKA | K40-49 | 14     | K 56  | 00:09:44 | 00:20:19 | 00:30:18.50 | 6:03   | 9.9  |
| 231  | SZKATULSKI TOMASZ       | 222 | RUNNERSWALDE DARŁOWO          | DARŁOWO              | POLSKA | M18-29 | 25     | M 175 | 00:10:00 | 00:20:34 | 00:30:20.65 | 6:04   | 9.9  |
| 232  | BRESZKA PAWEŁ           | 14  | DARŁOWSKIE CHARTY             | DARŁOWO              | POLSKA | M40-49 | 61     | M 176 | 00:10:00 | 00:20:34 | 00:30:21.60 | 6:04   | 9.9  |
| 233  | URBAŃSKA ANETTA         | 238 |                               | KOSZALIN             | POLSKA | K40-49 | 15     | K 57  | 00:09:39 | 00:20:15 | 00:30:21.65 | 6:04   | 9.9  |
| 234  | REGENT KATARZYNA        | 195 |                               | KOSZALIN             | POLSKA | K18-29 | 7      | K 58  | 00:10:13 | 00:20:42 | 00:30:25.05 | 6:05   | 9.9  |
| 235  | PAWLIK DANUTA           | 278 |                               | POZNAŃ               | POLSKA | K40-49 | 16     | K 59  | 00:09:58 | 00:20:19 | 00:30:43.70 | 6:08   | 9.8  |
| 236  | BIELAŃSKA DOROTA        | 6   | STARGARD                      | STARGARD SZCZECIŃSKI | POLSKA | K50-59 | 7      | K 60  | 00:09:59 | 00:20:49 | 00:30:45.35 | 6:09   | 9.8  |
| 237  | KOWAL NATALIA           | 116 |                               | BONIN                | POLSKA | K18-29 | 8      | K 61  | 00:09:22 | 00:20:35 | 00:30:45.75 | 6:09   | 9.8  |
| 238  | BIELAŃSKI MIREK         | 7   | STARGARD                      | STARGARD             | POLSKA | M50-59 | 16     | M 177 | 00:09:59 | 00:20:49 | 00:30:46.00 | 6:09   | 9.8  |
| 239  | KOROL ELŻBIETA          | 112 | BABECZKI KOSZALIN             | KOSZALIN             | POLSKA | K40-49 | 17     | K 62  | 00:10:10 | 00:20:45 | 00:30:55.00 | 6:11   | 9.7  |
| 240  | KURCZ BARBARA           | 130 | BABECZKI KOSZALIN             | KOSZALIN             | POLSKA | K40-49 | 18     | K 63  | 00:10:09 | 00:20:44 | 00:30:55.10 | 6:11   | 9.7  |
| 241  | FIUK AGNIESZKA          | 44  | ATF TEAM                      | POLCZYN-ZDRÓJ        | POLSKA | K30-39 | 27     | K 64  | 00:10:25 | 00:21:31 | 00:30:55.25 | 6:11   | 9.7  |
| 242  | GRZYMAŁA ANGELIKA       | 60  | BABECZKI KOSZALIN             | UNIEŚCIE             | POLSKA | K40-49 | 19     | K 65  | 00:10:10 | 00:20:45 | 00:30:55.30 | 6:11   | 9.7  |
| 243  | MYSZKOWSKA GRAŻYNA      | 167 | NIGHT RUNNERS SŁUPSK          | SŁUPSK               | POLSKA | K50-59 | 8      | K 66  | 00:09:42 | 00:20:35 | 00:31:09.45 | 6:14   | 9.6  |
| 244  | ŁUBNIEWSKI ARKADIUSZ    | 142 | ANOX TEAM                     | KOSZALIN             | POLSKA | M30-39 | 58     | M 178 | 00:10:29 | 00:21:26 | 00:31:38.45 | 6:19   | 9.5  |
| 245  | KOZŁOWIECKA MAŁGORZATA  | 120 |                               | KOSZALIN             | POLSKA | K50-59 | 9      | K 67  | 00:10:22 | 00:21:40 | 00:31:53.85 | 6:22   | 9.4  |
| 246  | BORSUK DOROTA           | 13  |                               | KOSZALIN             | POLSKA | K40-49 | 20     | K 68  | 00:10:31 | 00:21:33 | 00:32:01.95 | 6:24   | 9.4  |
| 247  | KOSIŃSKA MAŁGORZATA     | 113 | NA ZDROWIE TEAM               | SZCZECIN             | POLSKA | K50-59 | 10     | K 69  | 00:10:38 | 00:21:33 | 00:32:03.15 | 6:24   | 9.4  |
| 248  | WDOWIAK KATARZYNA       | 245 | WKURW_TEAM                    | SZCZECINEK           | POLSKA | K30-39 | 28     | K 70  | 00:10:17 | 00:21:40 | 00:32:12.35 | 6:26   | 9.3  |
| 249  | GRZYSTEK MADZIA         | 61  | WQURW TEAM                    | SITNI                | POLSKA | K30-39 | 29     | K 71  | 00:10:17 | 00:21:40 | 00:32:12.35 | 6:26   | 9.3  |
| 250  | PEŁKA IWONA             | 181 |                               | KOSZALIN             | POLSKA | K40-49 | 21     | K 72  | 00:11:15 | 00:22:28 | 00:32:15.00 | 6:27   | 9.3  |
| 251  | STANCZEWSKA KAROLINA    | 214 |                               | BIAŁOGARD            | POLSKA | K30-39 | 30     | K 73  | 00:10:24 | 00:21:35 | 00:32:35.90 | 6:31   | 9.2  |
| 252  | WALKOWIAK DARIUSZ       | 242 |                               | KROKOWO              | POLSKA | M40-49 | 62     | M 179 | 00:09:51 | 00:21:31 | 00:32:43.55 | 6:32   | 9.2  |
| 253  | STASZYŃSKA MARIANNA     | 216 | BTC,,ORZEŁ,,                  | BIAŁOGARD            | POLSKA | K60+   | 2      | K 74  | 00:10:39 | 00:22:02 | 00:32:56.20 | 6:35   | 9.1  |
| 254  | KŁOCZKO AGNIESZKA       | 105 |                               | WARSZAWA             | POLSKA | K14-17 | 4      | K 75  | 00:10:00 | 00:22:34 | 00:32:56.70 | 6:35   | 9.1  |
| 255  | NOWAK PIOTR             | 169 |                               | KOSZALIN             | POLSKA | M30-39 | 59     | M 180 | 00:09:45 | 00:22:02 | 00:33:04.65 | 6:37   | 9.1  |
| 256  | PASEK JAN               | 180 | KLUB BIEGOWY JANTAR ŚWIESZYNO | DUNOWO               | POLSKA | M60-69 | 9      | M 181 | 00:10:43 | 00:22:12 | 00:33:05.35 | 6:37   | 9.1  |
| 257  | KŁOCZKO BEATA           | 104 |                               | ŚWIDWIN              | POLSKA | K40-49 | 22     | K 76  | 00:10:27 | 00:22:33 | 00:33:31.15 | 6:42   | 9    |
| 258  | MEGGER AGATA            | 156 | Żyj Z ENERGIA                 | SIEMIANICE           | POLSKA | K40-49 | 23     | K 77  | 00:10:55 | 00:22:49 | 00:33:53.65 | 6:46   | 8.8  |
| 259  | JANCZYŻYŃSKA DOROTA     | 287 |                               | KOSZALIN             | POLSKA | K30-39 | 31     | K 78  | 00:11:07 | 00:22:52 | 00:34:00.70 | 6:48   | 8.8  |
| 260  | WEISS-SZULC BARBARA     | 288 |                               | KOSZALIN             | POLSKA | K40-49 | 24     | K 79  | 00:11:08 | 00:22:52 | 00:34:00.80 | 6:48   | 8.8  |
| 261  | NAWROCKA ANNA           | 286 |                               | KOSZALIN             | POLSKA | K18-29 | 9      | K 80  | 00:11:07 | 00:22:52 | 00:34:00.85 | 6:48   | 8.8  |
| 262  | MICHIEJEW-HANASZ MONIKA | 162 |                               | ROSNOWO              | POLSKA | K30-39 | 32     | K 81  | 00:11:11 | 00:23:08 | 00:34:30.35 | 6:54   | 8.7  |
| 263  | MAŚLACH JULIA           | 155 |                               | KOŁOBRZEG            | POLSKA | K14-17 | 5      | K 82  | 00:10:48 | 00:23:44 | 00:34:31.25 | 6:54   | 8.7  |
| 264  | LASKOWSKA MAGDALENA     | 134 |                               | SŁAWNO               | POLSKA | K30-39 | 33     | K 83  | 00:11:10 | 00:23:32 | 00:34:33.65 | 6:54   | 8.7  |
| 265  | LASKOWSKA KATARZYNA     | 133 |                               | SŁAWNO               | POLSKA | K40-49 | 25     | K 84  | 00:11:10 | 00:23:32 | 00:34:33.70 | 6:54   | 8.7  |
| 266  | MACIEJEWSKA AGNIESZKA   | 144 | SZTORM KOŁOBRZEG              | KOŁOBRZEG            | POLSKA | K14-17 | 6      | K 85  | 00:10:48 | 00:23:44 | 00:34:47.30 | 6:57   | 8.6  |
| 267  | ŁUBNIEWSKA NATALIA      | 141 | ANOX TEAM                     | KOSZALIN             | POLSKA | K30-39 | 34     | K 86  | 00:11:16 | 00:24:05 | 00:35:54.65 | 7:11   | 8.4  |
| 268  | HAUSMAN ANDRZEJ         | 65  | KSR ROWERIA                   | KOSZALIN             | POLSKA | M60-69 | 10     | M 182 | 00:11:13 | 00:24:09 | 00:35:58.15 | 7:11   | 8.3  |
| 269  | MAJEWSKA KATARZYNA      | 147 |                               | NOWE BIELICE         | POLSKA | K18-29 | 10     | K 87  | 00:12:28 | 00:26:18 | 00:39:16.70 | 7:51   | 7.6  |
| 270  | SZYSZKOWSKA KASIA       | 231 |                               | KOSZALIN             | POLSKA | K30-39 | 35     | K 88  | 00:13:14 | 00:26:58 | 00:39:30.50 | 7:54   | 7.6  |
| 271  | DAMPS JULITA            | 31  | NIGHT RUNNERS SŁUPSK          | SŁUPSK               | POLSKA | K30-39 | 36     | K 89  | 00:13:57 | 00:28:35 | 00:41:36.50 | 8:19   | 7.2  |
| 272  | BARTNIK MARIAN          | 3   | TKKF KOSZALIN                 | KOSZALIN             | POLSKA | M70+   | 4      | M 183 | 00:13:27 | 00:27:53 | 00:42:01.10 | 8:24   | 7.1  |

## IX KOSZALIŃSKI BIEG SYLWESTROWY - 5 KM, K-OPEN

| M-ce | Nazwisko i imię             | Nr  | Klub                           | M-scowość           | Kraj   | Kat.   | M. kat | K/M  | 1.71km   | 3.42km   | Netto       | min/km | km/h |
|------|-----------------------------|-----|--------------------------------|---------------------|--------|--------|--------|------|----------|----------|-------------|--------|------|
| 1    | HRYCYK ANNA                 | 274 |                                | KOŁOBRZEG           | POLSKA | K14-17 | 1      | K 1  | 00:06:33 | 00:13:26 | 00:19:53.70 | 3:58   | 15.1 |
| 2    | BORYCHOWSKA MARLENA         | 284 |                                | KOBYLNICZA          | POLSKA | K18-29 | 1      | K 2  | 00:06:58 | 00:14:07 | 00:20:54.70 | 4:11   | 14.3 |
| 3    | JĘDRASZKO MAGDA             | 79  | MTS HAMER                      | MIASTKO             | POLSKA | K30-39 | 1      | K 3  | 00:07:33 | 00:15:13 | 00:22:22.65 | 4:28   | 13.4 |
| 4    | SZABLA EWELINA              | 220 | TKKF KOSZALIN                  | KOSZALIN            | POLSKA | K30-39 | 2      | K 4  | 00:07:30 | 00:15:17 | 00:22:38.05 | 4:31   | 13.3 |
| 5    | DOLNA EWELINA               | 36  | KSK KOŁCZYGŁOWY                | KOŁCZYGŁOWY         | POLSKA | K30-39 | 3      | K 5  | 00:07:46 | 00:15:42 | 00:22:51.80 | 4:34   | 13.1 |
| 6    | KĘSIK AGNIESZKA             | 96  | ŚWIAT PŁYTEK U KRYSPIŃA        | SŁUPSK              | POLSKA | K30-39 | 4      | K 6  | 00:07:24 | 00:15:25 | 00:23:06.10 | 4:37   | 13   |
| 7    | NOWODWORSKA JUSTYNA         | 171 | ŚCIGAŁ TEAM                    | BYTÓW               | POLSKA | K30-39 | 5      | K 7  | 00:07:55 | 00:15:56 | 00:23:08.05 | 4:37   | 13   |
| 8    | MIGALSKA STANKIEWICZ LUCYNA | 163 |                                | GRYFICE             | POLSKA | K30-39 | 6      | K 8  | 00:07:34 | 00:15:44 | 00:23:15.55 | 4:39   | 12.9 |
| 9    | KRZEWIŃSKA MAŁGORZATA       | 127 | TKKF KOSZALIN                  | KOSZALIN            | POLSKA | K50-59 | 1      | K 9  | 00:07:55 | 00:16:02 | 00:23:29.05 | 4:41   | 12.8 |
| 10   | WOŹNIAK MONIKA              | 255 |                                | SIEMIANICE          | POLSKA | K30-39 | 7      | K 10 | 00:07:34 | 00:15:51 | 00:23:35.30 | 4:43   | 12.7 |
| 11   | WOJCIECHOWSKA-HRYCYK AGATA  | 273 |                                | KOŁOBRZEG           | POLSKA | K40-49 | 1      | K 11 | 00:07:54 | 00:16:17 | 00:24:00.95 | 4:48   | 12.5 |
| 12   | DĄBROWSKA ALICJA            | 33  | TKKF KOSZALIN                  | SIAŃÓW              | POLSKA | K50-59 | 2      | K 12 | 00:08:19 | 00:16:42 | 00:24:16.25 | 4:51   | 12.4 |
| 13   | KAZMIERCZAK AGNIESZKA       | 93  |                                | ŚWIDWIN             | POLSKA | K40-49 | 2      | K 13 | 00:07:56 | 00:16:27 | 00:24:16.55 | 4:51   | 12.4 |
| 14   | MEJER ALEKSANDRA            | 158 |                                | ROSNOWO             | POLSKA | K14-17 | 2      | K 14 | 00:07:54 | 00:16:37 | 00:24:34.40 | 4:55   | 12.2 |
| 15   | BIELEWICZ ANNA              | 9   | STOPA SŁUPSK                   | LUBUŃ               | POLSKA | K40-49 | 3      | K 15 | 00:08:12 | 00:16:42 | 00:24:39.80 | 4:56   | 12.2 |
| 16   | CAŁA MAŁGORZATA             | 20  | ŚWIAT PŁYTEK U KRYSPIŃA        | BYTÓW               | POLSKA | K30-39 | 8      | K 16 | 00:08:24 | 00:16:58 | 00:24:57.50 | 4:59   | 12   |
| 17   | KUBICKA KAROLINA            | 128 |                                | SZCZECIN            | POLSKA | K30-39 | 9      | K 17 | 00:08:21 | 00:17:10 | 00:25:22.90 | 5:04   | 11.8 |
| 18   | ŻMUDA MONIKA                | 267 | CW FANZA KOŁOBRZEG             | SARBIA KOŁOBRZEG    | POLSKA | K40-49 | 4      | K 18 | 00:08:43 | 00:17:32 | 00:25:31.75 | 5:06   | 11.7 |
| 19   | SZNYTER SABINA              | 224 | DECATHLON KOSZALIN             | POLANÓW             | POLSKA | K18-29 | 2      | K 19 | 00:08:31 | 00:17:25 | 00:25:32.05 | 5:06   | 11.7 |
| 20   | ZIÓŁKOWSKA GOSIA            | 262 |                                | KOSZALIN            | POLSKA | K30-39 | 10     | K 20 | 00:08:28 | 00:17:19 | 00:25:32.80 | 5:06   | 11.7 |
| 21   | ROBAKOWSKA ŻANETA           | 199 | GABINET REHABILITACJI AKTYWNEJ | KOSZALIN            | POLSKA | K30-39 | 11     | K 21 | 00:08:55 | 00:17:46 | 00:26:09.05 | 5:13   | 11.5 |
| 22   | JUSIŃSKA ANNA               | 81  |                                | SLAWOBORZE          | POLSKA | K40-49 | 5      | K 22 | 00:08:28 | 00:17:36 | 00:26:09.40 | 5:13   | 11.5 |
| 23   | DEJNAK MARIOLA              | 34  |                                | GRYFICE             | POLSKA | K50-59 | 3      | K 23 | 00:08:34 | 00:17:34 | 00:26:21.65 | 5:16   | 11.4 |
| 24   | ŁOZIŃSKA KAROLINA           | 140 |                                | KOSZALIN            | POLSKA | K18-29 | 3      | K 24 | 00:08:52 | 00:18:00 | 00:26:26.20 | 5:17   | 11.3 |
| 25   | MALINOWSKA MAŁGORZATA       | 150 | KB SPRINT ŚWIDWIN              | ŚWIDWIN             | POLSKA | K50-59 | 4      | K 25 | 00:08:57 | 00:18:10 | 00:26:27.75 | 5:17   | 11.3 |
| 26   | CHROSTEK DOROTA             | 23  |                                | POZNAŃ              | POLSKA | K40-49 | 6      | K 26 | 00:08:57 | 00:18:10 | 00:26:30.40 | 5:18   | 11.3 |
| 27   | BOGACKA LUCYNA              | 11  | TKKF KOSZALIN                  | KOSZALIN            | POLSKA | K50-59 | 5      | K 27 | 00:08:51 | 00:17:57 | 00:26:33.85 | 5:18   | 11.3 |
| 28   | MICHAŁSKA AGATA             | 160 | UAM TRIATHLON POZNAŃ           | POZNAŃ              | POLSKA | K30-39 | 12     | K 28 | 00:08:53 | 00:18:15 | 00:26:52.30 | 5:22   | 11.2 |
| 29   | JUSZCZYK AGNIESZKA          | 84  | ANOX TEAM                      | KOSZALIN            | POLSKA | K30-39 | 13     | K 29 | 00:09:03 | 00:18:15 | 00:26:52.35 | 5:22   | 11.2 |
| 30   | GŁUCH KATARZYNA             | 55  | ELEKTRONIK                     | KOSZALIN            | POLSKA | K30-39 | 14     | K 30 | 00:09:06 | 00:18:36 | 00:26:54.45 | 5:23   | 11.1 |
| 31   | PIASECKA DAGMARA            | 183 |                                | TYCHOWO             | POLSKA | K14-17 | 3      | K 31 | 00:09:07 | 00:18:22 | 00:27:01.40 | 5:24   | 11.1 |
| 32   | CULKOWSKA BEATA             | 27  |                                | KOSZALIN            | POLSKA | K30-39 | 15     | K 32 | 00:09:17 | 00:18:46 | 00:27:30.00 | 5:30   | 10.9 |
| 33   | LATOPOLSKA-OLEJNIK KALINA   | 135 | ŻYTŃNIA TEAM                   | KOSZALIN            | POLSKA | K30-39 | 16     | K 33 | 00:09:22 | 00:18:53 | 00:27:36.60 | 5:31   | 10.9 |
| 34   | OSTAFI JOANNA               | 176 | ATF TEAM                       | REDŁO               | POLSKA | K30-39 | 17     | K 34 | 00:09:16 | 00:18:44 | 00:27:41.00 | 5:32   | 10.8 |
| 35   | MALINOWSKA-BURDA ALEKSANDRA | 151 |                                | KOSZALIN            | POLSKA | K18-29 | 4      | K 35 | 00:09:21 | 00:19:03 | 00:27:49.65 | 5:34   | 10.8 |
| 36   | GIERSEWSKA MAGDALENA        | 52  | KSK KOŁCZYGŁOWY                | KOŁCZYGŁOWY         | POLSKA | K40-49 | 7      | K 36 | 00:09:33 | 00:19:14 | 00:27:54.10 | 5:34   | 10.8 |
| 37   | PACAN MIRA                  | 178 | ŚWIAT PŁYTEK U KRYSPIŃA        | BYTÓW               | POLSKA | K30-39 | 18     | K 37 | 00:09:43 | 00:19:27 | 00:27:54.60 | 5:34   | 10.8 |
| 38   | BURSZTA MARTA               | 18  | KARLINO BIEGAJ                 | KARLINO             | POLSKA | K18-29 | 5      | K 38 | 00:09:20 | 00:19:04 | 00:27:55.10 | 5:35   | 10.7 |
| 39   | WALCZAK AGNIESZKA           | 241 | TKKF KOSZALIN                  | KOSZALIN            | POLSKA | K40-49 | 8      | K 39 | 00:09:29 | 00:19:06 | 00:27:59.90 | 5:36   | 10.7 |
| 40   | BRZOZOWSKA BARBARA          | 17  |                                | TYCHOWO             | POLSKA | K30-39 | 19     | K 40 | 00:09:42 | 00:19:26 | 00:28:00.90 | 5:36   | 10.7 |
| 41   | SZEWCZYK PAULINA            | 221 |                                | WOJNOWO             | POLSKA | K18-29 | 6      | K 41 | 00:09:26 | 00:19:16 | 00:28:07.50 | 5:37   | 10.7 |
| 42   | KROCZYŃSKA KINGA            | 124 | BWM KOŁOBRZEG                  | KOŁOBRZEG           | POLSKA | K30-39 | 20     | K 42 | 00:09:40 | 00:19:26 | 00:28:14.70 | 5:39   | 10.6 |
| 43   | STACHURSKA AGNIESZKA        | 275 |                                | KOŁOBRZEG           | POLSKA | K30-39 | 21     | K 43 | 00:09:48 | 00:19:32 | 00:28:16.65 | 5:39   | 10.6 |
| 44   | KOCHMAN IWONA               | 108 | VEGE RUNNER                    | WARSZAWA            | POLSKA | K50-59 | 6      | K 44 | 00:09:25 | 00:19:17 | 00:28:26.50 | 5:41   | 10.6 |
| 45   | WĄSOWICZ ANNA               | 244 |                                | KOŁOBRZEG/STRAMNICA | POLSKA | K30-39 | 22     | K 45 | 00:09:29 | 00:19:21 | 00:28:35.65 | 5:43   | 10.5 |
| 46   | BRYŁA KATARZYNA             | 16  | DB-ACTIVE                      | KOSZALIN            | POLSKA | K40-49 | 9      | K 46 | 00:09:07 | 00:19:13 | 00:28:43.10 | 5:44   | 10.4 |
| 47   | REPLAKOWSKA MAŁGORZATA      | 196 | WE RUN                         | ROSNOWO             | POLSKA | K30-39 | 23     | K 47 | 00:09:27 | 00:19:20 | 00:28:44.50 | 5:45   | 10.4 |
| 48   | CHODNICZAK JOANNA           | 21  |                                | PILCHOWICE          | POLSKA | K30-39 | 24     | K 48 | 00:09:44 | 00:19:29 | 00:28:45.25 | 5:45   | 10.4 |
| 49   | DOMAŃSKA KATARZYNA          | 37  |                                | KOŁOBRZEG           | POLSKA | K40-49 | 10     | K 49 | 00:09:42 | 00:19:35 | 00:29:12.15 | 5:50   | 10.3 |
| 50   | SULL AGNIESZKA              | 219 | NIGHT RUNNERS SŁUPSK           | WODNICA             | POLSKA | K40-49 | 11     | K 50 | 00:09:46 | 00:20:10 | 00:29:38.15 | 5:55   | 10.1 |
| 51   | KIJKO ANNA                  | 97  |                                | KOSZALIN            | POLSKA | K30-39 | 25     | K 51 | 00:09:47 | 00:19:58 | 00:29:39.65 | 5:56   | 10.1 |
| 52   | SAMOŁ-KOWALSKA IRENA        | 207 | TKKF KOSZALIN                  | BOBOLICE            | POLSKA | K40-49 | 12     | K 52 | 00:09:35 | 00:19:55 | 00:29:43.10 | 5:56   | 10.1 |
| 53   | PTASZYŃSKA KATARZYNA        | 192 | KOŁOBRZEG MARATON TEAM         | KOŁOBRZEG           | POLSKA | K60+   | 1      | K 53 | 00:10:11 | 00:20:21 | 00:29:44.80 | 5:57   | 10.1 |
| 54   | BEDNARZ KATARZYNA           | 5   |                                | KOŁOBRZEG           | POLSKA | K40-49 | 13     | K 54 | 00:09:47 | 00:20:14 | 00:29:58.65 | 5:59   | 10   |
| 55   | ŁAPKO ANNA                  | 139 |                                | ŚWIDWIN             | POLSKA | K30-39 | 26     | K 55 | 00:09:53 | 00:20:21 | 00:30:00.40 | 6:00   | 10   |
| 56   | PRYGIEL EWA                 | 191 | PARKRUN ŚWIDWIN                | ŚWIDWIN             | POLSKA | K40-49 | 14     | K 56 | 00:09:44 | 00:20:19 | 00:30:18.50 | 6:03   | 9.9  |
| 57   | URBAŃSKA ANETTA             | 238 |                                | KOSZALIN            | POLSKA | K40-49 | 15     | K 57 | 00:09:39 | 00:20:15 | 00:30:21.65 | 6:04   | 9.9  |

## IX KOSZALIŃSKI BIEG SYLWESTROWY - 5 KM, K-OPEN c.d.

| M-ce | Nazwisko i imię         | Nr  | Klub                 | M-scowość            | Kraj   | Kat.   | M. kat | K/M  | 1.71km   | 3.42km   | Netto       | min/km | km/h |
|------|-------------------------|-----|----------------------|----------------------|--------|--------|--------|------|----------|----------|-------------|--------|------|
| 58   | REGENT KATARZYNA        | 195 |                      | KOSZALIN             | POLSKA | K18-29 | 7      | K 58 | 00:10:13 | 00:20:42 | 00:30:25.05 | 6:05   | 9.9  |
| 59   | PAWLIK DANUTA           | 278 |                      | POZNAŃ               | POLSKA | K40-49 | 16     | K 59 | 00:09:58 | 00:20:19 | 00:30:43.70 | 6:08   | 9.8  |
| 60   | BIELAŃSKA DOROTA        | 6   | STARGARD             | STARGARD SZCZECIŃSKI | POLSKA | K50-59 | 7      | K 60 | 00:09:59 | 00:20:49 | 00:30:45.35 | 6:09   | 9.8  |
| 61   | KOWAL NATALIA           | 116 |                      | BONIN                | POLSKA | K18-29 | 8      | K 61 | 00:09:22 | 00:20:35 | 00:30:45.75 | 6:09   | 9.8  |
| 62   | KOROL ELŻBIETA          | 112 | BABECZKI KOSZALIN    | KOSZALIN             | POLSKA | K40-49 | 17     | K 62 | 00:10:10 | 00:20:45 | 00:30:55.00 | 6:11   | 9.7  |
| 63   | KURCZ BARBARA           | 130 | BABECZKI KOSZALIN    | KOSZALIN             | POLSKA | K40-49 | 18     | K 63 | 00:10:09 | 00:20:44 | 00:30:55.10 | 6:11   | 9.7  |
| 64   | FIUK AGNIESZKA          | 44  | ATF TEAM             | POŁCZYN-ZDRÓJ        | POLSKA | K30-39 | 27     | K 64 | 00:10:25 | 00:21:31 | 00:30:55.25 | 6:11   | 9.7  |
| 65   | GRZYMAŁA ANGELIKA       | 60  | BABECZKI KOSZALIN    | UNIEŚCIE             | POLSKA | K40-49 | 19     | K 65 | 00:10:10 | 00:20:45 | 00:30:55.30 | 6:11   | 9.7  |
| 66   | MYSZKOWSKA GRAŻYNA      | 167 | NIGHT RUNNERS SŁUPSK | SŁUPSK               | POLSKA | K50-59 | 8      | K 66 | 00:09:42 | 00:20:35 | 00:31:09.45 | 6:14   | 9.6  |
| 67   | KOZŁOWIECKA MAŁGORZATA  | 120 |                      | KOSZALIN             | POLSKA | K50-59 | 9      | K 67 | 00:10:22 | 00:21:40 | 00:31:53.85 | 6:22   | 9.4  |
| 68   | BORSUK DOROTA           | 13  |                      | KOSZALIN             | POLSKA | K40-49 | 20     | K 68 | 00:10:31 | 00:21:33 | 00:32:01.95 | 6:24   | 9.4  |
| 69   | KOSIŃSKA MAŁGORZATA     | 113 | NA ZDROWIE TEAM      | SZCZECIN             | POLSKA | K50-59 | 10     | K 69 | 00:10:38 | 00:21:33 | 00:32:03.15 | 6:24   | 9.4  |
| 70   | WDOWIAK KATARZYNA       | 245 | WKURW_TEAM           | SZCZECINEK           | POLSKA | K30-39 | 28     | K 70 | 00:10:17 | 00:21:40 | 00:32:12.35 | 6:26   | 9.3  |
| 71   | GRZYSTEK MADZIA         | 61  | WQURW TEAM           | SITNI                | POLSKA | K30-39 | 29     | K 71 | 00:10:17 | 00:21:40 | 00:32:12.35 | 6:26   | 9.3  |
| 72   | PEŁKA IWONA             | 181 |                      | KOSZALIN             | POLSKA | K40-49 | 21     | K 72 | 00:11:15 | 00:22:28 | 00:32:15.00 | 6:27   | 9.3  |
| 73   | STANCZEWSKA KAROLINA    | 214 |                      | BIAŁOGARD            | POLSKA | K30-39 | 30     | K 73 | 00:10:24 | 00:21:35 | 00:32:35.90 | 6:31   | 9.2  |
| 74   | STASZYŃSKA MARIANNA     | 216 | BTC.,ORZEL,,         | BIAŁOGARD            | POLSKA | K60+   | 2      | K 74 | 00:10:39 | 00:22:02 | 00:32:56.20 | 6:35   | 9.1  |
| 75   | KŁOCZKO AGNIESZKA       | 105 |                      | WARSZAWA             | POLSKA | K14-17 | 4      | K 75 | 00:10:00 | 00:22:34 | 00:32:56.70 | 6:35   | 9.1  |
| 76   | KŁOCZKO BEATA           | 104 |                      | ŚWIDWIN              | POLSKA | K40-49 | 22     | K 76 | 00:10:27 | 00:22:33 | 00:33:31.15 | 6:42   | 9    |
| 77   | MEGGER AGATA            | 156 | ŻYJ Z ENERGIA        | SIEMIANICE           | POLSKA | K40-49 | 23     | K 77 | 00:10:55 | 00:22:49 | 00:33:53.65 | 6:46   | 8.8  |
| 78   | JANCZYŃSKA DOROTA       | 287 |                      | KOSZALIN             | POLSKA | K30-39 | 31     | K 78 | 00:11:07 | 00:22:52 | 00:34:00.70 | 6:48   | 8.8  |
| 79   | WEISS-SZULC BARBARA     | 288 |                      | KOSZALIN             | POLSKA | K40-49 | 24     | K 79 | 00:11:08 | 00:22:52 | 00:34:00.80 | 6:48   | 8.8  |
| 80   | NAWROCKA ANNA           | 286 |                      | KOSZALIN             | POLSKA | K18-29 | 9      | K 80 | 00:11:07 | 00:22:52 | 00:34:00.85 | 6:48   | 8.8  |
| 81   | MICHIEJEW-HANASZ MONIKA | 162 |                      | ROSNOWO              | POLSKA | K30-39 | 32     | K 81 | 00:11:11 | 00:23:08 | 00:34:30.35 | 6:54   | 8.7  |
| 82   | MAŚLACH JULIA           | 155 |                      | KOŁOBRZEG            | POLSKA | K14-17 | 5      | K 82 | 00:10:48 | 00:23:44 | 00:34:31.25 | 6:54   | 8.7  |
| 83   | LASKOWSKA MAGDALENA     | 134 |                      | SŁAWNO               | POLSKA | K30-39 | 33     | K 83 | 00:11:10 | 00:23:32 | 00:34:33.65 | 6:54   | 8.7  |
| 84   | LASKOWSKA KATARZYNA     | 133 |                      | SŁAWNO               | POLSKA | K40-49 | 25     | K 84 | 00:11:10 | 00:23:32 | 00:34:33.70 | 6:54   | 8.7  |
| 85   | MACIEJEWSKA AGNIESZKA   | 144 | SZTORM KOŁOBRZEG     | KOŁOBRZEG            | POLSKA | K14-17 | 6      | K 85 | 00:10:48 | 00:23:44 | 00:34:47.30 | 6:57   | 8.6  |
| 86   | ŁUBNIEWSKA NATALIA      | 141 | ANOX TEAM            | KOSZALIN             | POLSKA | K30-39 | 34     | K 86 | 00:11:16 | 00:24:05 | 00:35:54.65 | 7:11   | 8.4  |
| 87   | MAJEWSKA KATARZYNA      | 147 |                      | NOWE BIELICE         | POLSKA | K18-29 | 10     | K 87 | 00:12:28 | 00:26:18 | 00:39:16.70 | 7:51   | 7.6  |
| 88   | SZYSZKOWSKA KASIA       | 231 |                      | KOSZALIN             | POLSKA | K30-39 | 35     | K 88 | 00:13:14 | 00:26:58 | 00:39:30.50 | 7:54   | 7.6  |
| 89   | DAMPS JULITA            | 31  | NIGHT RUNNERS SŁUPSK | SŁUPSK               | POLSKA | K30-39 | 36     | K 89 | 00:13:57 | 00:28:35 | 00:41:36.50 | 8:19   | 7.2  |

## IX KOSZALIŃSKI BIEG SYLWESTROWY - 5 KM, M-OPEN

| M-ce | Nazwisko i imię     | Nr  | Klub                                        | M-scowość         | Kraj   | Kat.   | M. kat | K/M  | 1.71km   | 3.42km   | Netto       | min/km | km/h |
|------|---------------------|-----|---------------------------------------------|-------------------|--------|--------|--------|------|----------|----------|-------------|--------|------|
| 1    | SIÓDZIAK IGOR       | 209 | MKP SZCZECINEK / TRIATHLON                  | SZCZECINEK        | POLSKA | M18-29 | 1      | M 1  | 00:05:53 | 00:11:42 | 00:17:13.85 | 3:26   | 17.4 |
| 2    | WENT JAKUB          | 246 |                                             | ŁEBA              | POLSKA | M30-39 | 1      | M 2  | 00:06:05 | 00:12:04 | 00:17:16.55 | 3:27   | 17.4 |
| 3    | BORYCHOWSKI MARIUSZ | 285 |                                             | KOBYLNICZA        | POLSKA | M40-49 | 1      | M 3  | 00:05:53 | 00:11:45 | 00:17:21.50 | 3:28   | 17.3 |
| 4    | KĘPKA ADRIAN        | 95  |                                             | DARŁOWO / WIEKOWO | POLSKA | M18-29 | 2      | M 4  | 00:06:01 | 00:11:57 | 00:17:25.65 | 3:29   | 17.2 |
| 5    | ORZECZOWSKI KAMIL   | 173 | TKKF KOSZALIN                               | KOSZALIN          | POLSKA | M18-29 | 3      | M 5  | 00:06:01 | 00:12:04 | 00:17:54.45 | 3:34   | 16.8 |
| 6    | ZABORSKI RYSZARD    | 258 | TKKF KOSZALIN - ORKIESTRA WOJSKOWA          | KOSZALIN          | POLSKA | M40-49 | 2      | M 6  | 00:06:05 | 00:12:16 | 00:18:13.55 | 3:38   | 16.5 |
| 7    | RUDNIKOWSKI MACIEJ  | 202 | BIEGUZDROWISKOWY.PL                         | DARŁOWO           | POLSKA | M40-49 | 3      | M 7  | 00:06:11 | 00:12:38 | 00:18:39.05 | 3:43   | 16.1 |
| 8    | WOJTALIK ŁUKASZ     | 254 | POŁCZYN BIEGA                               | POŁCZYN ZDRÓJ     | POLSKA | M30-39 | 2      | M 8  | 00:06:10 | 00:12:38 | 00:18:50.10 | 3:46   | 15.9 |
| 9    | GOSTKOWSKI ŁUKASZ   | 58  | KB GOCH BYTÓW                               | BYTÓW             | POLSKA | M30-39 | 3      | M 9  | 00:06:33 | 00:13:11 | 00:19:10.90 | 3:50   | 15.6 |
| 10   | MUSIAŁ KRZYSZTOF    | 279 | TKK KOSZALIN                                | KOSZALIN          | POLSKA | M30-39 | 4      | M 10 | 00:06:35 | 00:13:13 | 00:19:13.30 | 3:50   | 15.6 |
| 11   | CZAPLIŃSKI JACEK    | 28  | TAGER KOSZALIN                              | KOSZALIN          | POLSKA | M30-39 | 5      | M 11 | 00:06:20 | 00:13:02 | 00:19:23.35 | 3:52   | 15.5 |
| 12   | ŻMUDA TOMASZ        | 266 | CW FANZA KOŁOBRZEG                          | SARBIA KOŁOBRZEG  | POLSKA | M40-49 | 4      | M 12 | 00:06:31 | 00:13:12 | 00:19:28.40 | 3:53   | 15.4 |
| 13   | WICHER KRZYSZTOF    | 248 | GABINET REHABILITACJI AKTYWNEJ / ADWOKATURA | KOSZALIN          | POLSKA | M30-39 | 6      | M 13 | 00:06:33 | 00:13:28 | 00:19:47.40 | 3:57   | 15.2 |
| 14   | WOJCIECHOWICZ JACEK | 253 | WWW.STUDIOTANCAPASJA.PL                     | KOSZALIN          | POLSKA | M30-39 | 7      | M 14 | 00:06:33 | 00:13:26 | 00:20:01.50 | 4:00   | 15   |
| 15   | STEBELSKI JASIEK    | 217 |                                             | KOSZALIN          | POLSKA | M18-29 | 4      | M 15 | 00:06:55 | 00:13:50 | 00:20:10.20 | 4:02   | 14.9 |
| 16   | SZYMAŃSKI PAWEŁ     | 228 |                                             | SZCZECIN          | POLSKA | M30-39 | 8      | M 16 | 00:06:05 | 00:13:19 | 00:20:13.05 | 4:02   | 14.8 |
| 17   | SEKRECKI MICHAŁ     | 208 | UAM TRIATHLON POZNAŃ                        | POZNAŃ            | POLSKA | M18-29 | 5      | M 17 | 00:06:50 | 00:13:57 | 00:20:25.60 | 4:05   | 14.7 |
| 18   | SABISZ KRZYSZTOF    | 272 |                                             | BYTÓW             | POLSKA | M30-39 | 9      | M 18 | 00:07:11 | 00:14:11 | 00:20:26.35 | 4:05   | 14.7 |
| 19   | ZWOLIŃSKI JAN       | 265 | TKKF KOSZALIN                               | WIERCISZEWO       | POLSKA | M40-49 | 5      | M 19 | 00:06:57 | 00:14:02 | 00:20:28.10 | 4:05   | 14.7 |
| 20   | JANKOWSKI GRZEGORZ  | 73  | ŚWIAT PŁYTEK U KRYSPIŃSKA                   | BYTÓW             | POLSKA | M40-49 | 6      | M 20 | 00:06:31 | 00:13:49 | 00:20:35.20 | 4:07   | 14.6 |

## IX KOSZALIŃSKI BIEG SYLWESTROWY - 5 KM, M-OPEN c.d.

| M-ce | Nazwisko i imię        | Nr  | Klub                                           | M-scowość               | Kraj   | Kat.   | M. kat | K/M  | 1.71km   | 3.42km   | Netto       | min/km | km/h |
|------|------------------------|-----|------------------------------------------------|-------------------------|--------|--------|--------|------|----------|----------|-------------|--------|------|
| 21   | KOSINSKI MATEUSZ       | 114 | DRUŻYNA SZPIKU                                 | SZCZECIN                | POLSKA | M18-29 | 6      | M 21 | 00:06:57 | 00:14:06 | 00:20:49.00 | 4:09   | 14.4 |
| 22   | ŁUKAWSKI MARIUSZ       | 143 | JW 1223                                        | CHAŁUPY                 | POLSKA | M18-29 | 7      | M 22 | 00:06:57 | 00:14:18 | 00:21:04.30 | 4:13   | 14.2 |
| 23   | KROCZYŃSKI SŁAWOMIR    | 125 | KB WYGAN                                       | KOŁOBRZEG               | POLSKA | M50-59 | 1      | M 23 | 00:06:59 | 00:14:20 | 00:21:06.25 | 4:13   | 14.2 |
| 24   | GAWRON PIOTR           | 50  | KB GOCH BYTÓW                                  | BYTÓW                   | POLSKA | M40-49 | 7      | M 24 | 00:07:18 | 00:14:32 | 00:21:14.30 | 4:14   | 14.1 |
| 25   | DESZCZ TOMASZ          | 70  |                                                | KOSZALIN                | POLSKA | M18-29 | 8      | M 25 | 00:07:08 | 00:14:38 | 00:21:18.05 | 4:15   | 14.1 |
| 26   | KISIELEWICZ KRZYSZTOF  | 99  | KORZYBSKIE REKINY                              | KORZYBIE                | POLSKA | M18-29 | 9      | M 26 | 00:06:57 | 00:14:18 | 00:21:18.65 | 4:15   | 14.1 |
| 27   | KOCZOROWSKI PAWEŁ      | 109 | POLNI WOJOWNICY USTKA                          | USTKA                   | POLAND | M40-49 | 8      | M 27 | 00:06:50 | 00:14:16 | 00:21:20.90 | 4:16   | 14.1 |
| 28   | SZULC AREK             | 280 |                                                | KOSZALIN                |        | M40-49 | 9      | M 28 | 00:07:27 | 00:14:41 | 00:21:21.40 | 4:16   | 14   |
| 29   | CHROSTEK ADAM          | 24  |                                                | POZNAŃ                  | POLSKA | M40-49 | 10     | M 29 | 00:07:12 | 00:14:35 | 00:21:25.30 | 4:17   | 14   |
| 30   | MUCHA KRZYSZTOF        | 166 |                                                | KOSZALIN                | POLSKA | M30-39 | 10     | M 30 | 00:07:14 | 00:14:46 | 00:21:36.40 | 4:19   | 13.9 |
| 31   | PIĄTKOWSKI GRZEGORZ    | 184 | WICHER RABINO                                  | RABINO                  | POLSKA | M18-29 | 10     | M 31 | 00:07:11 | 00:14:41 | 00:21:36.70 | 4:19   | 13.9 |
| 32   | WINKEL ŁUKASZ          | 252 |                                                | KOSZALIN                | POLSKA | M40-49 | 11     | M 32 | 00:07:12 | 00:14:32 | 00:21:37.00 | 4:19   | 13.9 |
| 33   | WÓJCIK DAMIAN          | 256 | RUNNERSWALDE DARŁOWO                           | DARŁOWO                 | POLSKA | M40-49 | 12     | M 33 | 00:07:18 | 00:14:46 | 00:21:43.10 | 4:20   | 13.8 |
| 34   | PRYGIEL JAROSŁAW       | 190 | 21 BLT ŚWIDWIN                                 | ŚWIDWIN                 | POLSKA | M40-49 | 13     | M 34 | 00:07:11 | 00:14:41 | 00:21:47.75 | 4:21   | 13.8 |
| 35   | IWANIEC DARIUSZ        | 71  | TKKF KOSZALIN                                  | SIERAKOWO               | POLSKA | M40-49 | 14     | M 35 | 00:07:16 | 00:14:50 | 00:21:49.85 | 4:22   | 13.7 |
| 36   | SZYM CZAK MICHAŁ       | 230 |                                                | SZCZECIN                | POLSKA | M30-39 | 11     | M 36 | 00:07:26 | 00:14:58 | 00:21:49.85 | 4:22   | 13.7 |
| 37   | RUSINEK ARTUR          | 204 | GABINET REHABILITACJI AKTYWNEJ                 | KOSZALIN                | POLSKA | M30-39 | 12     | M 37 | 00:07:05 | 00:14:42 | 00:21:55.55 | 4:23   | 13.7 |
| 38   | HAMAŁA MARCIN          | 63  | FREE BIRDS                                     | KOSZALIN                | POLSKA | M30-39 | 13     | M 38 | 00:07:04 | 00:14:38 | 00:21:55.80 | 4:23   | 13.7 |
| 39   | KRACZKOWSKI PRZEMYSŁAW | 122 |                                                | KOSZALIN                | POLSKA | M30-39 | 14     | M 39 | 00:07:16 | 00:14:50 | 00:21:58.35 | 4:23   | 13.7 |
| 40   | SULL KACPER            | 218 | NIGHT RUNNERS SŁUPSK                           | WODNICA                 | POLSKA | M18-29 | 11     | M 40 | 00:07:07 | 00:14:36 | 00:21:58.60 | 4:23   | 13.7 |
| 41   | SZYMAŃSKI PIOTR        | 227 | NAJLEPSZY                                      | POŁCZYN DRÓJ            | POLSKA | M30-39 | 15     | M 41 | 00:07:20 | 00:14:54 | 00:22:10.95 | 4:26   | 13.5 |
| 42   | ŻMUDA JAROSŁAW         | 268 | CW FANZA KOŁOBRZEG                             | KOŁOBRZEG               | POLSKA | M40-49 | 15     | M 42 | 00:07:16 | 00:15:00 | 00:22:11.15 | 4:26   | 13.5 |
| 43   | KAJKOWSKI RAFAŁ        | 87  | CENTRUM SZKOLENIA SIŁ POWIETRZNYCH<br>KOSZALIN | KOSZALIN                | POLSKA | M40-49 | 16     | M 43 | 00:07:12 | 00:14:46 | 00:22:15.75 | 4:27   | 13.5 |
| 44   | MAJCHER PRZEMEK        | 145 |                                                | TYCHOWO                 | POLSKA | M18-29 | 12     | M 44 | 00:07:47 | 00:15:21 | 00:22:16.45 | 4:27   | 13.5 |
| 45   | JĘDRASZCZYK MAREK      | 78  | WŁ SŁUPSK                                      | SŁUPSK                  | POLSKA | M40-49 | 17     | M 45 | 00:07:31 | 00:15:13 | 00:22:19.30 | 4:28   | 13.4 |
| 46   | OSTAFI ROBERT          | 175 | ATF TEAM                                       | REDŁO                   | POLSKA | M30-39 | 16     | M 46 | 00:07:35 | 00:15:16 | 00:22:19.40 | 4:27   | 13.4 |
| 47   | DOMASZK ZBIGNIEW       | 40  | ŚWIAT PLYTEK U KRYPINA                         | BYTÓW                   | POLSKA | M40-49 | 18     | M 47 | 00:07:21 | 00:15:09 | 00:22:22.05 | 4:28   | 13.4 |
| 48   | KUŁAKOWSKI DAWID       | 129 | TKKF KOSZALIN                                  | KOSZALIN                | POLSKA | M40-49 | 19     | M 48 | 00:07:37 | 00:15:27 | 00:22:23.75 | 4:28   | 13.4 |
| 49   | POMORYNKO KRZYSZTOF    | 189 |                                                | KOŁOBRZEG               | POLSKA | M30-39 | 17     | M 49 | 00:07:32 | 00:15:20 | 00:22:24.30 | 4:29   | 13.4 |
| 50   | HOC DARIUSZ            | 68  |                                                | KOŁOBRZEG               | POLSKA | M40-49 | 20     | M 50 | 00:07:37 | 00:15:21 | 00:22:27.60 | 4:29   | 13.4 |
| 51   | DROZDOWSKI MARCIN      | 41  | MORPOL                                         | KOSZALIN OSIEDLE ŁABUSZ | POLSKA | M18-29 | 13     | M 51 | 00:07:36 | 00:15:30 | 00:22:36.70 | 4:31   | 13.3 |
| 52   | RYCHŁOWSKI PIOTR       | 206 |                                                | MIERZYN                 | POLSKA | M30-39 | 18     | M 52 | 00:07:30 | 00:15:23 | 00:22:39.50 | 4:31   | 13.2 |
| 53   | KŁOS TOMASZ            | 106 |                                                | KALISZ POMORSKI         | POLSKA | M30-39 | 19     | M 53 | 00:07:33 | 00:15:22 | 00:22:45.80 | 4:33   | 13.2 |
| 54   | LICHACY MARCELI        | 138 | DARŁOWO                                        | DARŁOWO                 | POLSKA | M30-39 | 20     | M 54 | 00:07:49 | 00:15:44 | 00:22:54.00 | 4:34   | 13.1 |
| 55   | KOZIEŁ PAWEŁ           | 119 | WICHER RABINO                                  | RABINO                  | POLSKA | M30-39 | 21     | M 55 | 00:07:30 | 00:15:37 | 00:22:56.25 | 4:35   | 13.1 |
| 56   | SZYMAŃSKI PIOTR        | 229 |                                                | ROSNOWO                 | POLSKA | M40-49 | 21     | M 56 | 00:07:59 | 00:15:45 | 00:23:00.45 | 4:36   | 13   |
| 57   | POLAŃSKI NORBERT       | 188 | 21BLT                                          | ŚWIDWIN                 | POLSKA | M40-49 | 22     | M 57 | 00:07:38 | 00:15:37 | 00:23:01.10 | 4:36   | 13   |
| 58   | CHOŁUJ JAROSŁAW        | 22  | ROZBIEGANY KOSZALIN                            | KOSZALIN                | POLSKA | M40-49 | 23     | M 58 | 00:07:42 | 00:15:35 | 00:23:03.40 | 4:36   | 13   |
| 59   | GAŁECKI JACEK          | 47  | KARLINO BIEGAJ                                 | KARLINO                 | POLAND | M40-49 | 24     | M 59 | 00:07:40 | 00:15:44 | 00:23:11.20 | 4:38   | 12.9 |
| 60   | PĘKAŁA PIOTR           | 182 | ROZBIEGANY/WILKI KOSZALIN                      | KOSZALIN                | POLSKA | M40-49 | 25     | M 60 | 00:08:19 | 00:16:11 | 00:23:12.65 | 4:38   | 12.9 |
| 61   | MAJCHRZAK PAWEŁ        | 146 | KARLINO BIEGAJ                                 | KARLINO                 | POLSKA | M40-49 | 26     | M 61 | 00:07:38 | 00:15:42 | 00:23:13.50 | 4:38   | 12.9 |
| 62   | LAS MATEUSZ            | 132 |                                                | KOSZALIN                | POLSKA | M18-29 | 14     | M 62 | 00:07:43 | 00:15:49 | 00:23:18.10 | 4:39   | 12.9 |
| 63   | MICERSKI TOMASZ        | 159 | TKKF KOSZALIN                                  | KOSZALIN                | POLSKA | M40-49 | 27     | M 63 | 00:07:37 | 00:15:42 | 00:23:18.65 | 4:39   | 12.9 |
| 64   | KWIETNIEWSKI DANIEL    | 131 |                                                | KOSZALIN                | POLSKA | M30-39 | 22     | M 64 | 00:07:44 | 00:15:49 | 00:23:19.55 | 4:39   | 12.9 |
| 65   | STAŃCZYK SŁAWOMIR      | 215 | STARGARD. JA SIĘ NIE ŚCIGAM                    | STARGARD                | POLSKA | M18-29 | 15     | M 65 | 00:07:51 | 00:16:02 | 00:23:24.60 | 4:41   | 12.8 |
| 66   | WILKOWSKI KRZYSZTOF    | 251 |                                                | KOSZALIN                | POLSKA | M30-39 | 23     | M 66 | 00:08:19 | 00:16:10 | 00:23:24.90 | 4:40   | 12.8 |
| 67   | KAMYK PIOTR            | 88  | MH OPROGRAMOWANIE ERP<br>WWW.MH-INFORMATYKA.PL | KOSZALIN                | POLSKA | M30-39 | 24     | M 67 | 00:07:30 | 00:15:52 | 00:23:27.05 | 4:41   | 12.8 |
| 68   | KRUPIŃSKI KRZYSZTOF    | 126 | E-UROLOG.EU                                    | KOSZALIN                | POLSKA | M50-59 | 2      | M 68 | 00:07:55 | 00:15:59 | 00:23:27.15 | 4:41   | 12.8 |
| 69   | PICK TOMASZ            | 185 | MK KOSZALIN                                    | KOSZALIN                | POLSKA | M40-49 | 28     | M 69 | 00:08:07 | 00:16:16 | 00:23:34.15 | 4:42   | 12.7 |
| 70   | SKOWYRSKI JANUSZ       | 212 | TKKF KOSZALIN/ ALUPROFIL                       | BIESIEKIERZ             | POLSKA | M50-59 | 3      | M 70 | 00:07:55 | 00:15:58 | 00:23:34.45 | 4:42   | 12.7 |
| 71   | MARZEC ŁUKASZ          | 154 |                                                | KOSZALIN                | POLSKA | M30-39 | 25     | M 71 | 00:07:48 | 00:15:49 | 00:23:35.15 | 4:43   | 12.7 |
| 72   | RETERSKI DAMIAN        | 198 |                                                | KOSZALIN                | POLSKA | M14-17 | 1      | M 72 | 00:07:53 | 00:16:01 | 00:23:36.75 | 4:43   | 12.7 |
| 73   | SZULC SZYMON           | 225 | SZULC RUNNERS TEAM                             | BIAŁOGARD               | POLSKA | M30-39 | 26     | M 73 | 00:07:44 | 00:16:10 | 00:23:38.85 | 4:43   | 12.7 |
| 74   | MAKOWIECKI MARCIN      | 149 |                                                | PŁOTY                   | POLSKA | M30-39 | 27     | M 74 | 00:07:54 | 00:16:10 | 00:23:46.05 | 4:45   | 12.6 |
| 75   | NACHYŁA PAWEŁ          | 168 | DZIKI KOSZALIN                                 | KOSZALIN                | POLSKA | M30-39 | 28     | M 75 | 00:07:52 | 00:16:13 | 00:23:50.55 | 4:46   | 12.6 |



## IX KOSZALIŃSKI BIEG SYLWESTROWY - 5 KM, M-OPEN c.d.

| M-ce | Nazwisko i imię             | Nr  | Klub                                               | M-scowość      | Kraj   | Kat.   | M. kat | K/M   | 1.71km   | 3.42km   | Netto       | min/km | km/h |
|------|-----------------------------|-----|----------------------------------------------------|----------------|--------|--------|--------|-------|----------|----------|-------------|--------|------|
| 76   | URBANIAK SZYMON             | 237 |                                                    | WRZEŚNICA      | POLSKA | M18-29 | 16     | M 76  | 00:07:58 | 00:16:17 | 00:23:58.70 | 4:47   | 12.5 |
| 77   | KŁOCZKO ARKADIUSZ           | 103 |                                                    | ŚWIDWIN        | POLSKA | M40-49 | 29     | M 77  | 00:08:09 | 00:16:21 | 00:23:58.85 | 4:47   | 12.5 |
| 78   | KISIELIŃSKI IGOR            | 100 | TKKF KOSZALIN                                      | KOSZALIN       | POLSKA | M50-59 | 4      | M 78  | 00:08:06 | 00:16:16 | 00:23:59.95 | 4:48   | 12.5 |
| 79   | REPLAKOWSKI KRZYSZTOF       | 197 | WE RUN                                             | ROSNOWO        | POLSKA | M40-49 | 30     | M 79  | 00:08:21 | 00:16:28 | 00:24:00.05 | 4:48   | 12.5 |
| 80   | KANIOWSKI JACEK             | 89  | W.P.K. SŁOŃ TEAM                                   | SŁAWNO         | POLSKA | M40-49 | 31     | M 80  | 00:07:45 | 00:16:04 | 00:24:04.00 | 4:48   | 12.5 |
| 81   | ANTKOWIAK SEBASTIAN         | 2   | DB ACTIVE                                          | KOSZALIN       | POLSKA | M40-49 | 32     | M 81  | 00:07:42 | 00:16:05 | 00:24:04.45 | 4:48   | 12.5 |
| 82   | OTTO MICHAŁ                 | 177 |                                                    | BONIN          | POLSKA | M30-39 | 29     | M 82  | 00:08:10 | 00:16:29 | 00:24:06.75 | 4:49   | 12.4 |
| 83   | ŻUKOWSKI CEZARY             | 269 | MIGAWKOWE.PL                                       | KOSZALIN       | POLSKA | M30-39 | 30     | M 83  | 00:08:08 | 00:16:33 | 00:24:12.55 | 4:50   | 12.4 |
| 84   | KRASIŃSKI WITOLD            | 123 | JW 1223                                            | KOSZALIN       | POLSKA | M40-49 | 33     | M 84  | 00:08:10 | 00:16:31 | 00:24:14.05 | 4:50   | 12.4 |
| 85   | ZIELIŃSKI GRZEGORZ          | 260 |                                                    | STARE BIELICE  | POLSKA | M60-69 | 1      | M 85  | 00:07:49 | 00:16:16 | 00:24:18.10 | 4:51   | 12.3 |
| 86   | SKIBA ARTUR                 | 210 | ŚWIDWIŃSKIE STOWARZYSZENIE LOTNICTWA REKREACYJNEGO | ŚWIDWIN        | POLSKA | M40-49 | 34     | M 86  | 00:07:58 | 00:16:29 | 00:24:18.70 | 4:51   | 12.3 |
| 87   | ROGAŁA TOMASZ               | 200 |                                                    | MALECHOWO      | POLSKA | M30-39 | 31     | M 87  | 00:07:52 | 00:16:22 | 00:24:19.50 | 4:51   | 12.3 |
| 88   | PIECHOTA ROBERT             | 186 | ROZBIEGANY KOSZALIN                                | KOSZALIN       | POLSKA | M40-49 | 35     | M 88  | 00:07:47 | 00:16:39 | 00:24:20.70 | 4:52   | 12.3 |
| 89   | SZULC MAREK                 | 226 |                                                    | BIAŁOGARD      | POLSKA | M50-59 | 5      | M 89  | 00:07:56 | 00:16:27 | 00:24:28.85 | 4:53   | 12.3 |
| 90   | ADRYAN ADAM                 | 1   | CKB SŁUPSK                                         | SŁUPSK         | POLSKA | M40-49 | 36     | M 90  | 00:08:11 | 00:16:41 | 00:24:38.95 | 4:55   | 12.2 |
| 91   | KURŁOWICZ ROBERT            | 277 |                                                    | BIAŁOGARD      |        | M18-29 | 17     | M 91  | 00:08:25 | 00:16:59 | 00:24:40.70 | 4:56   | 12.2 |
| 92   | GLISZCZYŃSKI ŁUKASZ         | 53  | UKSN SPRINT SŁAWNO                                 | BYTÓW          | POLSKA | M18-29 | 18     | M 92  | 00:07:51 | 00:16:38 | 00:24:46.35 | 4:57   | 12.1 |
| 93   | KAZIMIEROWICZ RADOŚLAW      | 92  | VTT KOSZALIN                                       | KOSZALIN       | POLSKA | M30-39 | 32     | M 93  | 00:08:07 | 00:16:44 | 00:24:48.15 | 4:57   | 12.1 |
| 94   | RADZIŃSKI MARCEL            | 194 |                                                    | ŚWIEMINO       | POLSKA | M14-17 | 2      | M 94  | 00:07:20 | 00:16:05 | 00:24:50.25 | 4:58   | 12.1 |
| 95   | CAŁA BARTOSZ                | 19  | ŚWIAT PŁYTEK U KRYPINA                             | BYTÓW          | POLSKA | M30-39 | 33     | M 95  | 00:08:24 | 00:16:58 | 00:24:57.60 | 4:59   | 12   |
| 96   | GAWRYSIAK PRZEMYSŁAW        | 51  |                                                    | WŁODARKA       | POLSKA | M40-49 | 37     | M 96  | 00:07:58 | 00:16:20 | 00:25:01.65 | 5:00   | 12   |
| 97   | KOBUS PIOTR                 | 107 |                                                    | KOSZALIN       | POLSKA | M30-39 | 34     | M 97  | 00:08:12 | 00:16:48 | 00:25:03.10 | 5:00   | 12   |
| 98   | OSOBNAK RYSZARD             | 174 | ROZBIEGANY KOSZALIN                                | KOSZALIN       | POLSKA | M60-69 | 2      | M 98  | 00:08:19 | 00:17:02 | 00:25:04.85 | 5:01   | 12   |
| 99   | LEWANDOWSKI RAFAŁ           | 137 |                                                    | SZCZECINEK     | POLSKA | M40-49 | 38     | M 99  | 00:08:21 | 00:17:13 | 00:25:15.75 | 5:03   | 11.9 |
| 100  | DUDZIAK PIOTR               | 43  | FOR-REST-RUN KOSZALIN                              | KOSZALIN       | POLSKA | M40-49 | 39     | M 100 | 00:08:04 | 00:16:53 | 00:25:19.85 | 5:04   | 11.8 |
| 101  | KOWALCZYK PIOTR             | 117 |                                                    | KOSZALIN       | POLSKA | M30-39 | 35     | M 101 | 00:08:20 | 00:17:07 | 00:25:21.40 | 5:04   | 11.8 |
| 102  | ŚNIADECKI WOJCIECH          | 234 |                                                    | DARŁOWO        | POLSKA | M18-29 | 19     | M 102 | 00:07:49 | 00:16:45 | 00:25:22.40 | 5:04   | 11.8 |
| 103  | CHUDZIK ZBIGNIEW            | 25  | TKKF KOSZALIN                                      | STARE BIELICE  | POLSKA | M50-59 | 6      | M 103 | 00:08:38 | 00:17:17 | 00:25:23.85 | 5:04   | 11.8 |
| 104  | RUDZIŃSKI BRONISŁAW         | 203 |                                                    | KOSZALIN       | POLSKA | M60-69 | 3      | M 104 | 00:08:06 | 00:17:07 | 00:25:25.95 | 5:05   | 11.8 |
| 105  | BRESZKA MICHAŁ              | 15  | DARŁOWSKIE CHARTY                                  | DARŁOWO        | POLSKA | M14-17 | 3      | M 105 | 00:08:42 | 00:17:43 | 00:25:25.95 | 5:05   | 11.8 |
| 106  | HANASZ SEBASTIAN            | 64  |                                                    | ROSNOWO        | POLSKA | M40-49 | 40     | M 106 | 00:08:38 | 00:17:28 | 00:25:26.65 | 5:05   | 11.8 |
| 107  | JANUSZEWSKI JACEK           | 74  | 17 WOG KOSZALIN                                    | KOSZALIN       | POLSKA | M50-59 | 7      | M 107 | 00:08:12 | 00:17:04 | 00:25:29.30 | 5:06   | 11.8 |
| 108  | WYGANOWSKI ANDRZEJ          | 257 | WYGAN PO                                           | KOŁOBRZEG      | POLSKA | M70+   | 1      | M 108 | 00:08:43 | 00:17:32 | 00:25:32.05 | 5:06   | 11.7 |
| 109  | SZKOŁUDA MIŁOSZ             | 223 | DECATHLON KOSZALIN                                 | POLANÓW        | POLSKA | M18-29 | 20     | M 109 | 00:08:31 | 00:17:25 | 00:25:32.40 | 5:06   | 11.7 |
| 110  | KOZŁOWIECKI WALDEMAR        | 121 | TKKF KOSZALIN                                      | KOSZALIN       | POLSKA | M60-69 | 4      | M 110 | 00:08:26 | 00:17:19 | 00:25:32.65 | 5:06   | 11.7 |
| 111  | DUBACKI KAZIMIERZ STANISŁAW | 42  | NIGHT RUNNERS SŁUPSK                               | BORZĘCINO      | POLSKA | M40-49 | 41     | M 111 | 00:08:06 | 00:17:08 | 00:25:34.25 | 5:06   | 11.7 |
| 112  | MICHIEJEW JAKUB             | 161 |                                                    | ROSNOWO        | POLSKA | M14-17 | 4      | M 112 | 00:08:55 | 00:17:33 | 00:25:35.00 | 5:07   | 11.7 |
| 113  | GAWĘDA EMIL                 | 48  | GMINA DARŁOWO                                      | STARY JAROSŁAW | POLSKA | M30-39 | 36     | M 113 | 00:08:59 | 00:17:50 | 00:25:37.50 | 5:07   | 11.7 |
| 114  | JASIEŃSKI PIOTR             | 77  | SPARK                                              | KOSZALIN       | POLSKA | M40-49 | 42     | M 114 | 00:08:59 | 00:17:50 | 00:25:38.85 | 5:07   | 11.7 |
| 115  | WAŃSKI MICHAŁ               | 243 |                                                    | KOSZALIN       | POLSKA | M18-29 | 21     | M 115 | 00:08:10 | 00:17:21 | 00:25:40.45 | 5:08   | 11.7 |
| 116  | DOMAŃSKI ADAM               | 38  |                                                    | KOŁOBRZEG      | POLSKA | M40-49 | 43     | M 116 | 00:08:57 | 00:17:51 | 00:25:42.50 | 5:08   | 11.7 |
| 117  | ROGAŁA ŁUKASZ               | 201 | NIGHT RUNNERS SŁUPSK                               | SŁUPSK         | POLSKA | M30-39 | 37     | M 117 | 00:08:36 | 00:17:29 | 00:25:46.60 | 5:09   | 11.6 |
| 118  | PODSIADŁO MARCIN            | 271 |                                                    | KOSZALIN       |        | M30-39 | 38     | M 118 | 00:08:10 | 00:17:08 | 00:25:48.65 | 5:09   | 11.6 |
| 119  | RYCHLIŃSKI DAMIAN           | 205 |                                                    | SŁUPSK         | POLSKA | M30-39 | 39     | M 119 | 00:08:46 | 00:17:44 | 00:25:52.25 | 5:10   | 11.6 |
| 120  | GALICKI ROBERT              | 46  |                                                    | BOBOLICE       | POLSKA | M40-49 | 44     | M 120 | 00:09:13 | 00:18:15 | 00:26:07.65 | 5:13   | 11.5 |
| 121  | JUSIŃSKI SEBASTIAN          | 82  |                                                    | SŁAWOBORZE     | POLSKA | M40-49 | 45     | M 121 | 00:08:27 | 00:17:36 | 00:26:09.55 | 5:13   | 11.5 |
| 122  | KLENIEWSKI PIOTR            | 102 | ZACHODNIOPOMORSKIE                                 | KOSZALIN       | POLSKA | M50-59 | 8      | M 122 | 00:08:08 | 00:17:15 | 00:26:11.05 | 5:14   | 11.5 |
| 123  | DANOWSKI MACIEJ             | 32  | FITNESS CLUB FORMA                                 | BIAŁOGARD      | POLSKA | M40-49 | 46     | M 123 | 00:08:31 | 00:17:59 | 00:26:14.40 | 5:14   | 11.4 |
| 124  | OLEJNIK KRZYSZTOF           | 172 | ŻYTŃNIA TEAM                                       | KOSZALIN       | POLSKA | M14-17 | 5      | M 124 | 00:09:20 | 00:17:58 | 00:26:14.70 | 5:14   | 11.4 |
| 125  | BIELAŃSKI KRZYSZTOF         | 8   | 1958                                               | STARGARD       | POLSKA | M50-59 | 9      | M 125 | 00:08:42 | 00:17:46 | 00:26:17.60 | 5:15   | 11.4 |
| 126  | MOYS TOMASZ                 | 164 |                                                    | KOLINCZ        | POLSKA | M50-59 | 10     | M 126 | 00:08:32 | 00:17:48 | 00:26:18.60 | 5:15   | 11.4 |
| 127  | GAWLIK ARTUR                | 49  | BIEGNIJMY.PL                                       | KOSZALIN       | POLSKA | M30-39 | 40     | M 127 | 00:08:37 | 00:17:44 | 00:26:21.90 | 5:16   | 11.4 |
| 128  | DOMAŃSKI DOMINIK            | 283 |                                                    | M30-39         |        | M30-39 | 41     | M 128 | 00:08:57 | 00:18:02 | 00:26:25.95 | 5:17   | 11.3 |
| 129  | KOŁAKOWSKI DARIUSZ          | 110 | K.B.SPRINT ŚWIDWIN                                 | ŚWIDWIN        | POLSKA | M40-49 | 47     | M 129 | 00:09:02 | 00:18:09 | 00:26:27.50 | 5:17   | 11.3 |
| 130  | WILIŃSKI MAREK              | 250 | K.B.SPRINT ŚWIDWIN                                 | ŚWIDWIN        | POLSKA | M50-59 | 11     | M 130 | 00:09:03 | 00:18:10 | 00:26:28.35 | 5:17   | 11.3 |
| 131  | WĘCŁAWIAK MAREK             | 247 |                                                    | KOSZALIN       | POLSKA | M40-49 | 48     | M 131 | 00:08:26 | 00:17:42 | 00:26:28.45 | 5:17   | 11.3 |

## IX KOSZALIŃSKI BIEG SYLWESTROWY - 5 KM, M-OPEN c.d.

| M-ce | Nazwisko i imię        | Nr  | Klub                          | M-scowość            | Kraj   | Kat.   | M. kat | K/M   | 1.71km   | 3.42km   | Netto       | min/km | km/h |
|------|------------------------|-----|-------------------------------|----------------------|--------|--------|--------|-------|----------|----------|-------------|--------|------|
| 132  | BOGACKI TOMASZ         | 12  | TKKF KOSZALIN                 | KOSZALIN             | POLSKA | M50-59 | 12     | M 132 | 00:08:50 | 00:17:56 | 00:26:34.15 | 5:18   | 11.3 |
| 133  | MEGIER WOJCIECH        | 157 | ELEKTRONIK                    | KOSZALIN             | POLSKA | M50-59 | 13     | M 133 | 00:09:06 | 00:18:35 | 00:26:39.15 | 5:19   | 11.3 |
| 134  | KĘPKA MIROSLAW         | 94  | KB SPRINT ŚWIDWIN             | ŚWIDWIN              | POLSKA | M40-49 | 49     | M 134 | 00:09:02 | 00:18:11 | 00:26:41.70 | 5:20   | 11.2 |
| 135  | DEREŃ GRZEGORZ         | 35  | K.B.SPRINT ŚWIDWIN            | ŚWIDWIN              | POLSKA | M40-49 | 50     | M 135 | 00:08:57 | 00:18:12 | 00:26:42.20 | 5:20   | 11.2 |
| 136  | CZERŃNIAK GRACJAN      | 29  |                               | KOSZALIN             | POLSKA | M30-39 | 42     | M 136 | 00:08:53 | 00:18:08 | 00:26:45.05 | 5:21   | 11.2 |
| 137  | JUSZCZAK KRZYSZTOF     | 83  |                               | KOSZALIN             | POLSKA | M60-69 | 5      | M 137 | 00:08:41 | 00:17:55 | 00:26:47.30 | 5:21   | 11.2 |
| 138  | KAZIMIERCZAK LESZEK    | 282 |                               |                      |        | M30-39 | 43     | M 138 | 00:08:59 | 00:18:13 | 00:26:52.00 | 5:22   | 11.2 |
| 139  | GUTOWSKI SEBASTIAN     | 62  | GUCIOR-RUN                    | ŚWIDWIN              | POLSKA | M40-49 | 51     | M 139 | 00:08:55 | 00:18:18 | 00:26:52.80 | 5:22   | 11.2 |
| 140  | KACZMAREK ŁUKASZ       | 85  | WOJOWNICY WODY                | KOSZALIN             | POLSKA | M30-39 | 44     | M 140 | 00:08:58 | 00:18:12 | 00:26:56.40 | 5:23   | 11.1 |
| 141  | PACAN BARTOSZ          | 179 | ŚWIAT PŁYTEK U KRYPINA        | BYTÓW                | POLSKA | M30-39 | 45     | M 141 | 00:09:22 | 00:18:41 | 00:26:58.65 | 5:23   | 11.1 |
| 142  | TURCZYN GRZEGORZ       | 236 | NIGHT RUNNERS SŁUPSK          | SŁUPSKA              | POLSKA | M40-49 | 52     | M 142 | 00:09:07 | 00:18:22 | 00:26:59.55 | 5:23   | 11.1 |
| 143  | KUPREWICZ GRZEGORZ     | 281 |                               | KOSZALIN             |        | M30-39 | 46     | M 143 | 00:08:52 | 00:18:20 | 00:27:02.20 | 5:24   | 11.1 |
| 144  | KINOWSKI KAROL         | 98  | DON'T TREAD ON ME!            | KOSZALIN             | POLSKA | M40-49 | 53     | M 144 | 00:09:23 | 00:18:45 | 00:27:02.70 | 5:24   | 11.1 |
| 145  | BODO RAFAŁ             | 10  |                               | KOSZALIN             |        | M30-39 | 47     | M 145 | 00:08:46 | 00:18:16 | 00:27:21.10 | 5:28   | 11   |
| 146  | KACZYŃSKI HENRYK       | 86  |                               | GRYFICE              |        | M60-69 | 6      | M 146 | 00:08:52 | 00:18:26 | 00:27:22.95 | 5:28   | 11   |
| 147  | ŚLEDŹ ANDRZEJ          | 233 | WŁ SŁUPSK                     | SŁUPSK               |        | M40-49 | 54     | M 147 | 00:08:44 | 00:18:29 | 00:27:24.30 | 5:28   | 10.9 |
| 148  | GOERIG MICHAŁ          | 56  |                               | KOSZALIN             |        | M30-39 | 48     | M 148 | 00:09:08 | 00:18:38 | 00:27:25.45 | 5:29   | 10.9 |
| 149  | SOŁTYSIAK MATEUSZ      | 213 | KARLINO BIEGAJ                | KARLINO              |        | M14-17 | 6      | M 149 | 00:08:38 | 00:18:22 | 00:27:34.15 | 5:30   | 10.9 |
| 150  | GRĄBCZEWSKI RAFAŁ      | 59  | JW 1223                       | KŁOS                 |        | M30-39 | 49     | M 150 | 00:09:06 | 00:18:37 | 00:27:41.20 | 5:32   | 10.8 |
| 151  | SKOWROŃSKI PAWEŁ       | 211 | WARSZAWA                      | WARSZAWA             |        | M30-39 | 50     | M 151 | 00:09:06 | 00:18:37 | 00:27:41.65 | 5:32   | 10.8 |
| 152  | GŁOWACKI WŁODZIMIERZ   | 54  |                               | KOSZALIN             |        | M70+   | 2      | M 152 | 00:09:02 | 00:18:46 | 00:27:42.40 | 5:32   | 10.8 |
| 153  | DOMAŃSKI KRZYSZTOF     | 39  |                               | KOŁOBRZEG            |        | M14-17 | 7      | M 153 | 00:09:29 | 00:18:58 | 00:27:50.85 | 5:34   | 10.8 |
| 154  | KOPCZYŃSKI MICHAŁ      | 111 | JW1224                        | KOSZALIN             |        | M30-39 | 51     | M 154 | 00:09:02 | 00:18:49 | 00:27:53.25 | 5:34   | 10.8 |
| 155  | DZIESZUK DAREK         | 270 | TKKF KOSZALIN                 | KOSZALINTKK KOSZALIN |        | M40-49 | 55     | M 155 | 00:09:45 | 00:19:28 | 00:27:54.65 | 5:34   | 10.8 |
| 156  | WIECKOWSKI MACIEJ      | 276 |                               | KARLINO              |        | M30-39 | 52     | M 156 | 00:09:20 | 00:19:04 | 00:27:55.70 | 5:35   | 10.7 |
| 157  | ZIELIŃSKI TOMASZ       | 261 |                               | KOŁOBRZEG            |        | M40-49 | 56     | M 157 | 00:08:57 | 00:18:57 | 00:28:01.85 | 5:36   | 10.7 |
| 158  | KARNICKI ZYGMUNT       | 91  | TKKF KOSZALIN                 | KOSZALIN             |        | M60-69 | 7      | M 158 | 00:09:45 | 00:19:28 | 00:28:10.00 | 5:38   | 10.7 |
| 159  | ZIELIŃSKI JAROSŁAW     | 259 | AMATOR                        | BIAŁOGARD            |        | M40-49 | 57     | M 159 | 00:08:51 | 00:18:49 | 00:28:30.15 | 5:42   | 10.5 |
| 160  | SZYSZKOWSKI TOMASZ     | 232 | ROZBIEGANY KOSZALIN           | KOSZALIN             |        | M30-39 | 53     | M 160 | 00:08:42 | 00:18:52 | 00:28:30.25 | 5:42   | 10.5 |
| 161  | JAROSZ JAKUB           | 75  | TKKF KOSZALIN                 | SUCHA KOSZALIŃSKA    |        | M18-29 | 22     | M 161 | 00:09:44 | 00:19:29 | 00:28:45.40 | 5:45   | 10.4 |
| 162  | CZUB MACIEJ            | 30  |                               | KOSZALIN             |        | M18-29 | 23     | M 162 | 00:09:26 | 00:19:17 | 00:28:47.95 | 5:45   | 10.4 |
| 163  | JĘDRZEJEWSKI KRZYSZTOF | 80  |                               | KOSZALIN             |        | M30-39 | 54     | M 163 | 00:09:00 | 00:19:32 | 00:28:54.70 | 5:46   | 10.4 |
| 164  | TRZEŚNIEWSKI ZBIGNIEW  | 235 |                               | KOSZALIN             |        | M50-59 | 14     | M 164 | 00:09:43 | 00:19:30 | 00:28:59.75 | 5:48   | 10.3 |
| 165  | HNATOWSKI ARTUR        | 67  | SZYBKIE STOPY                 | KOSZALIN             |        | M40-49 | 58     | M 165 | 00:09:18 | 00:19:13 | 00:29:08.95 | 5:49   | 10.3 |
| 166  | WIERZBICKI KACPER      | 249 |                               | KOSZALIN             |        | M18-29 | 24     | M 166 | 00:09:44 | 00:19:46 | 00:29:09.70 | 5:50   | 10.3 |
| 167  | JARZYNA JAROSŁAW       | 76  | PADRE TEAM                    | ROSNOWO              |        | M50-59 | 15     | M 167 | 00:09:29 | 00:19:47 | 00:29:21.00 | 5:52   | 10.2 |
| 168  | HELLER ZDZISŁAW        | 66  | NIEZRZESZONY                  | KOSZALIN             |        | M60-69 | 8      | M 168 | 00:09:41 | 00:19:44 | 00:29:30.30 | 5:54   | 10.2 |
| 169  | BASIAK KRYSZTIAN       | 4   | JW 1223                       | KOSZALIN             |        | M30-39 | 55     | M 169 | 00:09:44 | 00:19:47 | 00:29:38.75 | 5:55   | 10.1 |
| 170  | HRYCIÓW PAWEŁ          | 69  | JW 1223                       | BIAŁOGARD            |        | M30-39 | 56     | M 170 | 00:09:46 | 00:19:48 | 00:29:38.90 | 5:55   | 10.1 |
| 171  | KOWALSKI MAREK         | 118 |                               | BOBOLICE             |        | M40-49 | 59     | M 171 | 00:09:36 | 00:19:57 | 00:29:43.70 | 5:56   | 10.1 |
| 172  | FRASZKIEWICZ JAROSŁAW  | 45  |                               | KOSZALIN             |        | M40-49 | 60     | M 172 | 00:09:47 | 00:20:13 | 00:29:52.80 | 5:58   | 10   |
| 173  | CICHOSZ JERZY          | 26  |                               | KOSZALIN             |        | M70+   | 3      | M 173 | 00:09:52 | 00:20:03 | 00:29:53.60 | 5:58   | 10   |
| 174  | PŁOTKA GRZEGORZ        | 187 |                               | KOSZALIN             |        | M30-39 | 57     | M 174 | 00:09:39 | 00:20:10 | 00:30:13.30 | 6:02   | 9.9  |
| 175  | SZKATULSKI TOMASZ      | 222 | RUNNERSWALDE DARŁOWO          | DARŁOWO              |        | M18-29 | 25     | M 175 | 00:10:00 | 00:20:34 | 00:30:20.65 | 6:04   | 9.9  |
| 176  | BRESZKA PAWEŁ          | 14  | DARŁOWSKIE CHARTY             | DARŁOWO              |        | M40-49 | 61     | M 176 | 00:10:00 | 00:20:34 | 00:30:21.60 | 6:04   | 9.9  |
| 177  | BIELAŃSKI MIREK        | 7   | STARGARD                      | STARGARD             |        | M50-59 | 16     | M 177 | 00:09:59 | 00:20:49 | 00:30:46.00 | 6:09   | 9.8  |
| 178  | ŁUBNIEWSKI ARKADIUSZ   | 142 | ANOX TEAM                     | KOSZALIN             |        | M30-39 | 58     | M 178 | 00:10:29 | 00:21:26 | 00:31:38.45 | 6:19   | 9.5  |
| 179  | WALKOWIAK DARIUSZ      | 242 |                               | KROKOWO              |        | M40-49 | 62     | M 179 | 00:09:51 | 00:21:31 | 00:32:43.55 | 6:32   | 9.2  |
| 180  | NOWAK PIOTR            | 169 |                               | KOSZALIN             |        | M30-39 | 59     | M 180 | 00:09:45 | 00:22:02 | 00:33:04.65 | 6:37   | 9.1  |
| 181  | PASEK JAN              | 180 | KLUB BIEGOWY JANTAR ŚWIESZYNO | DUNOWO               |        | M60-69 | 9      | M 181 | 00:10:43 | 00:22:12 | 00:33:05.35 | 6:37   | 9.1  |
| 182  | HAUSMAN ANDRZEJ        | 65  | KSR ROWERIA                   | KOSZALIN             |        | M60-69 | 10     | M 182 | 00:11:13 | 00:24:09 | 00:35:58.15 | 7:11   | 8.3  |
| 183  | BARTNIK MARIAN         | 3   | TKKF KOSZALIN                 | KOSZALIN             |        | M70+   | 4      | M 183 | 00:13:27 | 00:27:53 | 00:42:01.10 | 8:24   | 7.1  |

**IX KOSZALIŃSKI BIEG SYLWESTROWY - 5 KM, K14-17**

| M-ce | Nazwisko i imię       | Nr  | Klub             | M-scowość | Kraj   | Kat.   | M. kat | K/M  | 1.71km   | 3.42km   | Netto       | min/km | km/h |
|------|-----------------------|-----|------------------|-----------|--------|--------|--------|------|----------|----------|-------------|--------|------|
| 1    | HRYCYK ANNA           | 274 |                  | KOŁOBRZEG | POLSKA | K14-17 | 1      | K 1  | 00:06:33 | 00:13:26 | 00:19:53.70 | 3:58   | 15.1 |
| 2    | MEJER ALEKSANDRA      | 158 |                  | ROSNOWO   | POLSKA | K14-17 | 2      | K 14 | 00:07:54 | 00:16:37 | 00:24:34.40 | 4:55   | 12.2 |
| 3    | PIASECKA DAGMARA      | 183 |                  | TYCHOWO   | POLSKA | K14-17 | 3      | K 31 | 00:09:07 | 00:18:22 | 00:27:01.40 | 5:24   | 11.1 |
| 4    | KŁOCZKO AGNIESZKA     | 105 |                  | WARSZAWA  | POLSKA | K14-17 | 4      | K 75 | 00:10:00 | 00:22:34 | 00:32:56.70 | 6:35   | 9.1  |
| 5    | MAŚLACH JULIA         | 155 |                  | KOŁOBRZEG | POLSKA | K14-17 | 5      | K 82 | 00:10:48 | 00:23:44 | 00:34:31.25 | 6:54   | 8.7  |
| 6    | MACIEJEWSKA AGNIESZKA | 144 | SZTORM KOŁOBRZEG | KOŁOBRZEG | POLSKA | K14-17 | 6      | K 85 | 00:10:48 | 00:23:44 | 00:34:47.30 | 6:57   | 8.6  |

**IX KOSZALIŃSKI BIEG SYLWESTROWY - 5 KM, M14-17**

| M-ce | Nazwisko i imię    | Nr  | Klub              | M-scowość | Kraj   | Kat.   | M. kat | K/M   | 1.71km   | 3.42km   | Netto       | min/km | km/h |
|------|--------------------|-----|-------------------|-----------|--------|--------|--------|-------|----------|----------|-------------|--------|------|
| 1    | RETERSKI DAMIAN    | 198 |                   | KOSZALIN  | POLSKA | M14-17 | 1      | M 72  | 00:07:53 | 00:16:01 | 00:23:36.75 | 4:43   | 12.7 |
| 2    | RADZIMSKI MARCEL   | 194 |                   | ŚWIEMINO  | POLSKA | M14-17 | 2      | M 94  | 00:07:20 | 00:16:05 | 00:24:50.25 | 4:58   | 12.1 |
| 3    | BRESZKA MICHAŁ     | 15  | DARŁOWSKIE CHARTY | DARŁOWO   | POLSKA | M14-17 | 3      | M 105 | 00:08:42 | 00:17:43 | 00:25:25.95 | 5:05   | 11.8 |
| 4    | MICHIEJEW JAKUB    | 161 |                   | ROSNOWO   | POLSKA | M14-17 | 4      | M 112 | 00:08:55 | 00:17:33 | 00:25:35.00 | 5:07   | 11.7 |
| 5    | OLEJNIK KRZYSZTOF  | 172 | ŻYTNI TEAM        | KOSZALIN  | POLSKA | M14-17 | 5      | M 124 | 00:09:20 | 00:17:58 | 00:26:14.70 | 5:14   | 11.4 |
| 6    | SOLTYSIAK MATEUSZ  | 213 | KARLINO BIEGAJ    | KARLINO   | POLSKA | M14-17 | 6      | M 149 | 00:08:38 | 00:18:22 | 00:27:34.15 | 5:30   | 10.9 |
| 7    | DOMAŃSKI KRZYSZTOF | 39  |                   | KOŁOBRZEG | POLSKA | M14-17 | 7      | M 153 | 00:09:29 | 00:18:58 | 00:27:50.85 | 5:34   | 10.8 |

**IX KOSZALIŃSKI BIEG SYLWESTROWY - 5 KM, K18-29**

| M-ce | Nazwisko i imię             | Nr  | Klub               | M-scowość    | Kraj   | Kat.   | M. kat | K/M  | 1.71km   | 3.42km   | Netto       | min/km | km/h |
|------|-----------------------------|-----|--------------------|--------------|--------|--------|--------|------|----------|----------|-------------|--------|------|
| 1    | BORYCHOWSKA MARLENA         | 284 |                    | KOBYLNICIA   |        | K18-29 | 1      | K 2  | 00:06:58 | 00:14:07 | 00:20:54.70 | 4:11   | 14.3 |
| 2    | SZNYTER SABINA              | 224 | DECATHLON KOSZALIN | POLANÓW      | POLSKA | K18-29 | 2      | K 19 | 00:08:31 | 00:17:25 | 00:25:32.05 | 5:06   | 11.7 |
| 3    | ŁOZIŃSKA KAROLINA           | 140 |                    | KOSZALIN     | POLSKA | K18-29 | 3      | K 24 | 00:08:52 | 00:18:00 | 00:26:26.20 | 5:17   | 11.3 |
| 4    | MALINOWSKA-BURDA ALEKSANDRA | 151 |                    | KOSZALIN     | POLSKA | K18-29 | 4      | K 35 | 00:09:21 | 00:19:03 | 00:27:49.65 | 5:34   | 10.8 |
| 5    | BURSZTA MARTA               | 18  | KARLINO BIEGAJ     | KARLINO      | POLSKA | K18-29 | 5      | K 38 | 00:09:20 | 00:19:04 | 00:27:55.10 | 5:35   | 10.7 |
| 6    | SZEWCZYK PAULINA            | 221 |                    | WOJNOWO      | POLSKA | K18-29 | 6      | K 41 | 00:09:26 | 00:19:16 | 00:28:07.50 | 5:37   | 10.7 |
| 7    | REGENT KATARZYNA            | 195 |                    | KOSZALIN     | POLSKA | K18-29 | 7      | K 58 | 00:10:13 | 00:20:42 | 00:30:25.05 | 6:05   | 9.9  |
| 8    | KOWAL NATALIA               | 116 |                    | BONIN        | POLSKA | K18-29 | 8      | K 61 | 00:09:22 | 00:20:35 | 00:30:45.75 | 6:09   | 9.8  |
| 9    | NAWROCKA ANNA               | 286 |                    | KOSZALIN     |        | K18-29 | 9      | K 80 | 00:11:07 | 00:22:52 | 00:34:00.85 | 6:48   | 8.8  |
| 10   | MAJEWSKA KATARZYNA          | 147 |                    | NOWE BIELICE | POLSKA | K18-29 | 10     | K 87 | 00:12:28 | 00:26:18 | 00:39:16.70 | 7:51   | 7.6  |

**IX KOSZALIŃSKI BIEG SYLWESTROWY - 5 KM, M18-29**

| M-ce | Nazwisko i imię       | Nr  | Klub                        | M-scowość               | Kraj   | Kat.   | M. kat | K/M  | 1.71km   | 3.42km   | Netto       | min/km | km/h |
|------|-----------------------|-----|-----------------------------|-------------------------|--------|--------|--------|------|----------|----------|-------------|--------|------|
| 1    | SIÓDZIAK IGOR         | 209 | MKP SZCZECINEK / TRIATHLON  | SZCZECINEK              | POLSKA | M18-29 | 1      | M 1  | 00:05:53 | 00:11:42 | 00:17:13.85 | 3:26   | 17.4 |
| 2    | KĘPKA ADRIAN          | 95  |                             | DARŁOWO / WIEKOWO       | POLSKA | M18-29 | 2      | M 4  | 00:06:01 | 00:11:57 | 00:17:25.65 | 3:29   | 17.2 |
| 3    | ORZECHOWSKI KAMIL     | 173 | TKKF KOSZALIN               | KOSZALIN                | POLSKA | M18-29 | 3      | M 5  | 00:06:01 | 00:12:04 | 00:17:54.45 | 3:34   | 16.8 |
| 4    | STEBELSKI JASIEK      | 217 |                             | KOSZALIN                | POLSKA | M18-29 | 4      | M 15 | 00:06:55 | 00:13:50 | 00:20:10.20 | 4:02   | 14.9 |
| 5    | SEKRECKI MICHAŁ       | 208 | UAM TRIATHLON POZNAŃ        | POZNAŃ                  | POLSKA | M18-29 | 5      | M 17 | 00:06:50 | 00:13:57 | 00:20:25.60 | 4:05   | 14.7 |
| 6    | KOSIŃSKI MATEUSZ      | 114 | DRUŻYNA SZPIKU              | SZCZECIN                | POLSKA | M18-29 | 6      | M 21 | 00:06:57 | 00:14:06 | 00:20:49.00 | 4:09   | 14.4 |
| 7    | ŁUKAWSKI MARIUSZ      | 143 | JW 1223                     | CHAŁUPY                 | POLSKA | M18-29 | 7      | M 22 | 00:06:57 | 00:14:18 | 00:21:04.30 | 4:13   | 14.2 |
| 8    | DESZCZ TOMASZ         | 70  |                             | KOSZALIN                | POLSKA | M18-29 | 8      | M 25 | 00:07:08 | 00:14:38 | 00:21:18.05 | 4:15   | 14.1 |
| 9    | KISIELEWICZ KRZYSZTOF | 99  | KORZYBSKIE REKINY           | KORZYBIE                | POLSKA | M18-29 | 9      | M 26 | 00:06:57 | 00:14:18 | 00:21:18.65 | 4:15   | 14.1 |
| 10   | PIĄTKOWSKI GRZEGORZ   | 184 | WICHER RABINO               | RABINO                  | POLSKA | M18-29 | 10     | M 31 | 00:07:11 | 00:14:41 | 00:21:36.70 | 4:19   | 13.9 |
| 11   | SULL KACPER           | 218 | NIGHT RUNNERS ŚLUPSK        | WODNICA                 | POLSKA | M18-29 | 11     | M 40 | 00:07:07 | 00:14:36 | 00:21:58.60 | 4:23   | 13.7 |
| 12   | MAJCHER PRZEMEK       | 145 |                             | TYCHOWO                 | POLSKA | M18-29 | 12     | M 44 | 00:07:47 | 00:15:21 | 00:22:16.45 | 4:27   | 13.5 |
| 13   | DROZDOWSKI MARCIN     | 41  | MORPOL                      | KOSZALIN OSIEDLE ŁABUSZ | POLSKA | M18-29 | 13     | M 51 | 00:07:36 | 00:15:30 | 00:22:36.70 | 4:31   | 13.3 |
| 14   | LAS MATEUSZ           | 132 |                             | KOSZALIN                | POLSKA | M18-29 | 14     | M 62 | 00:07:43 | 00:15:49 | 00:23:18.10 | 4:39   | 12.9 |
| 15   | STAŃCZYK SŁAWOMIR     | 215 | STARGARD. JA SIĘ NIE ŚCIGAM | STARGARD                | POLSKA | M18-29 | 15     | M 65 | 00:07:51 | 00:16:02 | 00:23:24.60 | 4:41   | 12.8 |
| 16   | URBANIAK SZYMON       | 237 |                             | WRZEŚNICA               | POLSKA | M18-29 | 16     | M 76 | 00:07:58 | 00:16:17 | 00:23:58.70 | 4:47   | 12.5 |
| 17   | KURŁOWICZ ROBERT      | 277 |                             | BIAŁOGARD               |        | M18-29 | 17     | M 91 | 00:08:25 | 00:16:59 | 00:24:40.70 | 4:56   | 12.2 |

**IX KOSZALIŃSKI BIEG SYLWESTROWY - 5 KM, M18-29 c.d.**

| M-ce | Nazwisko i imię     | Nr  | Klub                 | M-scowość         | Kraj   | Kat.   | M. kat | K/M   | 1.71km   | 3.42km   | Netto       | min/km | km/h |
|------|---------------------|-----|----------------------|-------------------|--------|--------|--------|-------|----------|----------|-------------|--------|------|
| 18   | GLISZCZYŃSKI ŁUKASZ | 53  | UKSN SPRINT SŁAWNO   | BYTÓW             | POLSKA | M18-29 | 18     | M 92  | 00:07:51 | 00:16:38 | 00:24:46.35 | 4:57   | 12.1 |
| 19   | ŚNIADECKI WOJCIECH  | 234 |                      | DARŁOWO           | POLSKA | M18-29 | 19     | M 102 | 00:07:49 | 00:16:45 | 00:25:22.40 | 5:04   | 11.8 |
| 20   | SZKOŁUDA MIŁOSZ     | 223 | DECATHLON KOSZALIN   | POLANÓW           | POLSKA | M18-29 | 20     | M 109 | 00:08:31 | 00:17:25 | 00:25:32.40 | 5:06   | 11.7 |
| 21   | WAŃSKI MICHAŁ       | 243 |                      | KOSZALIN          | POLSKA | M18-29 | 21     | M 115 | 00:08:10 | 00:17:21 | 00:25:40.45 | 5:08   | 11.7 |
| 22   | JAROSZ JAKUB        | 75  | TKKF KOSZALIN        | SUCHA KOSZALIŃSKA | POLSKA | M18-29 | 22     | M 161 | 00:09:44 | 00:19:29 | 00:28:45.40 | 5:45   | 10.4 |
| 23   | CZUB MACIEJ         | 30  |                      | KOSZALIN          | POLSKA | M18-29 | 23     | M 162 | 00:09:26 | 00:19:17 | 00:28:47.95 | 5:45   | 10.4 |
| 24   | WIERZBICKI KACPER   | 249 |                      | KOSZALIN          | POLSKA | M18-29 | 24     | M 166 | 00:09:44 | 00:19:46 | 00:29:09.70 | 5:50   | 10.3 |
| 25   | SZKATULSKI TOMASZ   | 222 | RUNNERSWALDE DARŁOWO | DARŁOWO           | POLSKA | M18-29 | 25     | M 175 | 00:10:00 | 00:20:34 | 00:30:20.65 | 6:04   | 9.9  |

**IX KOSZALIŃSKI BIEG SYLWESTROWY - 5 KM, K30-39**

| M-ce | Nazwisko i imię             | Nr  | Klub                           | M-scowość           | Kraj   | Kat.   | M. kat | K/M  | 1.71km   | 3.42km   | Netto       | min/km | km/h |
|------|-----------------------------|-----|--------------------------------|---------------------|--------|--------|--------|------|----------|----------|-------------|--------|------|
| 1    | JĘDRASZKO MAGDA             | 79  | MTS HAMER                      | MIĄSTKO             | POLSKA | K30-39 | 1      | K 3  | 00:07:33 | 00:15:13 | 00:22:22.65 | 4:28   | 13.4 |
| 2    | SZABLA EWELINA              | 220 | TKKF KOSZALIN                  | KOSZALIN            | POLSKA | K30-39 | 2      | K 4  | 00:07:30 | 00:15:17 | 00:22:38.05 | 4:31   | 13.3 |
| 3    | DOLNA EWELINA               | 36  | KSK KOŁCZYGŁOWY                | KOŁCZYGŁOWY         | POLSKA | K30-39 | 3      | K 5  | 00:07:46 | 00:15:42 | 00:22:51.80 | 4:34   | 13.1 |
| 4    | KĘSIK AGNIESZKA             | 96  | ŚWIAT PŁYTEK U KRYSPIŃSKA      | SŁUPSK              | POLSKA | K30-39 | 4      | K 6  | 00:07:24 | 00:15:25 | 00:23:06.10 | 4:37   | 13   |
| 5    | NOWODWORSKA JUSTYNA         | 171 | ŚCIGAŁ TEAM                    | BYTÓW               | POLSKA | K30-39 | 5      | K 7  | 00:07:55 | 00:15:56 | 00:23:08.05 | 4:37   | 13   |
| 6    | MIGALSKA STANKIEWICZ LUCYNA | 163 |                                | GRYFICE             | POLSKA | K30-39 | 6      | K 8  | 00:07:34 | 00:15:44 | 00:23:15.55 | 4:39   | 12.9 |
| 7    | WOŹNIAK MONIKA              | 255 |                                | SIEMIANICE          | POLSKA | K30-39 | 7      | K 10 | 00:07:34 | 00:15:51 | 00:23:35.30 | 4:43   | 12.7 |
| 8    | CAŁA MAŁGORZATA             | 20  | ŚWIAT PŁYTEK U KRYSPIŃSKA      | BYTÓW               | POLSKA | K30-39 | 8      | K 16 | 00:08:24 | 00:16:58 | 00:24:57.50 | 4:59   | 12   |
| 9    | KUBICKA KAROLINA            | 128 |                                | SZCZECIN            | POLSKA | K30-39 | 9      | K 17 | 00:08:21 | 00:17:10 | 00:25:22.90 | 5:04   | 11.8 |
| 10   | ZIÓŁKOWSKA GOSIA            | 262 |                                | KOSZALIN            | POLSKA | K30-39 | 10     | K 20 | 00:08:28 | 00:17:19 | 00:25:32.80 | 5:06   | 11.7 |
| 11   | ROBAKOWSKA ŻANETA           | 199 | GABINET REHABILITACJI AKTYWNEJ | KOSZALIN            | POLSKA | K30-39 | 11     | K 21 | 00:08:55 | 00:17:46 | 00:26:09.05 | 5:13   | 11.5 |
| 12   | MICHAŁSKA AGATA             | 160 | UAM TRIATHLON POZNAŃ           | POZNAŃ              | POLSKA | K30-39 | 12     | K 28 | 00:08:53 | 00:18:15 | 00:26:52.30 | 5:22   | 11.2 |
| 13   | JUSZCZYK AGNIESZKA          | 84  | ANOX TEAM                      | KOSZALIN            | POLSKA | K30-39 | 13     | K 29 | 00:09:03 | 00:18:15 | 00:26:52.35 | 5:22   | 11.2 |
| 14   | GŁUCH KATARZYŃNA            | 55  | ELEKTRONIK                     | KOSZALIN            | POLSKA | K30-39 | 14     | K 30 | 00:09:06 | 00:18:36 | 00:26:54.45 | 5:23   | 11.1 |
| 15   | CULKOWSKA BEATA             | 27  |                                | KOSZALIN            | POLSKA | K30-39 | 15     | K 32 | 00:09:17 | 00:18:46 | 00:27:30.00 | 5:30   | 10.9 |
| 16   | LATOPOLSKA-OLEJNIK KALINA   | 135 | ŻYTŃNIA TEAM                   | KOSZALIN            | POLSKA | K30-39 | 16     | K 33 | 00:09:22 | 00:18:53 | 00:27:36.60 | 5:31   | 10.9 |
| 17   | OSTAFI JOANNA               | 176 | ATF TEAM                       | REDŁO               | POLSKA | K30-39 | 17     | K 34 | 00:09:16 | 00:18:44 | 00:27:41.00 | 5:32   | 10.8 |
| 18   | PACAN MIRA                  | 178 | ŚWIAT PŁYTEK U KRYSPIŃSKA      | BYTÓW               | POLSKA | K30-39 | 18     | K 37 | 00:09:43 | 00:19:27 | 00:27:54.60 | 5:34   | 10.8 |
| 19   | BRZOZOWSKA BARBARA          | 17  |                                | TYCHOWO             | POLSKA | K30-39 | 19     | K 40 | 00:09:42 | 00:19:26 | 00:28:00.90 | 5:36   | 10.7 |
| 20   | KROCZYŃSKA KINGA            | 124 | BWM KOŁOBRZEG                  | KOŁOBRZEG           | POLSKA | K30-39 | 20     | K 42 | 00:09:40 | 00:19:26 | 00:28:14.70 | 5:39   | 10.6 |
| 21   | STACHURSKA AGNIESZKA        | 275 |                                | KOŁOBRZEG           | POLSKA | K30-39 | 21     | K 43 | 00:09:48 | 00:19:32 | 00:28:16.65 | 5:39   | 10.6 |
| 22   | WAŚOWICZ ANNA               | 244 |                                | KOŁOBRZEG/STRAMNICA | POLSKA | K30-39 | 22     | K 45 | 00:09:29 | 00:19:21 | 00:28:35.65 | 5:43   | 10.5 |
| 23   | REPLAKOWSKA MAŁGORZATA      | 196 | WE RUN                         | ROSNOWO             | POLSKA | K30-39 | 23     | K 47 | 00:09:27 | 00:19:20 | 00:28:44.50 | 5:45   | 10.4 |
| 24   | CHODNICZAK JOANNA           | 21  |                                | PILCHOWICE          | POLSKA | K30-39 | 24     | K 48 | 00:09:44 | 00:19:29 | 00:28:45.25 | 5:45   | 10.4 |
| 25   | KIJKO ANNA                  | 97  |                                | KOSZALIN            | POLSKA | K30-39 | 25     | K 51 | 00:09:47 | 00:19:58 | 00:29:39.65 | 5:56   | 10.1 |
| 26   | ŁAPKO ANNA                  | 139 |                                | ŚWIDWIN             | POLSKA | K30-39 | 26     | K 55 | 00:09:53 | 00:20:21 | 00:30:00.40 | 6:00   | 10   |
| 27   | FIUK AGNIESZKA              | 44  | ATF TEAM                       | POŁCZYN-ZDRÓJ       | POLSKA | K30-39 | 27     | K 64 | 00:10:25 | 00:21:31 | 00:30:55.25 | 6:11   | 9.7  |
| 28   | WDOWIAK KATARZYŃNA          | 245 | WKURW_TEAM                     | SZCZECINEK          | POLSKA | K30-39 | 28     | K 70 | 00:10:17 | 00:21:40 | 00:32:12.35 | 6:26   | 9.3  |
| 29   | GRZYSTEK MADZIA             | 61  | WQURW TEAM                     | SITNI               | POLSKA | K30-39 | 29     | K 71 | 00:10:17 | 00:21:40 | 00:32:12.35 | 6:26   | 9.3  |
| 30   | STANCZEWSKA KAROLINA        | 214 |                                | BIAŁOGARD           | POLSKA | K30-39 | 30     | K 73 | 00:10:24 | 00:21:35 | 00:32:35.90 | 6:31   | 9.2  |
| 31   | JANCZYŃSKA DOROTA           | 287 |                                | KOSZALIN            | POLSKA | K30-39 | 31     | K 78 | 00:11:07 | 00:22:52 | 00:34:00.70 | 6:48   | 8.8  |
| 32   | MICHIEJEW-HANASZ MONIKA     | 162 |                                | ROSNOWO             | POLSKA | K30-39 | 32     | K 81 | 00:11:11 | 00:23:08 | 00:34:30.35 | 6:54   | 8.7  |
| 33   | ŁASKOWSKA MAGDALENA         | 134 |                                | SŁAWNO              | POLSKA | K30-39 | 33     | K 83 | 00:11:10 | 00:23:32 | 00:34:33.65 | 6:54   | 8.7  |
| 34   | ŁUBNIEWSKA NATALIA          | 141 | ANOX TEAM                      | KOSZALIN            | POLSKA | K30-39 | 34     | K 86 | 00:11:16 | 00:24:05 | 00:35:54.65 | 7:11   | 8.4  |
| 35   | SZYSZKOWSKA KASIA           | 231 |                                | KOSZALIN            | POLSKA | K30-39 | 35     | K 88 | 00:13:14 | 00:26:58 | 00:39:30.50 | 7:54   | 7.6  |
| 36   | DAMPS JULITA                | 31  | NIGHT RUNNERS SŁUPSK           | SŁUPSK              | POLSKA | K30-39 | 36     | K 89 | 00:13:57 | 00:28:35 | 00:41:36.50 | 8:19   | 7.2  |

**IX KOSZALIŃSKI BIEG SYLWESTROWY - 5 KM, M30-39**

| M-ce | Nazwisko i imię | Nr  | Klub          | M-scowość     | Kraj   | Kat.   | M. kat | K/M | 1.71km   | 3.42km   | Netto       | min/km | km/h |
|------|-----------------|-----|---------------|---------------|--------|--------|--------|-----|----------|----------|-------------|--------|------|
| 1    | WENT JAKUB      | 246 |               | ŁEBA          | POLSKA | M30-39 | 1      | M 2 | 00:06:05 | 00:12:04 | 00:17:16.55 | 3:27   | 17.4 |
| 2    | WOJTALIK ŁUKASZ | 254 | POŁCZYN BIEGA | POŁCZYN ZDRÓJ | POLSKA | M30-39 | 2      | M 8 | 00:06:10 | 00:12:38 | 00:18:50.10 | 3:46   | 15.9 |

## IX KOSZALIŃSKI BIEG SYLWESTROWY - 5 KM, M30-39 c.d.

| M-ce | Nazwisko i imię        | Nr  | Klub                                           | M-scowość       | Kraj   | Kat.   | M. kat | K/M   | 1.71km   | 3.42km   | Netto       | min/km | km/h |
|------|------------------------|-----|------------------------------------------------|-----------------|--------|--------|--------|-------|----------|----------|-------------|--------|------|
| 3    | GOSTKOWSKI ŁUKASZ      | 58  | KB GOCH BYTÓW                                  | BYTÓW           | POLSKA | M30-39 | 3      | M 9   | 00:06:33 | 00:13:11 | 00:19:10.90 | 3:50   | 15.6 |
| 4    | MUSIAŁ KRZYSZTOF       | 279 | TKK KOSZALIN                                   | KOSZALIN        | POLSKA | M30-39 | 4      | M 10  | 00:06:35 | 00:13:13 | 00:19:13.30 | 3:50   | 15.6 |
| 5    | CZAPLIŃSKI JACEK       | 28  | TAGER KOSZALIN                                 | KOSZALIN        | POLSKA | M30-39 | 5      | M 11  | 00:06:20 | 00:13:02 | 00:19:23.35 | 3:52   | 15.5 |
| 6    | WICHER KRZYSZTOF       | 248 | GABINET REHABILITACJI AKTYWNEJ / ADWOKATURA    | KOSZALIN        | POLSKA | M30-39 | 6      | M 13  | 00:06:33 | 00:13:28 | 00:19:47.40 | 3:57   | 15.2 |
| 7    | WOJCIECHOWICZ JACEK    | 253 | WWW.STUDIOTANCAPASJA.PL                        | KOSZALIN        | POLSKA | M30-39 | 7      | M 14  | 00:06:33 | 00:13:26 | 00:20:01.50 | 4:00   | 15   |
| 8    | SZYMAŃSKI PAWEŁ        | 228 |                                                | SZCZECIN        | POLSKA | M30-39 | 8      | M 16  | 00:06:05 | 00:13:19 | 00:20:13.05 | 4:02   | 14.8 |
| 9    | SABISZ KRZYSZTOF       | 272 |                                                | BYTÓW           | POLSKA | M30-39 | 9      | M 18  | 00:07:11 | 00:14:11 | 00:20:26.35 | 4:05   | 14.7 |
| 10   | MUCHA KRZYSZTOF        | 166 |                                                | KOSZALIN        | POLSKA | M30-39 | 10     | M 30  | 00:07:14 | 00:14:46 | 00:21:36.40 | 4:19   | 13.9 |
| 11   | SZYMCZAK MICHAŁ        | 230 |                                                | SZCZECIN        | POLSKA | M30-39 | 11     | M 36  | 00:07:26 | 00:14:58 | 00:21:49.85 | 4:22   | 13.7 |
| 12   | RUSINEK ARTUR          | 204 | GABINET REHABILITACJI AKTYWNEJ                 | KOSZALIN        | POLSKA | M30-39 | 12     | M 37  | 00:07:05 | 00:14:42 | 00:21:55.55 | 4:23   | 13.7 |
| 13   | HAMAŁA MARCIN          | 63  | FREE BIRDS                                     | KOSZALIN        | POLSKA | M30-39 | 13     | M 38  | 00:07:04 | 00:14:38 | 00:21:55.80 | 4:23   | 13.7 |
| 14   | KRACZKOWSKI PRZEMYSŁAW | 122 |                                                | KOSZALIN        | POLSKA | M30-39 | 14     | M 39  | 00:07:16 | 00:14:50 | 00:21:58.35 | 4:23   | 13.7 |
| 15   | SZYMAŃSKI PIOTR        | 227 | NAJLEPSZY                                      | POŁCZYŃ DRÓJ    | POLSKA | M30-39 | 15     | M 41  | 00:07:20 | 00:14:54 | 00:22:10.95 | 4:26   | 13.5 |
| 16   | OSTAFI ROBERT          | 175 | ATF TEAM                                       | REDŁO           | POLSKA | M30-39 | 16     | M 46  | 00:07:35 | 00:15:16 | 00:22:19.40 | 4:27   | 13.4 |
| 17   | POMORYŃKO KRZYSZTOF    | 189 |                                                | KOŁOBRZEG       | POLSKA | M30-39 | 17     | M 49  | 00:07:32 | 00:15:20 | 00:22:24.30 | 4:29   | 13.4 |
| 18   | RYCHŁOWSKI PIOTR       | 206 |                                                | MIERZYN         | POLSKA | M30-39 | 18     | M 52  | 00:07:30 | 00:15:23 | 00:22:39.50 | 4:31   | 13.2 |
| 19   | KŁOS TOMASZ            | 106 |                                                | KALISZ POMORSKI | POLSKA | M30-39 | 19     | M 53  | 00:07:33 | 00:15:22 | 00:22:45.80 | 4:33   | 13.2 |
| 20   | LICHACY MARCELI        | 138 | DARŁOWO                                        | DARŁOWO         | POLSKA | M30-39 | 20     | M 54  | 00:07:49 | 00:15:44 | 00:22:54.00 | 4:34   | 13.1 |
| 21   | KOZIĘŁ PAWEŁ           | 119 | WICHER RĄBINO                                  | RĄBINO          | POLSKA | M30-39 | 21     | M 55  | 00:07:30 | 00:15:37 | 00:22:56.25 | 4:35   | 13.1 |
| 22   | KWIETNIEWSKI DANIEL    | 131 |                                                | KOSZALIN        | POLSKA | M30-39 | 22     | M 64  | 00:07:44 | 00:15:49 | 00:23:19.55 | 4:39   | 12.9 |
| 23   | WILKOWSKI KRZYSZTOF    | 251 |                                                | KOSZALIN        | POLSKA | M30-39 | 23     | M 66  | 00:08:19 | 00:16:10 | 00:23:24.90 | 4:40   | 12.8 |
| 24   | KAMYK PIOTR            | 88  | MH OPROGRAMOWANIE ERP<br>WWW.MH-INFORMATYKA.PL | KOSZALIN        | POLSKA | M30-39 | 24     | M 67  | 00:07:30 | 00:15:52 | 00:23:27.05 | 4:41   | 12.8 |
| 25   | MARZEC ŁUKASZ          | 154 |                                                | KOSZALIN        | POLSKA | M30-39 | 25     | M 71  | 00:07:48 | 00:15:49 | 00:23:35.15 | 4:43   | 12.7 |
| 26   | SZULC SZYMON           | 225 | SZULC RUNNERS TEAM                             | BIAŁOGARD       | POLSKA | M30-39 | 26     | M 73  | 00:07:44 | 00:16:10 | 00:23:38.85 | 4:43   | 12.7 |
| 27   | MAKOWIECKI MARCIN      | 149 |                                                | PŁOTY           | POLSKA | M30-39 | 27     | M 74  | 00:07:54 | 00:16:10 | 00:23:46.05 | 4:45   | 12.6 |
| 28   | NACHYŁA PAWEŁ          | 168 | DZIKI KOSZALIN                                 | KOSZALIN        | POLSKA | M30-39 | 28     | M 75  | 00:07:52 | 00:16:13 | 00:23:50.55 | 4:46   | 12.6 |
| 29   | OTTO MICHAŁ            | 177 |                                                | BONIN           | POLSKA | M30-39 | 29     | M 82  | 00:08:10 | 00:16:29 | 00:24:06.75 | 4:49   | 12.4 |
| 30   | ŻUKOWSKI CEZARY        | 269 | MIGAWKOWE.PL                                   | KOSZALIN        | POLSKA | M30-39 | 30     | M 83  | 00:08:08 | 00:16:33 | 00:24:12.55 | 4:50   | 12.4 |
| 31   | ROGAŁA TOMASZ          | 200 |                                                | MALECHOWO       | POLSKA | M30-39 | 31     | M 87  | 00:07:52 | 00:16:22 | 00:24:19.50 | 4:51   | 12.3 |
| 32   | KAZIMIEROWICZ RADOŚLAW | 92  | VTT KOSZALIN                                   | KOSZALIN        | POLSKA | M30-39 | 32     | M 93  | 00:08:07 | 00:16:44 | 00:24:48.15 | 4:57   | 12.1 |
| 33   | CAŁA BARTOSZ           | 19  | ŚWIAT PŁYTEK U KRYSPIŃA                        | BYTÓW           | POLSKA | M30-39 | 33     | M 95  | 00:08:24 | 00:16:58 | 00:24:57.60 | 4:59   | 12   |
| 34   | KOBUŠ PIOTR            | 107 |                                                | KOSZALIN        | POLSKA | M30-39 | 34     | M 97  | 00:08:12 | 00:16:48 | 00:25:03.10 | 5:00   | 12   |
| 35   | KOWALCZYK PIOTR        | 117 |                                                | KOSZALIN        | POLSKA | M30-39 | 35     | M 101 | 00:08:20 | 00:17:07 | 00:25:21.40 | 5:04   | 11.8 |
| 36   | GAWĘDA EMIL            | 48  | GMINA DARŁOWO                                  | STARY JAROSŁAW  | POLSKA | M30-39 | 36     | M 113 | 00:08:59 | 00:17:50 | 00:25:37.50 | 5:07   | 11.7 |
| 37   | ROGAŁA ŁUKASZ          | 201 | NIGHT RUNNERS SŁUPSK                           | SŁUPSK          | POLSKA | M30-39 | 37     | M 117 | 00:08:36 | 00:17:29 | 00:25:46.60 | 5:09   | 11.6 |
| 38   | PODSIADŁO MARCIN       | 271 |                                                | KOSZALIN        | POLSKA | M30-39 | 38     | M 118 | 00:08:10 | 00:17:08 | 00:25:48.65 | 5:09   | 11.6 |
| 39   | RYCHLIŃSKI DAMIAN      | 205 |                                                | SŁUPSK          | POLSKA | M30-39 | 39     | M 119 | 00:08:46 | 00:17:44 | 00:25:52.25 | 5:10   | 11.6 |
| 40   | GAWLIK ARTUR           | 49  | BIEGNIJMY.PL                                   | KOSZALIN        | POLSKA | M30-39 | 40     | M 127 | 00:08:37 | 00:17:44 | 00:26:21.90 | 5:16   | 11.4 |
| 41   | DOMAŃSKI DOMINIK       | 283 |                                                | KOSZALIN        | POLSKA | M30-39 | 41     | M 128 | 00:08:57 | 00:18:02 | 00:26:25.95 | 5:17   | 11.3 |
| 42   | CZERNIAK GRACJAN       | 29  |                                                | KOSZALIN        | POLSKA | M30-39 | 42     | M 136 | 00:08:53 | 00:18:08 | 00:26:45.05 | 5:21   | 11.2 |
| 43   | KAZIMIERCZAK LESZEK    | 282 |                                                | KOSZALIN        | POLSKA | M30-39 | 43     | M 138 | 00:08:59 | 00:18:13 | 00:26:52.00 | 5:22   | 11.2 |
| 44   | KACZMAREK ŁUKASZ       | 85  | WOJOWNICY WÓDY                                 | KOSZALIN        | POLSKA | M30-39 | 44     | M 140 | 00:08:58 | 00:18:12 | 00:26:56.40 | 5:23   | 11.1 |
| 45   | PACAN BARTOSZ          | 179 | ŚWIAT PŁYTEK U KRYSPIŃA                        | BYTÓW           | POLSKA | M30-39 | 45     | M 141 | 00:09:22 | 00:18:41 | 00:26:58.65 | 5:23   | 11.1 |
| 46   | KUPREWICZ GRZEGORZ     | 281 |                                                | KOSZALIN        | POLSKA | M30-39 | 46     | M 143 | 00:08:52 | 00:18:20 | 00:27:02.20 | 5:24   | 11.1 |
| 47   | BODO RAFAŁ             | 10  |                                                | KOSZALIN        | POLSKA | M30-39 | 47     | M 145 | 00:08:46 | 00:18:16 | 00:27:21.10 | 5:28   | 11   |
| 48   | GOERIG MICHAŁ          | 56  |                                                | KOSZALIN        | POLSKA | M30-39 | 48     | M 148 | 00:09:08 | 00:18:38 | 00:27:25.45 | 5:29   | 10.9 |
| 49   | GRĄBCZEWSKI RAFAŁ      | 59  | JW 1223                                        | KŁOS            | POLSKA | M30-39 | 49     | M 150 | 00:09:06 | 00:18:37 | 00:27:41.20 | 5:32   | 10.8 |
| 50   | SKOWRONSKI PAWEŁ       | 211 | WARSZAWA                                       | WARSZAWA        | POLSKA | M30-39 | 50     | M 151 | 00:09:06 | 00:18:37 | 00:27:41.65 | 5:32   | 10.8 |
| 51   | KOPCZYŃSKI MICHAŁ      | 111 | JW1224                                         | KOSZALIN        | POLSKA | M30-39 | 51     | M 154 | 00:09:02 | 00:18:49 | 00:27:53.25 | 5:34   | 10.8 |
| 52   | WIĘCKOWSKI MACIEJ      | 276 |                                                | KARLINO         | POLSKA | M30-39 | 52     | M 156 | 00:09:20 | 00:19:04 | 00:27:55.70 | 5:35   | 10.7 |
| 53   | SZYSZKOWSKI TOMASZ     | 232 | ROZBIEGANI KOSZALIN                            | KOSZALIN        | POLSKA | M30-39 | 53     | M 160 | 00:08:42 | 00:18:52 | 00:28:30.25 | 5:42   | 10.5 |
| 54   | JĘDRZEJEWSKI KRZYSZTOF | 80  |                                                | KOSZALIN        | POLSKA | M30-39 | 54     | M 163 | 00:09:00 | 00:19:32 | 00:28:54.70 | 5:46   | 10.4 |
| 55   | BASIAK KRYSZTOF        | 4   | JW 1223                                        | KOSZALIN        | POLSKA | M30-39 | 55     | M 169 | 00:09:44 | 00:19:47 | 00:29:38.75 | 5:55   | 10.1 |
| 56   | HRYCIÓW PAWEŁ          | 69  | JW 1223                                        | BIAŁOGARD       | POLSKA | M30-39 | 56     | M 170 | 00:09:46 | 00:19:48 | 00:29:38.90 | 5:55   | 10.1 |
| 57   | PŁÓTKA GRZEGORZ        | 187 |                                                | KOSZALIN        | POLSKA | M30-39 | 57     | M 174 | 00:09:39 | 00:20:10 | 00:30:13.30 | 6:02   | 9.9  |
| 58   | ŁUBNIEWSKI ARKADIUSZ   | 142 | ANOX TEAM                                      | KOSZALIN        | POLSKA | M30-39 | 58     | M 178 | 00:10:29 | 00:21:26 | 00:31:38.45 | 6:19   | 9.5  |

## IX KOSZALIŃSKI BIEG SYLWESTROWY - 5 KM, M30-39 c.d.

| M-ce | Nazwisko i imię | Nr  | Klub | M-scowość | Kraj   | Kat.   | M. kat | K/M   | 1.71km   | 3.42km   | Netto       | min/km | km/h |
|------|-----------------|-----|------|-----------|--------|--------|--------|-------|----------|----------|-------------|--------|------|
| 59   | NOWAK PIOTR     | 169 |      | KOSZALIN  | POLSKA | M30-39 | 59     | M 180 | 00:09:45 | 00:22:02 | 00:33:04.65 | 6:37   | 9.1  |

## IX KOSZALIŃSKI BIEG SYLWESTROWY - 5 KM, K40-49

| M-ce | Nazwisko i imię            | Nr  | Klub                 | M-scowość        | Kraj   | Kat.   | M. kat | K/M  | 1.71km   | 3.42km   | Netto       | min/km | km/h |
|------|----------------------------|-----|----------------------|------------------|--------|--------|--------|------|----------|----------|-------------|--------|------|
| 1    | WOJCIECHOWSKA-HRYCYK AGATA | 273 |                      | KOŁOBRZEG        | POLSKA | K40-49 | 1      | K 11 | 00:07:54 | 00:16:17 | 00:24:00.95 | 4:48   | 12.5 |
| 2    | KĄŻMIERCZAK AGNIESZKA      | 93  |                      | ŚWIDWIN          | POLSKA | K40-49 | 2      | K 13 | 00:07:56 | 00:16:27 | 00:24:16.55 | 4:51   | 12.4 |
| 3    | BIELEWICZ ANNA             | 9   | STOPA SŁUPSK         | LUBUŃ            | POLSKA | K40-49 | 3      | K 15 | 00:08:12 | 00:16:42 | 00:24:39.80 | 4:56   | 12.2 |
| 4    | ŻMUDA MONIKA               | 267 | CW FANZA KOŁOBRZEG   | SARBIA KOŁOBRZEG | POLSKA | K40-49 | 4      | K 18 | 00:08:43 | 00:17:32 | 00:25:31.75 | 5:06   | 11.7 |
| 5    | JUSIŃSKA ANNA              | 81  |                      | SLAWOBORZE       | POLSKA | K40-49 | 5      | K 22 | 00:08:28 | 00:17:36 | 00:26:09.40 | 5:13   | 11.5 |
| 6    | CHROSTEK DOROTA            | 23  |                      | POZNAŃ           | POLSKA | K40-49 | 6      | K 26 | 00:08:57 | 00:18:10 | 00:26:30.40 | 5:18   | 11.3 |
| 7    | GIERSZEWSKA MAGDALENA      | 52  | KSK KOŁCZYGŁOWY      | KOŁCZYGŁOWY      | POLSKA | K40-49 | 7      | K 36 | 00:09:33 | 00:19:14 | 00:27:54.10 | 5:34   | 10.8 |
| 8    | WALCZAK AGNIESZKA          | 241 | TKKF KOSZALIN        | KOSZALIN         | POLSKA | K40-49 | 8      | K 39 | 00:09:29 | 00:19:06 | 00:27:59.90 | 5:36   | 10.7 |
| 9    | BRYŁA KATARZYNA            | 16  | DB-ACTIVE            | KOSZALIN         | POLSKA | K40-49 | 9      | K 46 | 00:09:07 | 00:19:13 | 00:28:43.10 | 5:44   | 10.4 |
| 10   | DOMAŃSKA KATARZYNA         | 37  |                      | KOŁOBRZEG        | POLSKA | K40-49 | 10     | K 49 | 00:09:42 | 00:19:35 | 00:29:12.15 | 5:50   | 10.3 |
| 11   | SULL AGNIESZKA             | 219 | NIGHT RUNNERS SŁUPSK | WODNICA          | POLSKA | K40-49 | 11     | K 50 | 00:09:46 | 00:20:10 | 00:29:38.15 | 5:55   | 10.1 |
| 12   | SAMOJŁ-KOWALSKA IRENA      | 207 | TKKF KOSZALIN        | BOBOLICE         | POLSKA | K40-49 | 12     | K 52 | 00:09:35 | 00:19:55 | 00:29:43.10 | 5:56   | 10.1 |
| 13   | BEDNARZ KATARZYNA          | 5   |                      | KOŁOBRZEG        | POLSKA | K40-49 | 13     | K 54 | 00:09:47 | 00:20:14 | 00:29:58.65 | 5:59   | 10   |
| 14   | PRYGIEL EWA                | 191 | PARKRUN ŚWIDWIN      | ŚWIDWIN          | POLSKA | K40-49 | 14     | K 56 | 00:09:44 | 00:20:19 | 00:30:18.50 | 6:03   | 9.9  |
| 15   | URBAŃSKA ANETTA            | 238 |                      | KOSZALIN         | POLSKA | K40-49 | 15     | K 57 | 00:09:39 | 00:20:15 | 00:30:21.65 | 6:04   | 9.9  |
| 16   | PAWLIK DANUTA              | 278 |                      | POZNAŃ           |        | K40-49 | 16     | K 59 | 00:09:58 | 00:20:19 | 00:30:43.70 | 6:08   | 9.8  |
| 17   | KOROL ELŻBIETA             | 112 | BABECZKI KOSZALIN    | KOSZALIN         | POLSKA | K40-49 | 17     | K 62 | 00:10:10 | 00:20:45 | 00:30:55.00 | 6:11   | 9.7  |
| 18   | KURCZ BARBARA              | 130 | BABECZKI KOSZALIN    | KOSZALIN         | POLSKA | K40-49 | 18     | K 63 | 00:10:09 | 00:20:44 | 00:30:55.10 | 6:11   | 9.7  |
| 19   | GRZYMAŁA ANGELIKA          | 60  | BABECZKI KOSZALIN    | UNIEŚCIE         | POLSKA | K40-49 | 19     | K 65 | 00:10:10 | 00:20:45 | 00:30:55.30 | 6:11   | 9.7  |
| 20   | BORSUK DOROTA              | 13  |                      | KOSZALIN         | POLSKA | K40-49 | 20     | K 68 | 00:10:31 | 00:21:33 | 00:32:01.95 | 6:24   | 9.4  |
| 21   | PEŁKA IWONA                | 181 |                      | KOSZALIN         | POLSKA | K40-49 | 21     | K 72 | 00:11:15 | 00:22:28 | 00:32:15.00 | 6:27   | 9.3  |
| 22   | KŁOCZKO BEATA              | 104 |                      | ŚWIDWIN          | POLSKA | K40-49 | 22     | K 76 | 00:10:27 | 00:22:33 | 00:33:31.15 | 6:42   | 9    |
| 23   | MEGGER AGATA               | 156 | ŻYJ Z ENERGIA        | SIEMIANICE       | POLSKA | K40-49 | 23     | K 77 | 00:10:55 | 00:22:49 | 00:33:53.65 | 6:46   | 8.8  |
| 24   | WEISS-SZULC BARBARA        | 288 |                      | KOSZALIN         |        | K40-49 | 24     | K 79 | 00:11:08 | 00:22:52 | 00:34:00.80 | 6:48   | 8.8  |
| 25   | LASKOWSKA KATARZYNA        | 133 |                      | SŁAWNO           | POLSKA | K40-49 | 25     | K 84 | 00:11:10 | 00:23:32 | 00:34:33.70 | 6:54   | 8.7  |

## IX KOSZALIŃSKI BIEG SYLWESTROWY - 5 KM, M40-49

| M-ce | Nazwisko i imię     | Nr  | Klub                                        | M-scowość        | Kraj   | Kat.   | M. kat | K/M  | 1.71km   | 3.42km   | Netto       | min/km | km/h |
|------|---------------------|-----|---------------------------------------------|------------------|--------|--------|--------|------|----------|----------|-------------|--------|------|
| 1    | BORYCHOWSKI MARIUSZ | 285 |                                             | KOBYLNICZA       |        | M40-49 | 1      | M 3  | 00:05:53 | 00:11:45 | 00:17:21.50 | 3:28   | 17.3 |
| 2    | ZABORSKI RYSZARD    | 258 | TKKF KOSZALIN - ORKIESTRA WOJSKOWA          | KOSZALIN         | POLSKA | M40-49 | 2      | M 6  | 00:06:05 | 00:12:16 | 00:18:13.55 | 3:38   | 16.5 |
| 3    | RUDNIKOWSKI MACIEJ  | 202 | BIEGUZDROWISKOWY.PL                         | DARŁOWO          | POLSKA | M40-49 | 3      | M 7  | 00:06:11 | 00:12:38 | 00:18:39.05 | 3:43   | 16.1 |
| 4    | ŻMUDA TOMASZ        | 266 | CW FANZA KOŁOBRZEG                          | SARBIA KOŁOBRZEG | POLSKA | M40-49 | 4      | M 12 | 00:06:31 | 00:13:12 | 00:19:28.40 | 3:53   | 15.4 |
| 5    | ZWOLIŃSKI JAN       | 265 | TKKF KOSZALIN                               | WIERCISZEWO      | POLSKA | M40-49 | 5      | M 19 | 00:06:57 | 00:14:02 | 00:20:28.10 | 4:05   | 14.7 |
| 6    | JANKOWSKI GRZEGORZ  | 73  | ŚWIAT PŁYTEK U KRYPINA                      | BYTÓW            | POLSKA | M40-49 | 6      | M 20 | 00:06:31 | 00:13:49 | 00:20:35.20 | 4:07   | 14.6 |
| 7    | GAWRON PIOTR        | 50  | KB GOCH BYTÓW                               | BYTÓW            | POLSKA | M40-49 | 7      | M 24 | 00:07:18 | 00:14:32 | 00:21:14.30 | 4:14   | 14.1 |
| 8    | KOCZOROWSKI PAWEŁ   | 109 | POLNI WOJOWNICY USTKA                       | USTKA            | POLAND | M40-49 | 8      | M 27 | 00:06:50 | 00:14:16 | 00:21:20.90 | 4:16   | 14.1 |
| 9    | SZULC AREK          | 280 |                                             | KOSZALIN         |        | M40-49 | 9      | M 28 | 00:07:27 | 00:14:41 | 00:21:21.40 | 4:16   | 14   |
| 10   | CHROSTEK ADAM       | 24  |                                             | POZNAŃ           | POLSKA | M40-49 | 10     | M 29 | 00:07:12 | 00:14:35 | 00:21:25.30 | 4:17   | 14   |
| 11   | WINKEL ŁUKASZ       | 252 |                                             | KOSZALIN         | POLSKA | M40-49 | 11     | M 32 | 00:07:12 | 00:14:32 | 00:21:37.00 | 4:19   | 13.9 |
| 12   | WÓJCIK DAMIAN       | 256 | RUNNERSWALDE DARŁOWO                        | DARŁOWO          | POLSKA | M40-49 | 12     | M 33 | 00:07:18 | 00:14:46 | 00:21:43.10 | 4:20   | 13.8 |
| 13   | PRYGIEL JAROSŁAW    | 190 | 21 BLT ŚWIDWIN                              | ŚWIDWIN          | POLSKA | M40-49 | 13     | M 34 | 00:07:11 | 00:14:41 | 00:21:47.75 | 4:21   | 13.8 |
| 14   | IWANIEC DARIUSZ     | 71  | TKKF KOSZALIN                               | SIERAKOWO        | POLSKA | M40-49 | 14     | M 35 | 00:07:16 | 00:14:50 | 00:21:49.85 | 4:22   | 13.7 |
| 15   | ŻMUDA JAROSŁAW      | 268 | CW FANZA KOŁOBRZEG                          | KOŁOBRZEG        | POLSKA | M40-49 | 15     | M 42 | 00:07:16 | 00:15:00 | 00:22:11.15 | 4:26   | 13.5 |
| 16   | KAJKOWSKI RAFAŁ     | 87  | CENTRUM SZKOLENIA SIŁ POWIETRZNYCH KOSZALIN | KOSZALIN         | POLSKA | M40-49 | 16     | M 43 | 00:07:12 | 00:14:46 | 00:22:15.75 | 4:27   | 13.5 |
| 17   | JĘDRASZCZYK MAREK   | 78  | WŁ SŁUPSK                                   | SŁUPSK           | POLSKA | M40-49 | 17     | M 45 | 00:07:31 | 00:15:13 | 00:22:19.30 | 4:28   | 13.4 |
| 18   | DOMASZK ZBIGNIEW    | 40  | ŚWIAT PŁYTEK U KRYPINA                      | BYTÓW            | POLSKA | M40-49 | 18     | M 47 | 00:07:21 | 00:15:09 | 00:22:22.05 | 4:28   | 13.4 |
| 19   | KULAKOWSKI DAWID    | 129 | TKKF KOSZALIN                               | KOSZALIN         | POLSKA | M40-49 | 19     | M 48 | 00:07:37 | 00:15:27 | 00:22:23.75 | 4:28   | 13.4 |

## IX KOSZALIŃSKI BIEG SYLWESTROWY - 5 KM, M40-49 c.d.

| M-ce | Nazwisko i imię             | Nr  | Klub                                               | M-scowość            | Kraj   | Kat.   | M. kat | K/M   | 1.71km   | 3.42km   | Netto       | min/km | km/h |
|------|-----------------------------|-----|----------------------------------------------------|----------------------|--------|--------|--------|-------|----------|----------|-------------|--------|------|
| 20   | HOC DARIUSZ                 | 68  |                                                    | KOŁOBRZEG            | POLSKA | M40-49 | 20     | M 50  | 00:07:37 | 00:15:21 | 00:22:27.60 | 4:29   | 13.4 |
| 21   | SZYMAŃSKI PIOTR             | 229 |                                                    | ROSNOWO              | POLSKA | M40-49 | 21     | M 56  | 00:07:59 | 00:15:45 | 00:23:00.45 | 4:36   | 13   |
| 22   | POLAŃSKI NORBERT            | 188 | 21BLT                                              | ŚWIDWIN              | POLSKA | M40-49 | 22     | M 57  | 00:07:38 | 00:15:37 | 00:23:01.10 | 4:36   | 13   |
| 23   | CHOŁUJ JAROSŁAW             | 22  | ROZBIEGANY KOSZALIN                                | KOSZALIN             | POLSKA | M40-49 | 23     | M 58  | 00:07:42 | 00:15:35 | 00:23:03.40 | 4:36   | 13   |
| 24   | GAŁECKI JACEK               | 47  | KARLINO BIEGAJ                                     | KARLINO              | POLAND | M40-49 | 24     | M 59  | 00:07:40 | 00:15:44 | 00:23:11.20 | 4:38   | 12.9 |
| 25   | PĘKAŁA PIOTR                | 182 | ROZBIEGANY/WILKI KOSZALIN                          | KOSZALIN             | POLSKA | M40-49 | 25     | M 60  | 00:08:19 | 00:16:11 | 00:23:12.65 | 4:38   | 12.9 |
| 26   | MAJCHRZAK PAWEŁ             | 146 | KARLINO BIEGAJ                                     | KARLINO              | POLSKA | M40-49 | 26     | M 61  | 00:07:38 | 00:15:42 | 00:23:13.50 | 4:38   | 12.9 |
| 27   | MICERSKI TOMASZ             | 159 | TKKF KOSZALIN                                      | KOSZALIN             | POLSKA | M40-49 | 27     | M 63  | 00:07:37 | 00:15:42 | 00:23:18.65 | 4:39   | 12.9 |
| 28   | PICK TOMASZ                 | 185 | MK KOSZALIN                                        | KOSZALIN             | POLSKA | M40-49 | 28     | M 69  | 00:08:07 | 00:16:16 | 00:23:34.15 | 4:42   | 12.7 |
| 29   | KŁOCZKO ARKADIUSZ           | 103 |                                                    | ŚWIDWIN              | POLSKA | M40-49 | 29     | M 77  | 00:08:09 | 00:16:21 | 00:23:58.85 | 4:47   | 12.5 |
| 30   | REMPŁAKOWSKI KRZYSZTOF      | 197 | WE RUN                                             | ROSNOWO              | POLSKA | M40-49 | 30     | M 79  | 00:08:21 | 00:16:28 | 00:24:00.05 | 4:48   | 12.5 |
| 31   | KANIOWSKI JACEK             | 89  | W.P.K. SŁOŃ TEAM                                   | SŁAWNO               | POLSKA | M40-49 | 31     | M 80  | 00:07:45 | 00:16:04 | 00:24:04.00 | 4:48   | 12.5 |
| 32   | ANTKOWIAK SEBASTIAN         | 2   | DB ACTIVE                                          | KOSZALIN             | POLSKA | M40-49 | 32     | M 81  | 00:07:42 | 00:16:05 | 00:24:04.45 | 4:48   | 12.5 |
| 33   | KRASIŃSKI WITOLD            | 123 | JW 1223                                            | KOSZALIN             | POLSKA | M40-49 | 33     | M 84  | 00:08:10 | 00:16:31 | 00:24:14.05 | 4:50   | 12.4 |
| 34   | SKIBA ARTUR                 | 210 | ŚWIDWIŃSKIE STOWARZYSZENIE LOTNICTWA REKREACYJNEGO | ŚWIDWIN              | POLSKA | M40-49 | 34     | M 86  | 00:07:58 | 00:16:29 | 00:24:18.70 | 4:51   | 12.3 |
| 35   | PIECHOTA ROBERT             | 186 | ROZBIEGANY KOSZALIN                                | KOSZALIN             | POLSKA | M40-49 | 35     | M 88  | 00:07:47 | 00:16:39 | 00:24:20.70 | 4:52   | 12.3 |
| 36   | ADRYAN ADAM                 | 1   | CKB SŁUPSK                                         | SŁUPSK               | POLSKA | M40-49 | 36     | M 90  | 00:08:11 | 00:16:41 | 00:24:38.95 | 4:55   | 12.2 |
| 37   | GAWRYSIĄK PRZEMYSŁAW        | 51  |                                                    | WŁODARKA             | POLSKA | M40-49 | 37     | M 96  | 00:07:58 | 00:16:20 | 00:25:01.65 | 5:00   | 12   |
| 38   | LEWANDOWSKI RAFAŁ           | 137 |                                                    | SZCZECINEK           | POLSKA | M40-49 | 38     | M 99  | 00:08:21 | 00:17:13 | 00:25:15.75 | 5:03   | 11.9 |
| 39   | DUDZIAK PIOTR               | 43  | FOR-REST-RUN KOSZALIN                              | KOSZALIN             | POLSKA | M40-49 | 39     | M 100 | 00:08:04 | 00:16:53 | 00:25:19.85 | 5:04   | 11.8 |
| 40   | HANASZ SEBASTIAN            | 64  |                                                    | ROSNOWO              | POLSKA | M40-49 | 40     | M 106 | 00:08:38 | 00:17:28 | 00:25:26.65 | 5:05   | 11.8 |
| 41   | DUBACKI KAZIMIERZ STANISŁAW | 42  | NIGHT RUNNERS SŁUPSK                               | BORZĘCINO            | POLSKA | M40-49 | 41     | M 111 | 00:08:06 | 00:17:08 | 00:25:34.25 | 5:06   | 11.7 |
| 42   | JASIENIECKI PIOTR           | 77  | SPARK                                              | KOSZALIN             | POLSKA | M40-49 | 42     | M 114 | 00:08:59 | 00:17:50 | 00:25:38.85 | 5:07   | 11.7 |
| 43   | DOMAŃSKI ADAM               | 38  |                                                    | KOŁOBRZEG            | POLSKA | M40-49 | 43     | M 116 | 00:08:57 | 00:17:51 | 00:25:42.50 | 5:08   | 11.7 |
| 44   | GALICKI ROBERT              | 46  |                                                    | BOBOLICE             | POLSKA | M40-49 | 44     | M 120 | 00:09:13 | 00:18:15 | 00:26:07.65 | 5:13   | 11.5 |
| 45   | JUŚIŃSKI SEBASTIAN          | 82  |                                                    | SŁAWOBORZE           | POLSKA | M40-49 | 45     | M 121 | 00:08:27 | 00:17:36 | 00:26:09.55 | 5:13   | 11.5 |
| 46   | DANOWSKI MACIEJ             | 32  | FITNESS CLUB FORMA                                 | BIAŁOGARD            | POLSKA | M40-49 | 46     | M 123 | 00:08:31 | 00:17:59 | 00:26:14.40 | 5:14   | 11.4 |
| 47   | KOŁAKOWSKI DARIUSZ          | 110 | K.B.SPRINT ŚWIDWIN                                 | ŚWIDWIN              | POLSKA | M40-49 | 47     | M 129 | 00:09:02 | 00:18:09 | 00:26:27.50 | 5:17   | 11.3 |
| 48   | WĘCŁAWIAK MAREK             | 247 |                                                    | KOSZALIN             | POLSKA | M40-49 | 48     | M 131 | 00:08:26 | 00:17:42 | 00:26:28.45 | 5:17   | 11.3 |
| 49   | KĘPKA MIROSLAW              | 94  | KB SPRINT ŚWIDWIN                                  | ŚWIDWIN              | POLSKA | M40-49 | 49     | M 134 | 00:09:02 | 00:18:11 | 00:26:41.70 | 5:20   | 11.2 |
| 50   | DEREŃ GRZEGORZ              | 35  | K.B.SPRINT ŚWIDWIN                                 | ŚWIDWIN              | POLSKA | M40-49 | 50     | M 135 | 00:08:57 | 00:18:12 | 00:26:42.20 | 5:20   | 11.2 |
| 51   | GUTOWSKI SEBASTIAN          | 62  | GUCIOR-RUN                                         | ŚWIDWIN              | POLSKA | M40-49 | 51     | M 139 | 00:08:55 | 00:18:18 | 00:26:52.80 | 5:22   | 11.2 |
| 52   | TURCZYN GRZEGORZ            | 236 | NIGHT RUNNERS SŁUPSK                               | SŁUPSKA              | POLSKA | M40-49 | 52     | M 142 | 00:09:07 | 00:18:22 | 00:26:59.55 | 5:23   | 11.1 |
| 53   | KINOWSKI KAROL              | 98  | DON'T TREAD ON ME!                                 | KOSZALIN             | POLSKA | M40-49 | 53     | M 144 | 00:09:23 | 00:18:45 | 00:27:02.70 | 5:24   | 11.1 |
| 54   | ŚLEDŹ ANDRZEJ               | 233 | WŁ SŁUPSK                                          | SŁUPSK               | POLSKA | M40-49 | 54     | M 147 | 00:08:44 | 00:18:29 | 00:27:24.30 | 5:28   | 10.9 |
| 55   | DZIESZUK DAREK              | 270 | TKKF KOSZALIN                                      | KOSZALINTKK KOSZALIN |        | M40-49 | 55     | M 155 | 00:09:45 | 00:19:28 | 00:27:54.65 | 5:34   | 10.8 |
| 56   | ZIELIŃSKI TOMASZ            | 261 |                                                    | KOŁOBRZEG            | POLSKA | M40-49 | 56     | M 157 | 00:08:57 | 00:18:57 | 00:28:01.85 | 5:36   | 10.7 |
| 57   | ZIELIŃSKI JAROSŁAW          | 259 | AMATOR                                             | BIAŁOGARD            | POLSKA | M40-49 | 57     | M 159 | 00:08:51 | 00:18:49 | 00:28:30.15 | 5:42   | 10.5 |
| 58   | HNATOWSKI ARTUR             | 67  | SZYBKIE STOPY                                      | KOSZALIN             | POLSKA | M40-49 | 58     | M 165 | 00:09:18 | 00:19:13 | 00:29:08.95 | 5:49   | 10.3 |
| 59   | KOWALSKI MAREK              | 118 |                                                    | BOBOLICE             | POLSKA | M40-49 | 59     | M 171 | 00:09:36 | 00:19:57 | 00:29:43.70 | 5:56   | 10.1 |
| 60   | FRASZKIEWICZ JAROSŁAW       | 45  |                                                    | KOSZALIN             | POLSKA | M40-49 | 60     | M 172 | 00:09:47 | 00:20:13 | 00:29:52.80 | 5:58   | 10   |
| 61   | BRESZKA PAWEŁ               | 14  | DARŁOWSKIE CHARTY                                  | DARŁOWO              | POLSKA | M40-49 | 61     | M 176 | 00:10:00 | 00:20:34 | 00:30:21.60 | 6:04   | 9.9  |
| 62   | WALKOWIAK DARIUSZ           | 242 |                                                    | KROKOWO              | POLSKA | M40-49 | 62     | M 179 | 00:09:51 | 00:21:31 | 00:32:43.55 | 6:32   | 9.2  |

## IX KOSZALIŃSKI BIEG SYLWESTROWY - 5 KM, K50-59

| M-ce | Nazwisko i imię       | Nr  | Klub                 | M-scowość            | Kraj   | Kat.   | M. kat | K/M  | 1.71km   | 3.42km   | Netto       | min/km | km/h |
|------|-----------------------|-----|----------------------|----------------------|--------|--------|--------|------|----------|----------|-------------|--------|------|
| 1    | KRZEWIŃSKA MAŁGORZATA | 127 | TKKF KOSZALIN        | KOSZALIN             | POLSKA | K50-59 | 1      | K 9  | 00:07:55 | 00:16:02 | 00:23:29.05 | 4:41   | 12.8 |
| 2    | DĄBROWSKA ALICJA      | 33  | TKKF KOSZALIN        | SIAŃÓW               | POLSKA | K50-59 | 2      | K 12 | 00:08:19 | 00:16:42 | 00:24:16.25 | 4:51   | 12.4 |
| 3    | DEJNAK MARIOLA        | 34  |                      | GRZYFICE             | POLSKA | K50-59 | 3      | K 23 | 00:08:34 | 00:17:34 | 00:26:21.65 | 5:16   | 11.4 |
| 4    | MALINOWSKA MAŁGORZATA | 150 | KB SPRINT ŚWIDWIN    | ŚWIDWIN              | POLSKA | K50-59 | 4      | K 25 | 00:08:57 | 00:18:10 | 00:26:27.75 | 5:17   | 11.3 |
| 5    | BOGACKA LUCYNA        | 11  | TKKF KOSZALIN        | KOSZALIN             | POLSKA | K50-59 | 5      | K 27 | 00:08:51 | 00:17:57 | 00:26:33.85 | 5:18   | 11.3 |
| 6    | KOCHMAN IWONA         | 108 | VEGE RUNNER          | WARSZAWA             | POLSKA | K50-59 | 6      | K 44 | 00:09:25 | 00:19:17 | 00:28:26.50 | 5:41   | 10.6 |
| 7    | BIELAŃSKA DOROTA      | 6   | STARGARD             | STARGARD SZCZECIŃSKI | POLSKA | K50-59 | 7      | K 60 | 00:09:59 | 00:20:49 | 00:30:45.35 | 6:09   | 9.8  |
| 8    | MYSZKOWSKA GRAŻYNA    | 167 | NIGHT RUNNERS SŁUPSK | SŁUPSK               | POLSKA | K50-59 | 8      | K 66 | 00:09:42 | 00:20:35 | 00:31:09.45 | 6:14   | 9.6  |

**IX KOSZALIŃSKI BIEG SYLWESTROWY - 5 KM, K50-59 c.d.**

| M-ce | Nazwisko i imię        | Nr  | Klub            | M-scowość | Kraj   | Kat.   | M. kat | K/M  | 1.71km   | 3.42km   | Netto       | min/km | km/h |
|------|------------------------|-----|-----------------|-----------|--------|--------|--------|------|----------|----------|-------------|--------|------|
| 9    | KOZŁOWIECKA MAŁGORZATA | 120 |                 | KOSZALIN  | POLSKA | K50-59 | 9      | K 67 | 00:10:22 | 00:21:40 | 00:31:53.85 | 6:22   | 9.4  |
| 10   | KOSIŃSKA MAŁGORZATA    | 113 | NA ZDROWIE TEAM | SZCZECIN  | POLSKA | K50-59 | 10     | K 69 | 00:10:38 | 00:21:33 | 00:32:03.15 | 6:24   | 9.4  |

**IX KOSZALIŃSKI BIEG SYLWESTROWY - 5 KM, M50-59**

| M-ce | Nazwisko i imię       | Nr  | Klub                     | M-scowość     | Kraj   | Kat.   | M. kat | K/M   | 1.71km   | 3.42km   | Netto       | min/km | km/h |
|------|-----------------------|-----|--------------------------|---------------|--------|--------|--------|-------|----------|----------|-------------|--------|------|
| 1    | KROCZYŃSKI SŁAWOMIR   | 125 | KB WYGAN                 | KOŁOBRZEG     | POLSKA | M50-59 | 1      | M 23  | 00:06:59 | 00:14:20 | 00:21:06.25 | 4:13   | 14.2 |
| 2    | KRUPIŃSKI KRZYSZTOF   | 126 | E-UROLOG.EU              | KOSZALIN      | POLSKA | M50-59 | 2      | M 68  | 00:07:55 | 00:15:59 | 00:23:27.15 | 4:41   | 12.8 |
| 3    | SKOWYRSKI JANUSZ      | 212 | TKKF KOSZALIN/ ALUPROFIL | BIESIEKIERZ   | POLSKA | M50-59 | 3      | M 70  | 00:07:55 | 00:15:58 | 00:23:34.45 | 4:42   | 12.7 |
| 4    | KISIELIŃSKI IGOR      | 100 | TKKF KOSZALIN            | KOSZALIN      | POLSKA | M50-59 | 4      | M 78  | 00:08:06 | 00:16:16 | 00:23:59.95 | 4:48   | 12.5 |
| 5    | SZULC MAREK           | 226 |                          | BIAŁOGARD     | POLSKA | M50-59 | 5      | M 89  | 00:07:56 | 00:16:27 | 00:24:28.85 | 4:53   | 12.3 |
| 6    | CHUDZIK ZBIGNIEW      | 25  | TKKF KOSZALIN            | STARE BIELICE | POLSKA | M50-59 | 6      | M 103 | 00:08:38 | 00:17:17 | 00:25:23.85 | 5:04   | 11.8 |
| 7    | JANUSZEWSKI JACEK     | 74  | 17 WOG KOSZALIN          | KOSZALIN      | POLSKA | M50-59 | 7      | M 107 | 00:08:12 | 00:17:04 | 00:25:29.30 | 5:06   | 11.8 |
| 8    | KLEŃSKI PIOTR         | 102 | ZACHODNIOPOMORSKIE       | KOSZALIN      | POLSKA | M50-59 | 8      | M 122 | 00:08:08 | 00:17:15 | 00:26:11.05 | 5:14   | 11.5 |
| 9    | BIELAŃSKI KRZYSZTOF   | 8   | 1958                     | STARGARD      | POLSKA | M50-59 | 9      | M 125 | 00:08:42 | 00:17:46 | 00:26:17.60 | 5:15   | 11.4 |
| 10   | MOYS TOMASZ           | 164 |                          | KOLINCZ       | POLSKA | M50-59 | 10     | M 126 | 00:08:32 | 00:17:48 | 00:26:18.60 | 5:15   | 11.4 |
| 11   | WILIŃSKI MAREK        | 250 | K.B SPRINT ŚWIDWIN       | ŚWIDWIN       | POLSKA | M50-59 | 11     | M 130 | 00:09:03 | 00:18:10 | 00:26:28.35 | 5:17   | 11.3 |
| 12   | BOGACKI TOMASZ        | 12  | TKKF KOSZALIN            | KOSZALIN      | POLSKA | M50-59 | 12     | M 132 | 00:08:50 | 00:17:56 | 00:26:34.15 | 5:18   | 11.3 |
| 13   | MEGIER WOJCIECH       | 157 | ELEKTRONIK               | KOSZALIN      | POLSKA | M50-59 | 13     | M 133 | 00:09:06 | 00:18:35 | 00:26:39.15 | 5:19   | 11.3 |
| 14   | TRZEŚNIEWSKI ZBIGNIEW | 235 |                          | KOSZALIN      | POLSKA | M50-59 | 14     | M 164 | 00:09:43 | 00:19:30 | 00:28:59.75 | 5:48   | 10.3 |
| 15   | JARZYNA JAROSŁAW      | 76  | PADRE TEAM               | ROSNOWO       | POLSKA | M50-59 | 15     | M 167 | 00:09:29 | 00:19:47 | 00:29:21.00 | 5:52   | 10.2 |
| 16   | BIELAŃSKI MIREK       | 7   | STARGARD                 | STARGARD      | POLSKA | M50-59 | 16     | M 177 | 00:09:59 | 00:20:49 | 00:30:46.00 | 6:09   | 9.8  |

**IX KOSZALIŃSKI BIEG SYLWESTROWY - 5 KM, K60+**

| M-ce | Nazwisko i imię      | Nr  | Klub                   | M-scowość | Kraj   | Kat. | M. kat | K/M  | 1.71km   | 3.42km   | Netto       | min/km | km/h |
|------|----------------------|-----|------------------------|-----------|--------|------|--------|------|----------|----------|-------------|--------|------|
| 1    | PTASZYŃSKA KATARZYNA | 192 | KOŁOBRZEG MARATON TEAM | KOŁOBRZEG | POLSKA | K60+ | 1      | K 53 | 00:10:11 | 00:20:21 | 00:29:44.80 | 5:57   | 10.1 |
| 2    | STASZYŃSKA MARIANNA  | 216 | BTC„ORZEŁ„             | BIAŁOGARD | POLSKA | K60+ | 2      | K 74 | 00:10:39 | 00:22:02 | 00:32:56.20 | 6:35   | 9.1  |

**IX KOSZALIŃSKI BIEG SYLWESTROWY - 5 KM, M60-69**

| M-ce | Nazwisko i imię      | Nr  | Klub                          | M-scowość     | Kraj   | Kat.   | M. kat | K/M   | 1.71km   | 3.42km   | Netto       | min/km | km/h |
|------|----------------------|-----|-------------------------------|---------------|--------|--------|--------|-------|----------|----------|-------------|--------|------|
| 1    | ZIELIŃSKI GRZEGORZ   | 260 |                               | STARE BIELICE | POLSKA | M60-69 | 1      | M 85  | 00:07:49 | 00:16:16 | 00:24:18.10 | 4:51   | 12.3 |
| 2    | OSOBNIAK RYSZARD     | 174 | ROZBIEGANY KOSZALIN           | KOSZALIN      | POLSKA | M60-69 | 2      | M 98  | 00:08:19 | 00:17:02 | 00:25:04.85 | 5:01   | 12   |
| 3    | RUDZIŃSKI BRONISŁAW  | 203 |                               | KOSZALIN      | POLSKA | M60-69 | 3      | M 104 | 00:08:06 | 00:17:07 | 00:25:25.95 | 5:05   | 11.8 |
| 4    | KOZŁOWIECKI WALDEMAR | 121 | TKKF KOSZALIN                 | KOSZALIN      | POLSKA | M60-69 | 4      | M 110 | 00:08:26 | 00:17:19 | 00:25:32.65 | 5:06   | 11.7 |
| 5    | JUSZCZAK KRZYSZTOF   | 83  |                               | KOSZALIN      | POLSKA | M60-69 | 5      | M 137 | 00:08:41 | 00:17:55 | 00:26:47.30 | 5:21   | 11.2 |
| 6    | KACZYŃSKI HENRYK     | 86  |                               | GRYFICE       | POLSKA | M60-69 | 6      | M 146 | 00:08:52 | 00:18:26 | 00:27:22.95 | 5:28   | 11   |
| 7    | KARNICKI ZYGMUNT     | 91  | TKKF KOSZALIN                 | KOSZALIN      | POLSKA | M60-69 | 7      | M 158 | 00:09:45 | 00:19:28 | 00:28:10.00 | 5:38   | 10.7 |
| 8    | HELLER ZDZISŁAW      | 66  | NIEZRZESZONY                  | KOSZALIN      | POLSKA | M60-69 | 8      | M 168 | 00:09:41 | 00:19:44 | 00:29:30.30 | 5:54   | 10.2 |
| 9    | PASEK JAN            | 180 | KLUB BIEGOWY JANTAR ŚWIESZYNO | DUNOWO        | POLSKA | M60-69 | 9      | M 181 | 00:10:43 | 00:22:12 | 00:33:05.35 | 6:37   | 9.1  |
| 10   | HAUSMAN ANDRZEJ      | 65  | KSR ROWERIA                   | KOSZALIN      | POLSKA | M60-69 | 10     | M 182 | 00:11:13 | 00:24:09 | 00:35:58.15 | 7:11   | 8.3  |

**IX KOSZALIŃSKI BIEG SYLWESTROWY - 5 KM, M70+**

| M-ce | Nazwisko i imię      | Nr  | Klub          | M-scowość | Kraj   | Kat. | M. kat | K/M   | 1.71km   | 3.42km   | Netto       | min/km | km/h |
|------|----------------------|-----|---------------|-----------|--------|------|--------|-------|----------|----------|-------------|--------|------|
| 1    | WYGANOWSKI ANDRZEJ   | 257 | WYGAN PO      | KOŁOBRZEG | POLSKA | M70+ | 1      | M 108 | 00:08:43 | 00:17:32 | 00:25:32.05 | 5:06   | 11.7 |
| 2    | GŁOWACKI WŁODZIMIERZ | 54  |               | KOSZALIN  | POLSKA | M70+ | 2      | M 152 | 00:09:02 | 00:18:46 | 00:27:42.40 | 5:32   | 10.8 |
| 3    | CICHOSZ JERZY        | 26  |               | KOSZALIN  | POLSKA | M70+ | 3      | M 173 | 00:09:52 | 00:20:03 | 00:29:53.60 | 5:58   | 10   |
| 4    | BARTNIK MARIAN       | 3   | TKKF KOSZALIN | KOSZALIN  | POLSKA | M70+ | 4      | M 183 | 00:13:27 | 00:27:53 | 00:42:01.10 | 8:24   | 7.1  |